

# JULY

## Perry Neighbourhood

**Legend**  
C—Chapel  
TH—Town Hall  
MS— Main Street  
OA: Open Area  
SC—Social Club

C- Courtyard  
L—Library  
FC- Fitness Centre  
CK- Country Kitchen

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 — Outing  

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 —Resident Run Program  

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 — Off the Neighbourhood

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<b>1</b> <b>Canada Day</b>  11:00 Raising of the Flag 12:00 BBQ-DR 2:00 Canada Day Entertainment-MS PM Soothing Senstaions	<b>2</b>  11:00 Bible Study W/ Pastor Rob -L PM Neighbourhood time PM For the Fit of fun 6:30 Active Games-MS	<b>3</b>  PM Neighbourhood time  PM Gardening  PM Movie Night -FC	<b>4</b>  PM Neighbourhood time PM Manicures-OA  PM Musical Moments	<b>5</b>  PM Neighbourhood time  2:30 Trivia -FC  PM You and I - T
<b>6</b>  9:45 Church service-TH PM Neighbourhood Time PM Circle of Friends   PM Brains and Banter	<b>7</b>  PM Neighbourhood time  2:30 Country Drive   6:15 Ice cream social-L	<b>8</b>  PM Neighbourhood Time  PM Soothing sensations   PM For the Soul 6:30 Bingo-FC	<b>9</b>  11:00 Bible Study W/ Pastor Rob -L PM Neighbourhood time PM For the fit of fun 6:30 Pub night w/ Ryan Andrews-MS	<b>10</b>  PM Hymn Sing w/ Pastor Rob - PM In the Kitchen / Gardening   6:15 Trivia - FC	<b>11</b>  PM Neighbourhood time PM Circle of Friends   PM Brains and Banter	<b>12</b>  PM Neighbourhood time  PM Express Yourself  PM Musical Moments
<b>13</b>  9:45 Church service-TH   PM Neighbourhood time  PM Manicures-OA	<b>14</b>  PM Neighbourhood time PM Brains and banter- OA   6:15 Ice cream social-L	<b>15</b>  AM Music Therapy w/Erin-OA PM Neighbourhood Time PM You and I -T PM Soothing Sensations- T 6:30 Musical Moments-FC	<b>16</b>  11:00 Bible Study W/ Pastor Rob -L PM Neighbourhood time PM For the Fit of fun 6:30 Active Games-MS	<b>17</b>  PM Hymn Sing w/ Pastor Rob - OA PM For the Fun of Fit -OA 6:15 Movie Night - FC	<b>18</b>  10:00 Catholic Mass-TH PM In the Kitchen   PM For the soul	<b>19</b>  PM Neighbourhood time  2:30 Bingo - FC  PM For the Soul - OA
<b>20</b>  9:45 Church service-TH PM Neighbourhood Time 2:30 Ice cream float-L PM You and I	<b>21</b>  PM Neighbourhood time  PM You and I - T   6:15 Ice cream social-L	<b>22</b>  AM Music Therapy w/Erin-OA 10-1 Wind Reach farms outing PM Neighbourhood time 6:30 Bingo-FC	<b>23</b>  11:00 Bible Study W/ Pastor Rob -L PM Watermelon Social - MS PM For the Fit of fun 6:30 Active Games-MS	<b>24</b>  PM Hymn Sing w/ Pastor Rob - OA PM Neighbourhood time 2:30 Celebration of Life-TH 6:15 Trivia - FC	<b>25</b>  PM Neighbourhood time  2:30 Resident Council-FC  PM Brain & Banter-OA	<b>26</b>  PM Neighbourhood time  PM Express Yourself  PM
<b>27</b>  9:45 Church service-TH   PM Neighbourhood time  PM For the Soul	<b>28</b>  PM Neighbourhood time  PM Stepping out - T   6:15 Ice cream social-L	<b>29</b>  AM Music Therapy w/ Erin- OA PM Neighbourhood Time PM You and I - T PM Soothing sensations - P 6:30 Musical Moments-FC	<b>30</b>  11:00 Bible Study W/ Pastor Rob -L 2:30 Birthday party w/Corby Leigh Kemp-MS PM Soothing Sensations - T 6:30 Active Games-MS	<b>31</b>  9:00 Calendar Delivery-T   PM Neighbourhood Time PM Gardening/ In the Kitchen   6:15 Movie Night		

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## Living In My Today Program Descriptions

Our emphasis is on developing relationships, while the experience of those living with dementia forms the foundation of The Five Pillars of LIVING in My Today.

### The Five Pillars

Meaningful and Active Engagement;  
Enjoyable Mealtimes;  
Empowered Care Partners;  
Thoughtful Design;  
Supportive Approaches to Care.

### New Program Descriptions

We are now using broad program names on our calendars to maintain flexibility and ensure engagement for all residents. This approach keeps programming dynamic, inclusive, and responsive to the community's evolving needs.

## New Program Descriptions Neighbourhood Time

- Neighbourhood time sets up shared living spaces with resources to catch resident's attention and invite them to give them a try.

### In The Kitchen

Creates moments of opportunity for reminiscence, learning, and fellowship through its recognition that the kitchen is not only used to prepare and consume food. Replaces; Baking, cooking, etc.

### Circle of Friends

Creates intentional opportunities for residents to cultivate new connections in a supportive environment that promotes shared experiences and camaraderie. Replaces; Tea & Chats, News & Views, etc.

### Brains & Banter

A stimulating and social activity, combining engaging brain games with lively conversation. Replaces; Trivia, Word Games, & Puzzles.

### Musical Moments

Supports residents to engage with music in meaningful ways. Replaces; Music on Demand, Sing-Alongs, etc.

## New Program Descriptions Stepping Out

A guided walk that supports residents to enjoy the outdoors and village community. Replaces; Walk & Talks, Walks on Main Street, etc.

### You & I

Replaces One to One & Friendly Visits

### For the Fun of Fit

Fitness activities that focus on having fun and building relationships, while also challenging hand-eye coordination, balance, and range of motion. Replaces; Active Games, Mini Putt, Bean Bag Toss, etc.

### Express Yourself

Honours creativity and creates a supportive environment for residents to explore and express themselves. Replaces; Crafts or anything creative.

### Soothing Sensations

A program that focuses on sensory enrichment. Replaces; Sensory programming

### For the Soul

Spiritual programs that connect us to others. Replaces; Spiritual programs, Gratitude Circles, & Joke programs.