SundayMondayTuesdayWednesdayThursdayFridaySaturday

## AUGUST

## Tecumseh Neighbourhood



10:00 Circle of Friends 11:00 Chapel Service 2:00 In the Kitchen

10:00 Stepping out 2:00 For the FUN of Fit

10:00 For the Soul 11:00 Musical Moments 2:30 Circle of Friends	WILFRED SCHLEGEL DAY CIVIC HOLIDAY  10:00 Express Yourself 2:00 Circle of Friends 6:00 Evening Fun	9:30 Fitness Class 10:30 Zumba (Chapel) 2:00 Resident Council Meeting 2:00 Brains & Banter	10:00 Manicures 2:00 For the Fun of Fit 3:00 Music with Bill 6:00 Evening Fun	9:30 Ceramics 10:00 You & I 2:00 BINGO 3:30 Fitness Class 6:00 Evening Fun	8 10:0 Circle of Friends 11:00 Soothing Sensations 2:00 Java Time	9 10:00 Stepping Out 2:00 Express Yourself
10:00 Brains & Banter 11:00 Stepping Out 3:00 Parkwood Gospel Church Service (Chapel)	10:00 In the Kitchen 2:00 Music Therapy 6:00 Evening Fun	9:30 Fitness Class 10:30 Zumba (Chapel) 2:00 Celebration of Life 2:00 Express Yourself 6:00 Evening Fun	8:00 Breakfast Bunch 10:00 Manicures 2:00 Belle River Fun Band	9:30 Ceramics 10:30 Brains & Banter Fund-Raiser Lunch on Front Patio 2:00 BINGO 3:30 Fitness Class	15 10:00 Circle of Friends 11:00 Chapel Service 2:00 Express Yourself	10:00 For the Fun of Fit 2:00 Ice Cream Cart on Main Street 2:00 Stepping Out
10:30 Volleyball on the Patio 2:00 Circle of Friends	18 10:00 Chapel Music Service 2:00 Music Therapy 6:00 Evening Fun	9:30 Fitness Class 10:30 Zumba (Chapel) 2:00 Roman Catholic Mass	10: 00 Manicures 2:00 I Love the 80s Party with Joe & 6:00 Evening FUN	10:00 Brains & Banter 2:00 BINGO 3:30 Fitness Class 5:00 BBQ Dinner 6:15 Evening Fun	10:00 You & I 11:00 Chapel Service 2:00 Java Time	10:00 In the Kitchen 2:00 For the FUN of Fit
10:00 Stepping Out 11:00 Musical Moments 2:00 Banwell Church Service (Chapel)	10:00 Music with Brent 2:00 Music Therapy 6:00 Evening FUN	9:30 Fitness Class 10:30 Zumba (Chapel) 2:00 Express Yourself	10:00 Manicures 2:00 In the Kitchen 6:30 Pub Night with Ted Bachmeier	10:00 Brains & Banter 2:00 BINGO 3:30 Fitness Class	10:00 Circle of Friends 11:00 Chapel Service 2:00 For the FUN of Fit	10:00 Stepping Out 2:00 Soothing Sensations 2:00 Summer Treats Drop-In on Main Street

31

10:00 For the Soul11:00 Musical Moments2:00 Circle of Friends



## **Wisdom of the Elder Question Series**

How have taking risks and embracing adventure shaped who you are today?

