

JULY

Nichol

Legend



- (C) Cafe
- (L) Library
- (E) Erin Neighbourhood
- (A) Arthur Neighbourhood
- (FC) Fitness Centre
- (PR) Plant Room
- (RH) Retirement Home
- (P) Pond

Recreation

Full Time : Jaspreet
Part Time: Stephanie

Neighbourhood Coordinator

Angela G

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Canada Day 9:30 Calendar Visits 10:30 Baking 11:00 Move and Groove 2:00 Canada Day Entertainment (P)	2 9:30 Neighbourhood Time 10:30 Sing a Long (C) 11:00 Move and Groove 2:00 Summer Bingo 6:15 Outdoor Strolls	3 9:30 Neighbourhood Time 10:30 Java Music 2:00 Outdoor Volleyball 3:00 Lemonade Social 3:30 Exercise Class (FC)	4 10:30 Hymn Sing with Brenda 10:30 Praying the Rosary (L) 11:00 Stepping Out 2:00 Circle of Friends 3:00 For the Fun of Fit 6:15 Bingo (E)	5 1:30 Neighbourhood Time 2:30 Manicures 3:00 Movie Afternoon 6:00 Pond Visits
6 11:00 Church Service (E) 1:30 Friendly Visits 2:30 Balloon Volleyball 3:00 General Store Visits 7:00 Hymn Sing (TH)	7 10:00 Art with Sonal 10:30 Neighbourhood Time 2:00 Crafty Corner (L) 2:00 Plant Club 3:00 Outdoor Leisure 6:15 Bingo (E)	8 Bookmobile 3-4 9:30 Neighbourhood Time 11:00 Outing Guelph Lake 11:00 Move and Groove 2:30 Residents' Council (L) 2:45 Popsicle Cool Cravings Cart	9 9:30 Neighbourhood Time 10:30 Songbird's Choir (C) 11:00 Move and Groove 2:00 Happy Hour (C) 3:15 Soothing Sensations	10 9:30 Neighbourhood Time 10:30 Brains and Banter 1:00 Music with Danielle 1:1 2:00 Bean Bag Toss 3:00 Soothing Sensations 3:30 Exercise Class (FC)	11 Tea N Tales Outing 9:30 Neighbourhood Time 10:30 Hymn Sing with Brenda 10:30 Roman Catholic Mass (L) 2:00 Circle of Friends 6:15 Bingo (E)	12 1:30 Neighbourhood Time 2:30 Balloon Volleyball 6:30 You and Me
13 11:00 Church Service (E) 1:00 Neighbourhood Time 2:00 Ladder Ball 3:00 Popsicle Social 6:30 Movie Night	14 10:00 Art with Sonal 10:00 Crafty Corner (L) 11:00 Roman Catholic Communion (L) 2:00 Plant Club 6:15 Bingo (E)	15 Country Drive Outing 9:30 Neighbourhood Time 10:30 Aidan Purnell (A) 11:00 Move and Groove 2:00 Axe Throwing 3:00 Cafe Visits (C)	16 9:30 Neighbourhood Time 10:30 Songbird's Choir (RH) 11:00 Move and Groove 1:30 Rock Music Therapy (L) 2:00 Aqua Painting 3:00 Fish Pond Friends	17 9:30 Neighbourhood Time 10:30 Manicures 1:00 Music with Danielle 2:00 Express Yourself 3:00 Ice Cream Social 3:30 Exercise Class (FC)	18 9:30 Neighbourhood Time 10:30 Hymn Sing with Brenda 2:00 Woodworking Club (PR) 2:30 Stepping Out 6:15 Bingo (E)	19 9:30 Neighbourhood Time 10:30 Manicures 2:00 Movie Afternoon 3:00 For the Fun of Fit
20 9:30 Neighbourhood Time 11:00 Church Service (E) 2:00 Ice Cream Social (C) 7:00 Hymn Sing (TH)	21 10:00 Art with Sonal 2:00 Crafty Corner (C) 2:00 Plant Club 2:30 Food Committee (L) 6:15 Bingo (E)	22 Bookmobile 3-4 9:30 Neighbourhood Time 10:30 Garden Gathering 11:00 Move and Groove 2:00 Drum Fit (C) 3:00 For the Soul	23 9:30 Neighbourhood Time 10:30 Songbird's Choir (C) 11:00 Move and Groove 2:00 Summer Caribbean Party (E) 3:00 Stepping Out	24 9:30 Neighbourhood Time 10:30 Baby Care 1:00 Music with Danielle 1:1 2:00 Bean Bag Toss 3:30 Exercise Class (FC)	25 9:30 Neighbourhood Time 10:30 Hymn Sing with Brenda 2:00 Water Painting 2:00 Cooking Club (PR) 3:00 You and Me 6:15 Bingo (E)	26 9:30 Neighbourhood Time 10:30 Jam School Music Showcase (RH) 2:00 Mocktail Social 3:00 Short Stories
27 9:30 Neighbourhood Time 11:00 Church Service (E) 2:00 Duet Bike 3:00 Musical Moments	28 10:00 Art with Sonal 11:00 Roman Catholic Communion (L) 2:00 Crafty Corner (L) 2:00 Plant Club 6:15 Bingo (E)	29 9:30 Neighbourhood Time 10:30 Java Music 11:00 Move and Groove 2:00 Cooking for Pursuits of Passion 3:00 For the Fun of Fit	30 9:30 Neighbourhood Time 10:30 Songbird's Choir (RH) 11:00 Move and Groove 2:00 Cooking for Event	31 10:30 Pursuit of Passions Cook Off Event (RH) 1:00 Music with Danielle 2:00 Birthday Party with Manvir Rai (C) 3:30 Exercise Class (FC)		

JULY

Events and Theme Days:

1 - Canada Day

Entertainment:

1- Canada Day Entertainment at 2:00pm

5 - Aidan Purnell in Arthur at 10:30am

31 - Birthday Social with Manvir Rai in the
Cafe at 2:00pm



Outings:

8- Picnic at Guelph Lake

11- Tea N Tales Riverside Park

15- Country Drive Outing

29- Niagara Boat Tour Outing



*Inquire about signing up for outings with a
recreation team member

Team Members:

Spiritual Care Providers: Brenda W

Music Therapist: Danielle W

Horticulture Therapist: Rebecca H

Art Programmer: Sonal R

Resident Support Coordinator: Jackie Swan

Director of Recreation:

Kadri Phillips-Shrive

519-822-5272 Ext 811

Birthdays:

12th- Patricia S

14th- Ferenc S

July birthdays will be
celebrated at our monthly
birthday social:

July 31st at 2:00pm with
Manvir Rai in the Cafe



Resident Meetings:

8 - Residents' Council at 2:30pm in the Library

21 - Food Committee at 2:30pm in the Library

24 - Village Advisory Team at 1pm in the Library

Riddle of the Month:

What runs all around the backyard, yet never
moves?

Last Month's Riddle Answer:

A Window