

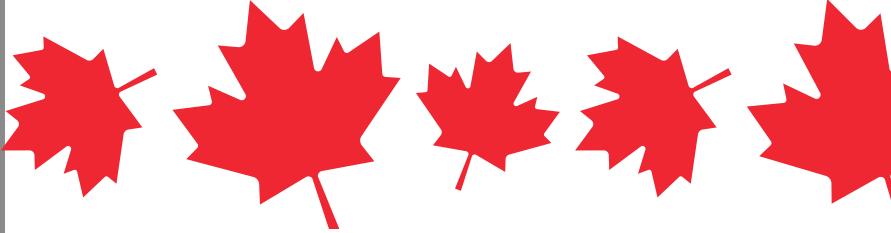

JULY

Sheridan

Main Street—MS
Greenhouse-GH
Activity Room-AR
Library - Lib
Chapel-CH
Virtual - V

Country Kitchen— CK
Community Centre—CC
Fitness Centre— FC
Open Area— OA
Touring— TO Town Hall - TH

Programs may be subject
to change if required

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Canada Day 10:00 Feel & Fold - OA 11:15 You & I - TO 2:00 Canada Day Celebration - MS 3:30 All About You - TO 6:30 Bingo— MS	2 10:30 For The Fun of Fit - OA 10:30 Art - OA 11:15 Soothing Sensation - TO 2:00 Musical Moments - OA 3:00 Brains & Banter - OA 6:30 Brain Boosters-CC	3 2:00 Green Thumb - CC 4:00 Hymn Sing/Pastoral Visit 6:30 Music Appreciation-CC	4 Neighbourhood Time 2:00 For The Fun of Fit - OA 3:00 Music & manicure - OA 6:30 Movie Night-CC	5 10:00 For The Fun of Fit - OA 11:00 Stepping Out - TO 2:00 Bingo - MS 3:30 Travelogue - OA 6:30 A Little Bit of This and That - CC
6 10:00 For The Fun of Fit - OA 11:15 Stepping Out - TO 2:00 I Hear Singing - OA 3:00 Old TV Show - OA 6:30 Hosanna Singers-MS	7 10:00 For The Fun of Fit - OA 11:15 You & I - TO 2:00 Sing a Long - OA 3:00 Soothing Sensation - PA 6:30 Active Games-MS	8 10:00 Feel & Fold - OA 11:15 You & I - TO 2:00 Green Thumb - CC 2:00 I Hear Singing - OA 3:00 Brains & Banter - OA 6:30 Bingo— MS	9 Neighbourhood Time 10:30 Art - OA 2:00 Resident Council Meeting - CC 3:00 Brains & Banter - OA 6:30 Java Music Club-CC	10 2:00 Green Thumb - CC 4:00 Hymn Sing/Pastoral Visit 6:30 Music Appreciation-CC	11 10:00 Manicure - CK 11:00 You & I - TO 2:00 Musical Moments - OA 3:00 Board Game - OA 6:30 Movie Night-CC	12 Neighbourhood Time 2:00 Bingo - MS 6:30 A Little Bit of This and That - CC
13 Neighbourhood Time 2:00 Melody of Divine Love-MS 6:30 It's Never Too Late-CC	14 10:30 Music Therapy - OA 11:15 You & I - TO 1:30 Chime Choir - Lib 2:00 Sing a Long - OA 3:00 Soothing Sensation - PA 6:30 Active Games-MS	15 10:00 Feel & Fold - OA 11:15 You & I - TO 2:00 Green Thumb - CC 2:00 I Hear Singing - OA 3:00 Brains & Banter - OA 6:30 Bingo— MS	16 10:30 For The Fun of Fit - OA 10:30 Art - OA 11:15 Soothing Sensation - TO 2:00 Musical Moments - OA 3:00 Board Game - OA 6:30 Java Music Club-CC	17 11-3 Lunch Trip to McDonald's- sign up required 2:00 Green Thumb - CC 4:00 Hymn Sing/Pastoral Visit 6:30 Music Appreciation-CC	18 Neighbourhood Time 2:00 For The Fun of Fit - OA 3:00 Music & manicure - OA 6:30 Movie Night-CC	19 10:00 SDA Children Choir - MS 2:00 Bingo - MS 6:30 A Little Bit of This and That - CC
20 2:00 Stepping Out - TO 3:30 Church Service-L 3:30 Old TV Show - OA 6:30 It's Never Too Late-CC	21 10:30 Music Therapy - OA 11:15 You & I - TO 1:30 Chime Choir - Lib 2:00 Sing a Long - OA 3:00 Soothing Sensation - PA 6:30 Active Games-MS	22 10:00 Feel & Fold - OA 11:15 You & I - TO 2:00 I Hear Singing - OA 2:00 Green Thumb - CC 6:30 Bingo— MS	23 Neighbourhood Time 10:30 Art - OA 2:00 For the Fun of Fit - OA 3:00 Brains & Banter - OA 6:30 Java Music Club-CC	24 2:00 Green Thumb - CC 3:00 Music With David-OA 6:30 Music Appreciation-CC	25 10:00 Manicure - CK 11:15 You & I - TO, 2:00 Musical Moments - OA 3:00 Board Game - OA 4:00 Express Yourself - OA 6:30 Pub Night-MS	26 Neighbourhood Time 2:00 Bingo - MS 6:30 A Little Bit of This and That - CC
27 Neighbourhood Time 2:00 Live Worship Music -MS 2:30 Inspiration Sunday-MS 6:30 It's Never Too Late-CC	28 10:30 Music Therapy - OA 11:15 You & I - TO 1:30 Chime Choir - Lib 2:00 Sing a Long - OA 3:00 Soothing Sensation - PA 6:30 Active Games-MS	29 10:00 Feel & Fold - OA 11:15 You & I - TO 2:00 Birthday Bash -MS 3:30 Brains & Banter - OA 6:30 Bingo - MS	30 10:30 Timeless Recipes - CK 10:30 Art - OA 11:15 Soothing Sensation - TO 2:00 Afternoon Social - CK 3:30 Express Yourself - OA	31 2:00 Green Thumb - CC 6:30 Music Appreciation-CC		

JULY

Movie Night:

04 -Summer Vacation

11- It Takes Two

18- Murder Mystery 2



Main Events in LTC:

- Canada Day Celebration with Prince Cave
- Lunch at MacDonald's
- Melody Of Divine Love
- SDA Children Choir
- Pub Night with Emillio
- Birthday Bash with James Regan



Outing:

Lunch Trip- McDonald's- Sign up required

