

AUGUST

Trussler



WILFRED
SCHLEGEL

Day

Monday, August 4

This day kicks off a month of giving back to the community.

<div>3</div> <div>10:15 TV Church</div> <div>10:15 Catholic Mass (DEN)</div> <div>11:00 Colour Me Calm</div> <div>1:45 Java Music</div> <div>3:00 Neighbourhood Time</div>	<div>4</div> <div>WILFRED SCHLEGEL DAY</div> <div>10:30 Exercises</div> <div>11:00 Horticulture Therapy</div> <div>2:00 - 4:00</div> <div>Wilfred Schlegel Day</div> <div>3:00 Neighbourhood Time</div>	<div>5</div> <div>10:30 You & Me</div> <div>11:00 Total Body Fitness</div> <div>1:45 Bowling (NB)</div> <div>3:00 Neighbourhood Time</div>	<div>6</div> <div>11:00 Neighbourhood Time</div> <div>2:00 Zumba (NB)</div> <div>3:00 Worship Service</div> <div>6:15 Nail Care</div>	<div>7</div> <div>10:00 Total Body Fitness (NB)</div> <div>11:00 Brains & Banter</div> <div>2:00 Express Yourself</div> <div>3:00 Neighbourhood Time</div> <div>6:15 Tom Denomme (NB)</div>	<div>8</div> <div>10:30 Exercises</div> <div>11:00 Spiritual Moments</div> <div>1:45 Patio Time</div> <div>3:00 Neighbourhood Time</div>	<div>9</div> <div>10:30 Brains & Banter</div> <div>1:45 Baking</div> <div>3:00 Neighbourhood Time</div>
<div>10</div> <div>10:15 TV Church</div> <div>10:15 TV Catholic Mass (DEN)</div> <div>11:00 Colour Me Calm</div> <div>1:30 Aposlotic Sing Along</div> <div>3:00 Neighbourhood Time</div>	<div>11</div> <div>9:30 -12:00 Country Drive/City Drive</div> <div>11:00 Horticulture Therapy</div> <div>2:00 You & Me</div> <div>3:30 Hand Therapy (PAL) (NB)</div>	<div>12</div> <div>TIMBIT DAY</div> <div>10:30 You & Me</div> <div>11:00 Total Body Fitness</div> <div>2:00 Men’s Group (RT)</div> <div>3:00 Music Therapy</div> <div>3:00 Neighbourhood Time</div>	<div>13</div> <div>11:00 Neighbourhood Time</div> <div>2:00 Lynn & Rick</div> <div>3:00 Worship Service</div> <div>6:15 Nail Care</div>	<div>14</div> <div>10:00 Total Body Fitness (NB)</div> <div>11:00 Resident Floor Meeting</div> <div>2:00 Express Yourself</div> <div>3:00 Neighbourhood Time</div>	<div>15</div> <div>10:30 Exercises</div> <div>11:00 Spiritual Moments</div> <div>1:45 Patio Time</div> <div>3:00 Neighbourhood Time</div>	<div>16</div> <div>10:30 Brains & Banter</div> <div>1:45 BINGO</div> <div>3:00 Neighbourhood Time</div>
<div>17</div> <div>10:15 TV Church</div> <div>10:15 TV Catholic Mass (DEN)</div> <div>11:00 Colour Me Calm</div> <div>1:45 Java Music</div> <div>3:00 Neighbourhood Time</div>	<div>18</div> <div>11:00 Horticulture Therapy</div> <div>2:30 You & Me</div> <div>3:00 Neighbourhood Time</div>	<div>19</div> <div>10:30 You & Me</div> <div>11:00 Total Body Fitness</div> <div>1:45 Bowling (NB)</div> <div>3:00 Music Therapy</div> <div>3:00 Neighbourhood Time</div>	<div>20</div> <div>MULTICULTURAL DAY</div> <div>10:30 Nail Care</div> <div>11:00 Neighbourhood Time</div> <div>2:00 - 4:00</div> <div>Multicultural Event</div>	<div>21</div> <div>10:00 Total Body Fitness (NB)</div> <div>11:00 Brains & Banter</div> <div>2:00 Express Yourself</div> <div>3:00 Neighbourhood Time</div>	<div>22</div> <div>10:30 Exercises</div> <div>11:00 Spiritual Moments</div> <div>1:45 Patio Time</div> <div>3:00 Neighbourhood Time</div>	<div>23</div> <div>10:30 Brains & Banter</div> <div>1:45 Baking</div> <div>3:00 Neighbourhood Time</div>
<div>24</div> <div>10:15 TV Church</div> <div>10:15 TV Catholic Mass (DEN)</div> <div>11:00 Colour Me Calm</div> <div>1:45 Horse Racing (NB)</div> <div>3:00 Neighbourhood Time</div>	<div>25</div> <div>10:30 Exercises</div> <div>11:00 Horticulture Therapy</div> <div>2:00 You & Me</div> <div>3:00 Neighbourhood Time</div>	<div>26</div> <div>10:30 You & Me</div> <div>11:00 Total Body Fitness</div> <div>2:00 Men’s Group (RT)</div> <div>3:00 Music Therapy</div> <div>3:00 Neighbourhood Time</div>	<div>27</div> <div>11:00 Neighbourhood Time</div> <div>2:00 Zumba (NB)</div> <div>3:00 Worship Service</div> <div>5:15 Take Out- A&W Dinner</div>	<div>28</div> <div>10:00 Total Body Fitness (NB)</div> <div>10:15 Resident Council</div> <div>2:00 Express Yourself</div> <div>3:00 Neighbourhood Time</div>	<div>29</div> <div>10:30 Exercises</div> <div>11:00 Spiritual Moments</div> <div>1:45 Patio Time</div> <div>3:00 Neighbourhood Time</div>	<div>30</div> <div>10:30 Brains & Banter</div> <div>1:45 BINGO</div> <div>3:00 Neighbourhood Time</div>

