



JULY

Meadowvale

Main Street—MS
Greenhouse-GH
Activity Room-AR
Library - Lib
Chapel-CH
Virtual - V

Country Kitchen— CK
Community Centre—CC
Fitness Centre— FC
Open Area— OA
Touring— TO Town Hall - TH

Programs may be subject
to change if required

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Canada Day NEIGHBOURHOOD TIME 10:30 Art - OA 11:15 Exercise with physio-OA 2:00 Canada Day Celebration 3:30 You and Me-TO 6:30 Bingo— MS	2 NEIGHBOURHOOD TIME 1:30 Timeless Recipes, Endless stories-CK 6:30 Brain Boosters-CC	3 NEIGHBOURHOOD TIME 10:00 For the fun fit-OA 1:30 Music Therapy - OA 2:00 Green Thumb - CC 3:00 Circle of friends-OA 6:30 Music Appreciation-CC	4 NEIGHBOURHOOD TIME 10:00 For the fun fit-OA 2:00 Music and Memories-OA 6:30 Movie Night-CC	5 NEIGHBOURHOOD TIME 10:00 Brain Boosters-OA 2:00 Bingo - MS 3:30 You and Me-TO 6:30 A Little Bit of This and That - CC
6 NEIGHBOURHOOD TIME 10:00 Brain Boosters-OA 2:00 Active Games-OA 3:30 Church Service -L 6:30 Hosanna Singers - MS	7 NEIGHBOURHOOD TIME 10:00 Feel & Fold - OA 1:30 Chime Choir - Lib 2:00 For the fun fit-OA 3:00 Music and Manicures-OA 6:30 Active Games-MS	8 NEIGHBOURHOOD TIME 10:30 Art - OA 11:15 Exercise with physio-OA 2:00 Green Thumb - CC 3:30 You and Me-TO 6:30 Bingo— MS	9 NEIGHBOURHOOD TIME 1:30 In the kitchen-CK 2:00 Resident Council Meeting - CC 3:00 Hymn Sing/ Pastoral Visit 6:30 Java Music Club-CC	10 NEIGHBOURHOOD TIME 10:00 For the fun fit-OA 11:00 Circle of friends-OA 2:00 Green Thumb - CC 3:00 You and Me-TO 6:30 Music Appreciation-CC	11 NEIGHBOURHOOD TIME 10:00 For the fun fit-OA 2:00 Music and Memories-OA 6:30 Movie Night-CC	12 NEIGHBOURHOOD TIME 10:00 Brain Boosters-OA 2:00 Bingo - MS 3:30 You and Me-TO 6:30 A Little Bit of This and That - CC
13 NEIGHBOURHOOD TIME 10:00 Brain Boosters-OA 2:00 Melody of Divine Love-MS 3:15 Active Games-OA 6:30 It's Never Too Late-CC	14 NEIGHBOURHOOD TIME 10:00 Feel & Fold - OA 1:30 Chime Choir - Lib 2:00 For the fun fit-OA 3:00 Music and Manicures-OA 6:30 Active Games-MS	15 NEIGHBOURHOOD TIME 10:30 Art - OA 11:15 Exercise with physio-OA 2:00 Word Games - OA 6:30 Bingo— MS	16 NEIGHBOURHOOD TIME 1:30 In the kitchen-CK 6:00 Movie Night-OA 6:30 Java Music Club-CC	17 NEIGHBOURHOOD TIME 11-3Lunch Trip to McDonald's- sign up required 1:30 Music Therapy - OA 2:00 Green Thumb - CC 6:30 Music Appreciation-CC	18 NEIGHBOURHOOD TIME 10:00 For the fun fit-OA 2:00 Music and Memories-OA 6:30 Movie Night-CC	19 NEIGHBOURHOOD TIME 10:00 SDA Children Choir - MS 2:00 Bingo - MS 3:30 You and Me-TO 6:30 A Little Bit of This and That - CC
20 NEIGHBOURHOOD TIME 10:00 Brain Boosters-OA 2:00 Active Games-OA 3:30 Church Service-L 6:30 It's Never Too Late-CC	21 NEIGHBOURHOOD TIME 10:00 Feel & Fold - OA 1:30 Chime Choir - Lib 2:00 For the fun fit-OA 3:00 Music and Manicures-OA 6:30 Active Games-MS	22 NEIGHBOURHOOD TIME 10:30 Art - OA 11:15 Exercise with physio-OA 2:00 Green Thumb - CC 3:30 You and Me-TO 6:30 Bingo— MS	23 NEIGHBOURHOOD TIME 1:30 In the kitchen-CK 3:00 Hymn Sing/ Pastoral Visit 6:00 Movie Night-OA 6:30 Java Music Club-CC	24 NEIGHBOURHOOD TIME 10:00 For the fun fit-OA 1:30 Music Therapy - OA 2:00 Green Thumb - CC 3:00 Circle of friends-OA 6:30 Music Appreciation-CC	25 NEIGHBOURHOOD TIME 10:00 For the fun fit-OA 2:00 Music and Memories-OA 6:30 Pub Night-MS	26 NEIGHBOURHOOD TIME 10:00 Brain Boosters-OA 2:00 Bingo - MS 3:30 You and Me-TO 6:30 A Little Bit of This and That - CC
27 NEIGHBOURHOOD TIME 10:00 Brain Boosters-OA 2:00 Live Worship Music-MS 2:30 Inspiration Sunday-MS 3:30 You and Me-TO 6:30 It's Never Too Late-CC	28 NEIGHBOURHOOD TIME 10:00 Feel & Fold - OA 1:30 Chime Choir - Lib 2:00 For the fun fit-OA 3:00 Music and Manicures-OA 6:30 Active Games-MS	29 NEIGHBOURHOOD TIME 10:30 Art - OA 11:15 Exercise with physio-OA 2:00 Birthday Bash -MS 3:30 You and Me-TO 6:30 Bingo - MS	30 NEIGHBOURHOOD TIME 1:30 In the kitchen-CK 3:00 Music with David-OA 6:00 Movie Night-OA	31 NEIGHBOURHOOD TIME 10:00 For the fun fit-OA 1:30 Music Therapy - OA 2:00 Green Thumb - CC 3:00 Circle of friends-OA 6:30 Music Appreciation-CC		

JULY

Movie Night:

04 -Summer Vacation

11- It Takes Two

18- Murder Mystery 2



Main Events in LTC:

- Canada Day Celebration with Prince Cave
- Lunch at MacDonald's
- Melody Of Divine Love
- SDA Children Choir
- Pub Night with Emillio
- Birthday Bash with James Regan



Outing:

Lunch Trip- McDonald's- Sign up required

