

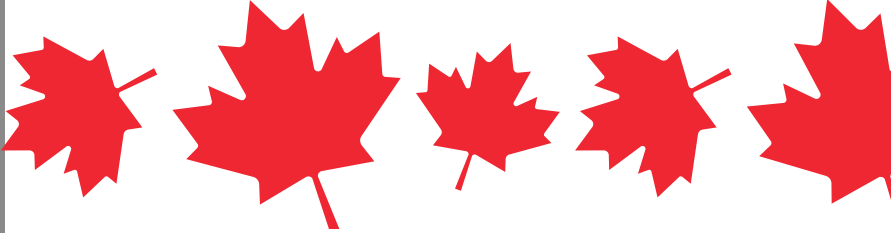

JULY

Puslinch

Legend
(C) Cafe
(L) Library
(E) Erin Neighbourhood
(A) Arthur Neighbourhood
(FC) Fitness Centre
(PR) Plant Room
(RH) Retirement Home
(P) Pond

Recreation
Full Time : Dawn
Part Time: Jashan

Neighbourhood Coordinator
Angela G

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--|---|---|--|--|--|
|  | | 1 Canada Day 9:30 Calendar Visits Neighbourhood Time 11:00 Plant Club 2:00 Canada Day Entertainment (P) | 2 9:30 Neighbourhood Time 10:30 Sing-a-Long C) 2:00 Outdoor Strolls | 3 9:30 Neighbourhood Time 10:30 Hand Therapy 1:30 Friendly Visits 3:30 Exercise Class (FC) | 4 10:30 Praying the Rosary (L) 10:30 Get Fit 11:15 Hymn Sing 1:00 Neighbourhood Time 2:00 Euchre Club (L) 6:15 Bingo (E) | 5 9:30 Neighbourhood Time 10:30 Seated Exercise 1:30 Bowling 2:30 Baking/Cooking |
| 6 9:30 Neighbourhood Time 11:00 Church Service (E) 1:30 Smores Snacks 2:30 Outdoor Leisure 7:00 Hymn Sing (RH) | 7 10:30 Get Fit 11:00 Art with Sonal 2:00 Crafty Corner (L) 6:15 Bingo (E) | 8 Bookmobile 3-4 9:30 Neighbourhood Time 11:00 Plant Club 1:30 Express Yourself 2:30 Residents' Council (L) 2:30 Music with Danielle 1:1 2:45 Popsicle Cravings Cart | 9 9:30 Neighbourhood Time 10:30 Songbird's Choir (C) 2:00 Happy Hour (C) 3:15 Outdoor Strolls | 10 9:30 Neighbourhood Time 10:30 Ladder Toss 1:30 Picnic (P) 3:30 Exercise Class (FC) | 11 Tea N Tales Outing 9:30 Neighbourhood Time 10:30 Get Fit 10:30 Roman Catholic Mass (L) 11:00 Karaoke 2:00 Brain Games 6:15 Bingo (E) | 12 9:30 Neighbourhood Time 10:30 Seated Exercise 1:30 Outdoor Strolls 2:30 Hand Massages |
| 13 9:30 Neighbourhood Time 11:00 Church Service (E) 1:30 Balloon Toss 2:30 Friendly Visits | 14 10:30 Get Fit 11:00 Art with Sonal 11:00 Roman Catholic Communion (L) 2:00 Crafty Corner (L) 6:15 Bingo (E) | 15 9:30 Neighbourhood Time 10:30 Aidan Purnell (A) 11:00 Plant Club 1:30 Country Drive Outing 2:30 Axe Throwing | 16 9:30 Neighbourhood Time 10:30 Songbird's Choir (RH) 1:30 Themed Bingo 1:30 Rock Music Therapy Group (L) 2:30 Outdoor Strolls | 17 9:30 Neighbourhood Time 11:00 Group Music with Danielle 1:30 Brain Games 3:30 Exercise Class (FC) | 18 10:30 Get Fit 11:15 Hymn Sing 1:30 Neighbourhood Time 2:00 Woodworking Club (PR) 2:00 Calendar Planning 6:15 Bingo (E) | 19 9:30 Neighbourhood Time 10:30 Tim's time Social 1:30 Moth Crafts 2:30 Pond Visits |
| 20 9:30 Neighbourhood Time 11:00 Church Service (E) 1:30 Make Your Own Sundaes 2:30 Sun-day Social 7:00 Hymn Sing (RH) | 21 10:30 Get Fit 11:00 Art with Sonal 2:00 Crafty Corner (C) 2:30 Food Committee (L) 6:15 Bingo (E) | 22 Bookmobile 3-4 9:30 Neighbourhood Time 11:00 Plant Club 11:00 Outing - Happy Garden Restaurant 2:00 Drum Fit (C) 2:30 Music with Danielle 1:1 | 23 9:30 Neighbourhood Time 10:30 Songbird's Choir (C) 2:00 Summer Caribbean Party (Erin Backyard) | 24 9:30 Neighbourhood Time 10:30 Friendly Visits 1:15 Movie Afternoon and Popcorn 3:30 Exercise Class (FC) | 25 10:30 Get Fit 10:30 Music Showcase (RH) 11:15 Hymn Sing 2:00 Cooking Club (PR) 2:00 Hand Therapy 6:15 Bingo (E) | 26 10:30 Jam School Music Showcase (RH) 1:30 Neighbourhood Time 2:30 Ring Toss 3:30 Brain Games 6:30 Friendly Visits |
| 27 11:00 Church Service (E) 1:30 Neighbourhood Time 3:00 Outdoor Strolls 6:00 Movie Night | 28 10:30 Get Fit 11:00 Art with Sonal 11:00 Roman Catholic Communion (L) 2:00 Crafty Corner (L) 6:15 Bingo (E) | 29 9:30 Neighbourhood Time 10:00 Niagara Falls Boat Tour 10:30 Baking for Pursuits of Passion 11:00 Plant Club 2:00 Golf Cart Rides | 30 9:30 Neighbourhood Time 10:30 Songbird's Choir (RH) 2:00 Outdoor Strolls 3:00 Ball Toss | 31 10:30 Pursuits of Passion Cook Off Event (RH) 11:00 Music with Danielle 2:00 Birthday Party with Manvir Rai (C) 3:30 Exercise Class (FC) |  | |

JULY

Events and Theme Days:

1 - Canada Day

Entertainment:

1- Canada Day Band (P)

15 - Aidan Purnell in Arthur at 10:30am

31 - Birthday Social with Manvir Rai in the
Cafe at 2:00pm



Outings:

11- Tea N Tales Riverside Park

15 - Country Drive Outing

22- Happy Garden Chinese Restaurant

29- Niagara Falls Boat Tour



*Inquire about signing up for outings with a
recreation team member

Team Members:

Spiritual Care Providers: Brenda W

Music Therapist: Danielle W

Horticulture Therapist: Rebecca H

Art Programmer: Sonal R

Resident Support Coordinator: Jackie Swan

Director of Recreation:

Kadri Phillips-Shrive

519-822-5272 Ext 811

Birthdays:

13 - Bozidar R.

16 - Bob C.



July birthdays will be
celebrated at our monthly
birthday social:

July 31st at 2:00pm with
Manvir Rai in the Cafe

Resident Meetings:

8 - Residents' Council at 2:30pm in the Library

21 - Food Committee at 2:30pm in the Library

24 - Village Advisory Team at 1pm in the Library

Riddle of the Month:

What runs all around the backyard, yet never
moves?

Last Month's Riddle Answer:

A Window