AUGUST

August Events

Aug 4th 2:00-4:00 Wilfred Schlegel Day event

**Aug 7th 6:15 Entertainment with Tom -
Newberry**

Aug 10th 1:30 Apostolic Hymn Sing - Strasburg

Aug 11th 2:00 Erin Marie - Haysville

Aug 11th 2:00 Bob MacLean - Strasburg

Aug 11th 3:30 Erin Marie - Sandhills

Aug 11th 3:30 Bob MacLean - Waldau

Aug 12th Timbit Day

Aug 13th 2:00 Lynne and Rick - Trussler

Aug 13th 2:00 PegTalks - Haysville

Aug 13th 3:30 Lynne and Rick - Kingsdale

Aug 13th 6:15 Entertainment with Tom - Eby

Aug 19th 2:00 Jim Young - Eby

Aug 21st 2:00 Record Day - Aberdeen

**Aug 21st 6:15 Entertainment with Tom -
Haysville**

Aug 26th 3:30 Sheryl W - Roseville

Aug 26th 2:00 Sing Out - Strasburg



Bus Outing(s).

Please Keep in Mind all Outings are dependent on Weather.
Participants are selected by taking turns from our outing list
to ensure fairness. If you would like to add your name to our
future outing list, please let Recreation know!

Monday August 11th

9:30 -12:00 Country Drive/City Drive



Multicultural Day Festival

Wednesday 20th @ 2:00

Retirement Patio

**Happy
Birthday**

Norma-August 11th

Spiritual Events

Catholic Rosary : 10:30am August 2nd (RV)

Catholic: 10:30am August 6th (RV)

**Lutheran Communion: 10:30am August 13th
(PHCC)**

Protestant: 10:30am August 27th (PHCC)



Resident Meetings

Neighbourhood Meeting: 11:00am August 14th

Food Committee: 1:45pm August 25th (PHCC)

Residents' Council: 10:15am August 28th (PHCC)

