

JULY

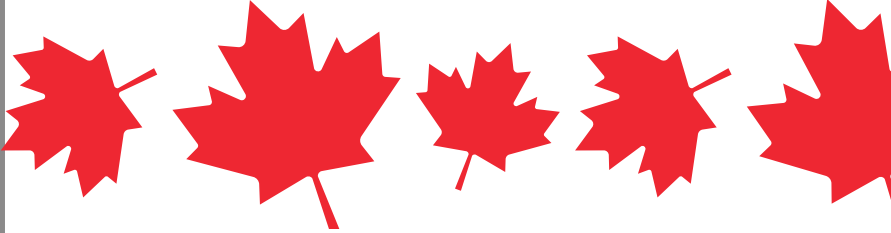

Nelson

Legend
CC- Community Center TC- Turn Circle
TS-Town Square
FC- Fitness Center
MS- Main Street
L- Library
TH- Town Hall

Residents Bill Of Rights

23. Every Resident Has The Right To Pursue Social, Cultural, Religious, Spiritual Or Other Interests, To Develop His Or Her Potential And To Given Reasonable Assistance By The Licensee To Pursue These Interests And To Develop Their Potential

Note/Announcement:
Programs subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Canada Day 9:00 Neighbourhood Time 10:00 Opening Ceremony 11:00 Spiritual Care 2:00 Stepping Out 3:00 Geri Defoe- TH	2 9:00 Neighbourhood Tlme 10:15 Express Yourself 11:15 Fun & Fit 1:30 Music Therapy 3:30 You and Me	3 9:00 Neighbourhood Tlme 10:30 For The Soul 1:15 Horticulture Therapy 2:00 Stepping Out 3:00 Volley Ball- MS	4 9:00 Neighbourhood Time 10:00 Brains and Banter 11:15 Line Dancing- FC 2:30 Art Therapy 3:00 Musical Moments	5 9:00 Neighbourhood Time 10:00 In The Kitchen- CC 1:30 Stepping Out 3:00 Sing a Long- TH
6 9:00 Neighbourhood Time 10:00 Movie Matinee- L 11:00 Total Body Fitness 2:15 Church- TH 3:30 Stepping Out	7 9:00 Neighbourhood Time 10:30 Musical Moments 2:00 Circle of Friends 3:30 For The Fun of Fit	8 National Freezer Pop Day 9:00 Neighbourhood Tlme 11:00 Spiritual Care 1:30 You and Me 2:30 Popsicle Social- Out Front 3:30 Stepping Out	9 9:00 Neighbourhood Tlme 10:15 Express Yourself 11:15 Fun & Fit 1:30 Music Therapy 2:30 In The Kitchen 3:30 You and Me	10 9:00 Neighbourhood Tlme 10:30 For The Soul 1:15 Horticulture Therapy 2:30 Concerts in Care- TH 3:30 Stepping Out	11 9:00 Neighbourhood Time 10:00 Brains and Banter 11:15 Line Dancing- FC 2:30 Art Therapy 3:00 Wine & Cheese- CC	12 12:00 Neighbourhood Time 1:00 Brains and Banter 3:00 Natalie Marie Performs- TH 6:00 For The Fun of Fit
13 12:00 Neighbourhood Time 2:15 Church- TH 3:30 For The Fun of Fit 6:30 You and Me	14 9:00 Neighbourhood Time 10:30 Mother Goose- TH 2:00 Stepping Out 3:30 Musical Moments	15 11:00 Spiritual Care 12:00 Neighbourhood Time 1:30 You and Me 6:00 Bike Rides- Outback	16 World Snake Day 9:00 Neighbourhood Tlme 10:15 Express Yourself 11:15 Fun & Fit 1:30 Music Therapy 2:00 Stepping Out 3:30 Little Ray's Reptile Zoo	17 9:00 Neighbourhood Tlme 10:30 For The Soul 1:15 Horticulture Therapy 1:30 You and Me	18 9:00 Neighbourhood Time 10:00 Brains and Banter 11:15 Line Dancing- FC 1:30 Little Hobby Hill Farm-CC 2:30 Art Therapy 3:30 You and Me	19 9:00 Neighbourhood Time 10:00 In The Kitchen- CC 2:00 Stepping Out 3:00 Ron Tansley- TH
20 Ice Cream Day 9:00 Neighbourhood Time 10:00 Movie Matinee- L 11:00 Total Body Fitness 2:15 Church- TH 3:15 Ice Cream Social- MS	21 9:00 Neighbourhood Time 10:30 Musical Moments 2:00 Circle of Friends 3:30 For The Fun of Fit	22 11:00 Spiritual Care 12:00 Neighbourhood Time 2:00 You and Me 3:00 Birthday Social- CC 6:00 Bike Rides- Outback	23 Breakfast Club 9:00 Neighbourhood Tlme 10:15 Express Yourself 11:15 Fun & Fit 1:30 Music Therapy 2:00 You and Me	24 International Self Care Day 9:00 Neighbourhood Tlme 11:00 Tai Chi- Back Patio 1:15 Horticulture Therapy 2:00 Soothing Sensations 3:00 Laughter Yoga- TH	25 9:00 Neighbourhood Time 10:00 Brains and Banter 11:15 Line Dancing- FC 2:00 Soothing Sensations 2:30 Art Therapy 3:00 Musical Moments	26 12:00 Neighbourhood Time 1:00 Brains and Banter 2:00 You and Me 3:00 Prince Performs- TH 6:00 For The Fun of Fit
27 12:00 Neighbourhood Time 2:15 Church- TH 3:30 For The Fun of Fit 6:30 You and Me	28 9:00 Neighbourhood Time 10:30 For The Fun of Fit 3:30 You and Me	29 National Lasagna Day 11:00 Spiritual Care 12:00 Neighbourhood Time 2:00 You and Me 3:00 In The Kitchen 6:00 Stepping Out	30 9:00 Neighbourhood Tlme 10:15 Express Yourself 11:15 Fun & Fit 1:30 Music Therapy 2:00 Stepping Out 3:30 Brains and Banter	31 9:00 Neighbourhood Tlme 10:30 For The Soul 2:00 You and Me 3:30 Musical Moments		

JULY

Diner's Club

29- Lasagna



In The Kitchen

5- Smores

8- Popsicles

9- Ice Cream Sundae's

19- Tim Hortons Coffee & Timbits

29- Cookies

Birthday Social

Celebrating July Birthday
July 22nd 3:00pm



Popcorn and Movie

Popcorn will be provided

Movies for the month:

6- The Book Club

20 - Annie



Outing

2- Dutch Mill (2:00pm)

15- Sunshine Donuts (2:00pm)

23- Scenic Drive (2:00pm)

28- Bayfront Park (1:30pm)

