


# JULY

## COLCHESTER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<b>1</b> <b>Canada Day</b> AMY & NOVA Calendar Day Celebrating Canada Trivia Music	<b>2</b> <b>AMY &amp; NOVA</b> 10:00 Pancake Social 10:30 Walk & Roll 11:00 Service with Rev Elise 2:00 Fitness With PAL 3:00 Zumba 3:30 1:1 Visits	<b>3</b> <b>NOVA</b> Pet Visits 10:30 Bible Study 1:30 Ball Toss 2:30 Arts & Crafts 3:30 All About You	<b>4</b> <b>AMY &amp; NOVA</b> Pet Visits 9:30 Movement Bingo 10:30 Village Choir 10:30 Painting Pals 2:30 Music with Joe 3:30 Main St. Visits	<b>5</b> <b>AMY</b> 9:00 Neighbourhood Time 10:30 Entertainment 1:30 Outside Visits 3:45 All About You 1:1
<b>6</b> <b>AMY</b> 10:00 Morning Prayers & Stories 11:00 Hymn Sing 1:00 Outside Walks 2:30 Village Games 3:00 Chocolate Chatter	<b>7</b> <b>NOVA LATE</b> Celebration of Life 1:30 The Gathering 2:00 Fitness with PAL 3:30 Outside Visits 6:00 Game Night	<b>8</b> <b>AMY &amp; NOVA</b> 9:00 Neighbourhood Time 10:30 Morning Fitness 1:00 All About You 2:00 Connect Four 3:00 Java Music 6:00 Baking	<b>9</b> <b>AMY &amp; NOVA</b> 10:30 Walk & Roll 11:00 Service with Rev Elise 2:00 Fitness with PAL 2:00 Pursuit of Passions 3:00 Zumba 6:30 Rabbit Hopping	<b>10</b> <b>AMY &amp; NOVA</b> Pet Visits 10:30 Bible Study 10:30 Morning Exercise 1:30 Horse Racing 2:30 Outdoor Visits 3:00 All About You	<b>11</b> <b>AMY</b> Pet Visits 9:30 Movement Bingo 10:00 Presentation by Karen D 10:30 Catholic Mass 2:30 Music with Joe 3:30 Main St. Visits	<b>12</b> <b>..</b> 9:00 Art Therapy 10:30 Entertainment 1:30 Outside Visits 3:30 Friendly Visits 1:1
<b>13</b> <b>..</b> 9:30 Virtual Church 9:45 Morning Manicures 1:45 Tower Bingo 3:00 All About You 1:1	<b>14</b> <b>AMY &amp; NOVA LATE</b> <b>10:30 Brains &amp; Banter</b> <b>1:30 The Gathering</b> <b>2:00 Fitness with PAL</b> <b>2:30 Monday Manicures</b> <b>3:30 All About You</b>	<b>15</b> <b>AMY</b> 1:30 Seamus the Storyteller 3:00 Java Music Main St Visits 6:15 The Merry Cherry	<b>16</b> <b>AMY &amp; NOVA</b> 9:00 Neighbourhood Time 10:30 Walk & Roll 11:00 Service with Rev Elise 2:00 Fitness with PAL 3:00 Zumba 6:30 Parkwood Service	<b>17</b> <b>NOVA</b> <b>Pet Visits</b> <b>9:30 Morning Exercise</b> <b>10:30 Bible Study</b> <b>1:30 Picture Bingo</b> <b>2:30 Creative Coloring</b> <b>3:30 Friendly Visits</b>	<b>18</b> <b>AMY &amp; NOVA</b> Pet Visits 9:30 Movement Bingo 10:30 Village Choir 1:30 Disco Party 2:30 Music with Joe	<b>19</b> <b>AMY</b> 9:00 Neighbourhood Time 10:30 Entertainment 1:30 Outside Visits 3:45 All About You 1:1
<b>20</b> <b>AMY</b> 10:00 Morning Prayers & Stories 11:00 Hymn Sing 1:00 Outside Walks 2:30 Village Games 3:30 Main St. Visits	<b>21</b> <b>NOVA LATE</b> <b>1:30 The Gathering</b> <b>2:00 Fitness with PAL</b> <b>3:00 Arts &amp; Crafts</b> <b>6:00 Game Night</b>	<b>22</b> <b>AMY &amp; NOVA</b> 9: 30 Neighbourhood Time 10:30 Outdoor Walks 1:00 All About You 2:00 Bean Bag Toss 3:00 Java Music 6:00 Baking	<b>23</b> <b>AMY&amp; NOVA</b> 10:30 Walk & Roll 11:00 Service with Rev Elise 12:00 Colchester BBQ 2:00 Fitness with PAL 3:00 Zumba 6:30 Pub Night	<b>24</b> <b>AMY &amp; NOVA</b> Pet Visits 9:30 Morning Exercise 10:30 Bible Study 1:30 Table Games 3:00 Brains & Banter	<b>25</b> <b>AMY</b> Pet Visits 9:00 Neighbourhood Time 9:30 Movement Bingo 2:30 Music with Joe Christmas in July	<b>26</b> <b>NOVA</b> 9:30 Morning Visits 10:30 Entertainment 1:30 Family Feud 2:30 Outside Walks
<b>27</b> <b>NOVA</b> 9:30 Virtual Church 9:45 Morning Manicures 1:30 Ladderball 2:30 Friendly Visits	<b>28</b> <b>AMY &amp; NOVA LATE</b> <b>10:30 Brains &amp; Banter</b> <b>1:30 The Gathering</b> <b>2:00 Fitness with PAL</b> <b>3:00 Ball Toss</b> <b>3:30 All About You</b>	<b>29</b> <b>AMY</b> 1:00 All About You 2:30 Table Games 3:30 Tiger Talk 6:15 Main St. Visits	<b>30</b> <b>AMY &amp; NOVA</b> 9:00 Neighbourhood Time 10:30 Walk & Roll 11:00 Service with Rev Elise 2:00 Fitness with PAL 3:00 Zumba 3:30 1:1 Visits	<b>31</b> <b>NOVA</b> Pet Visits 9:30 Morning Exercise 10:30 Bible Study 1:30 Ball Toss 2:30 Arts & Crafts	