

AUGUST

APPLEBY



WILFRED
SCHLEGEL

Day

Monday, August 4

This day kicks off a month of giving back to the community.

1

10:00 Gratis Shoppe-MS
1:00 Neighborhood Time
2:00 For the Soul
3:30 Brains & Banter
6:00 Musical Moments

2

9:00 Neighborhood Time
11:00 In the Kitchen-CC
2:00 Total Body Fitness
2:00 Stepping Out
3:00 Brad Boland-TH

3

9:00 Neighborhood Time
10:00 Movie Matinee-L
2:15 Church Service –TH
3:15 In the Kitchen-CC

4

WILFRED SCHLEGEL DAY

9:15 Fun & Fit
1:00 Neighborhood Time
2:00 In the Kitchen-CK
3:30 Musical Moments
6:00 Circle of Friends

5

9:00 Neighborhood Time
1:00 Spiritual Care
2:00 Circle of Friends
3:30 Stepping Out

6

9:00 Neighborhood Time
10:30 Musical Moments
11:00 Total Body Fitness
1:30 Horticulture Therapy
2:30 Root beer Float Social-CC
3:30 You & Me

7

8:00 Breakfast Club
9:00 Neighborhood Time
11:00 Music Therapy
11:00 Stepping Out
2:00 You & Me

8

10:00 Art Therapy
11:15 Line Dancing-FC
1:00 Neighborhood Time
2:00 For the Soul
3:30 Brains & Banter
6:00 Musical Moments

9

1:00 Neighborhood Time
2:00 Circle of Friends
3:00 Geri Defoe Performs-TH
6:00 Musical Moments

10

1:00 Neighborhood Time
2:15 Church Service –TH
3:30 For the Fun of Fit
6:00 Musical Moments

11

9:15 Fun & Fit
10:30 Mother Goose-TH
1:00 Neighborhood Time
2:00 Express Yourself
3:30 Musical Moments
6:00 Circle of Friends

12

9:00 Neighborhood Time
11:00 Brains & Banter
1:00 Spiritual Care
2:00 For the Fun of Fit
3:30 Circle of Friends

13

9:00 Neighborhood Time
10:30 Musical Moments
11:00 Total Body Fitness
12:00 Diner Club
2:00 Soothing Sensations
3:30 Brains & Banter

14

9:00 Neighborhood Time
11:00 Music Therapy
11:00 You & Me
12:00 BBQ
2:00 Circle of Friends
3:30 Stepping Out

15

10:00 Art Therapy
11:15 Line Dancing-FC
1:00 Neighborhood Time
2:00 For the Soul
3:30 Brains & Banter
6:00 Musical Moments

16

9:00 Neighborhood Time
11:00 Circle of Friends
2:00 Total Body Fitness
2:00 Stepping Out
3:00 Zachary Erikson Performs-TH

17

9:00 Neighborhood Time
11:00 Brains & Banter
2:00 For the Soul
3:30 Circle of Friends

18

9:15 Fun & Fit
1:00 Neighborhood Time
2:00 Brains & Banter
3:30 Musical Moments
6:00 Circle of Friends

19

Beach Day

9:00 Neighborhood Time
11:00 Brains & Banter
2:00 Stepping Out
3:00 Happy Hour/Skolnik-TH

20

Lemonade Day

9:00 Neighborhood Time
10:30 Musical Moments
11:00 Total Body Fitness
2:30 Bingo-MS
3:30 Stepping Out

21

9:00 Neighborhood Time
11:00 Musical Moments
2:00 For the Soul
3:30 Stepping Out

22

10:00 Art Therapy
11:15 Line Dancing-FC
1:00 Neighborhood Time
2:00 For the Soul
3:30 Brains & Banter
6:00 Musical Moments

23

1:00 Neighborhood Time
2:00 Stepping Out
3:00 Performs-TH
6:00 Musical Moments

24

1:00 Neighborhood Time
2:15 Church Service –TH
3:30 For the Fun of Fit
6:00 Musical Moments

25

9:15 Fun & Fit
1:00 Neighborhood Time
2:00 In the Kitchen-CK
3:30 Musical Moments
6:00 Celebration of Life-TH

26

9:00 Neighborhood Time
11:00 Brains & Banter
1:00 Spiritual Care
2:00 Circle of Friends
3:30 You & Me

27

9:00 Neighborhood Time
10:30 Musical Moments
11:00 Total Body Fitness
2:30 Birthday Social-CC
3:30 Stepping Out

28

9:00 Neighborhood Time
11:00 Musical Moments
2:00 Carnival-Front Patio
3:30 Stepping Out

29

1:00 Neighborhood Time
2:00 Stepping Out
3:00 Peach Sundae Social-CC
6:00 Musical Moments

30

9:00 Neighborhood Time
11:00 In the Kitchen-CC
2:00 Total Body Fitness
2:00 Stepping Out
3:00 Natalie Marie Performs-TH

31

9:00 Neighborhood Time
10:00 Movie Matinee-L
2:15 Church Service –TH
3:30 Circle of Friends



Legend

L- Library
TH—Town Hall
MS- Main Street
CC- Community Center
FC- Fitness Center

Residents Bill Of Rights

23. Every Resident Has The Right To Pursue Social, Cultural, Religious, Spiritual Or Other Interests, To Develop His Or Her Potential And To Given Reasonable Assistance By The Licensee To Pursue These Interests And To Develop Their Potential

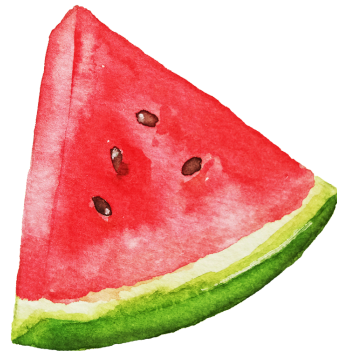
Note/Announcement:

Programs subject to change

AUGUST

In the Kitchen

- 2- Ice Cream Sandwich
- 3- Watermelon
- 4- Cookies
- 25- Popsicles
- 30- Tim Horton's



Socials/Events

- 1-Gratis Shoppe
- 6- Root beer Float
- 19- Happy Hour
- 20- Bingo
- 27- Birthday Social
- 28- Summer Carnival
- 29- Peach Sundae Social



Movies

Popcorn will be provided

Movies for the month:

- 3- Calendar Girls
- 31- You've Got Mail



Pal Group Programs

Monday

Sweat Squad 1:30

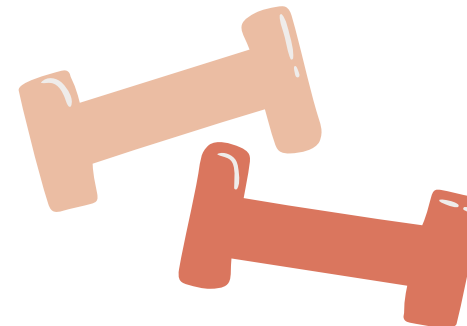
Tuesday

Group Fitness 1:45

Thursday

Basketball 11:30

Yoga 1:45



Outings

- 5- Hutch's @2:00pm
- 15- Scenic Drive @2:00pm
- 18- Spencer Smith @2:00pm
- 26- Williams Café @2:00pm



Lunch Diner's Club

- 13- Greek

