

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

AUGUST

Belle River Neighbourhood



WILFRED SCHLEGEL *Day*
Monday, August 4
 This day kicks off a month of giving back to the community.

1
 9:15 Fitness Class
 10:00 BINGO
 2:00 Color Your World
 3:00 Greenhouse Club

2
 9:30 Fun & Games
 11:00 Sunshine Walk
 3:00 Manicures

3
 9:30 Online Church
 10:30 Bocce Ball
 3:00 Puzzle Mania

**4 WILFRED SCHLEGEL DAY
 CIVIC HOLIDAY**
 10:30 Exercise Class
 3:00 Cross Word

5
 10:30 Zumba (Chapel)
 2:00 Resident Council Meeting
 3:30 Trivia Time

6
 9:15 Fitness Class
 2:00 Game "Left, Right, Centre"
 6:30 Pub Night with
 Tim Lukas

7
 9:30 Ceramics
 10:00 Curious Minds Social
 3:00 Fun & Games

8
 9:15 Fitness Class
 10:00 BUS TRIP - Timmies
 2:00 Express Yourself
 3:00 Greenhouse Club

9
 10:30 Circle of Friends
 2:00 Manicures
 3:00 Balloon Toss

10
 9:30 Online Church
 10:30 In the Kitchen
 3:00 Parkwood Gospel
 Church Service (Chapel)

11
 9:30 Fitness Class
 3:00 Music with Ernie
 6:00 Evening FUN

12
 9:00 Crafty Creations
 10:30 Zumba (Chapel)
 2:00 Celebration of Life

13
 8:00 Breakfast Bumch
 9:15 Fitness Class
 10:00 Chapel Service
 3:00 Crossword

14
 9:30 Ceramics
 11:00 Music Therapy
 Fund-Raiser Lunch
 on Front Patio
 3:00 Fun and Games

15
 9:15 Fitness Class
 10:00 BINGO
 3:00 Greenhouse Club

16
 10:00 Balloon Toss
 2:00 Ice Cream Cart on
 Main Street

17
 9:30 Online Church
 10:30 Volleyball on the Patio
 2:00 Manicures

18
 9:30 Fitness Class
 10:00 Chapel Music Service
 2:00 Popsicles/ ice cream
 Social
 3:00 Puzzle

19
 10:30 Zumba (Chapel)
 2:00 Roman Catholic Mass
 3:00 Armchair travel

20
 9:15 Fitness Class
 10:00 Chapel Service
 2:00 I Love the 80s Party
 with Joe & Niko

21
 10:00 Neighbourhood Time
 11:00 Music Therapy
 3:00 Word in a Word
 5:00 BBQ Dinner

22
 9:15 Fitness Class
 9:30 BUS TRIP - Wal-Mart
 2:00 Frinedly Visits
 3:00 Greenhouse Club

23
 10:30 Java Music
 2:00 Nighbourhood Time
 3:30 Balloon Toss

24
 9:30 Online Church
 10:30 In the Kitchen
 2:00 Banwell Church Service
 (Chapel)

25
 9:30 Fitness Class
 3:00 Java Music
 6:00 Evening Fun

26
 10:30 Zumba (Chapel)
 2:00 Chats & Popsicle Treats
 2:00 Food Committee (Chapel)
 3:00 Picture Bingo

27
 9:15 Fitness Class
 10:00 Chapel Service
 3:00 Trivia time

28
 9:30 Balloon Toss
 11:00 Music Therapy
 3:00 Crossword Challenge

29
 9:15 Fitness Class
 10:00 BINGO
 2:00 Game "Left Right Center"
 3:00 Greenhouse Club

30
 10:00 Fun and Games
 2:00 Summer Treats Drop-In
 on Main Street
 3:00 Cards & Board Games

31
 9:30 Online Church
 10:30 Nostalgic Childhood
 Games
 3:00 Friendly visits



Wisdom of the Elder Question Series

How have taking risks and embracing adventure shaped who you are today?

