




SEPTEMBER

APPLEBY

Legend
L- Library
TH—Town Hall
MS- Main Street
CC- Community Center
FC- Fitness Center

Residents Bill Of Rights
23. Every Resident Has The Right To Pursue Social, Cultural, Religious, Spiritual Or Other Interests, To Develop His Or Her Potential And To Given Reasonable Assistance By The Licensee To Pursue These Interests And To Develop Their Potential

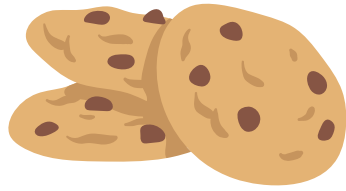
Note/Announcement:
Programs subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Labour Day 9:15 Fun & Fit 1:00 Neighborhood Time 2:00 Circle of Friends 3:30 Musical Moments 6:00 You & Me	2 9:00 Neighborhood Time 11:00 Brains & Banter 1:00 Spiritual Care 2:00 In the Kitchen-CK 3:30 You & Me	3 9:00 Neighborhood Time 10:30 Musical Moments 11:00 Total Body Fitness 1:30 Horticulture Therapy 2:00 Soothing Sensations 3:30 You & Me	4 8:00 Breakfast Club 9:00 Neighborhood Time 11:00 Music Therapy 11:00 You & Me 2:00 Circle of Friends 3:30 Stepping Out	5 10:00 Art Therapy 1:00 Neighborhood Time 2:00 For the Soul 3:30 Brains & Banter 6:00 Musical Moments	6 1:00 Neighborhood Time 2:30 Bingo-TH 4:00 Circle of Friends 6:00 Musical Moments
7 Grandparents Day 1:00 Neighborhood Time 2:15 Church Service –TH 3:30 For the Fun of Fit 6:00 Musical Moments	8 9:15 Fun & Fit 10:30 Mother Goose-TH 1:00 Neighborhood Time 2:00 Express Yourself 3:30 Musical Moments 6:00 Circle of Friends	9 9:00 Neighborhood Time 1:00 Spiritual Care 2:00 Circle of Friends 3:30 You & Me	10 9:00 Neighborhood Time 10:30 Musical Moments 11:00 Total Body Fitness 1:30 Horticulture Therapy 2:00 Soothing Sensations 3:30 You & Me	11 9:00 Neighborhood Time 11:00 Music Therapy 11:00 You & Me 2:00 Brains & Banter 3:30 Stepping Out	12 10:00 Art Therapy 1:00 Neighborhood Time 2:30 Geri Defoe Performs 4:00 Brains & Banter 6:00 Musical Moments	13 9:00 Neighborhood Time 11:00 In the Kitchen-CC 2:00 Stepping Out 3:30 Brent M Performs-TH
14 Terry Fox Run 9:00 Neighborhood Time 10:30 Terry Fox Run- RH Café 2:15 Church Service –TH 3:15 In the Kitchen-CC	15 Resident Council Week 9:15 Fun & Fit 1:00 Neighborhood Time 2:30 Karaoke Happy Hour-TH 3:30 Stepping Out 6:00 Circle of Friends	16 9:00 Neighborhood Time 11:00 Brains & Banter 1:00 Spiritual Care 2:30 Concerts in Care-TH 3:30 You & Me	17 9:00 Neighborhood Time 10:30 Musical Moments 11:00 Total Body Fitness 1:30 Horticulture Therapy 2:00 Soothing Sensations 3:30 You & Me	18 9:00 Neighborhood Time 11:00 Music Therapy 11:00 You & Me 12:00 Appleby BBQ 2:00 Chai Tea Party-MS 3:30 Stepping Out	19 10:00 Art Therapy 1:00 Neighborhood Time 2:00 For the Soul 3:30 Brains & Banter 6:00 Musical Moments	20 Oktoberfest Begins 1:00 Neighborhood Time 2:00 Circle of Friends 3:00 Ron Tansley Performs-TH 6:00 Musical Moments
21 World Alzheimer's Day International Day of Peace 1:00 Neighborhood Time 2:15 Church Service –TH 3:30 For the Fun of Fit 6:00 Musical Moments	22 Rosh Hashanah 9:15 Fun & Fit 1:00 Neighborhood Time 2:00 Express Yourself 3:30 Musical Moments 6:00 Circle of Friends	23 First Day of Autumn 9:00 Neighborhood Time 11:00 Brains & Banter 12:00 Diners Club 1:00 Spiritual Care 2:30 In the Kitchen-CC 3:30 You & Me	24 Arts & Aging Day 9:00 Neighborhood Time 10:30 Musical Moments 11:00 Total Body Fitness 1:30 Horticulture Therapy 2:30 Arts & Aging Activity-MS 3:30 You & Me	25 Oktoberfest 9:00 Neighborhood Time 11:00 Music Therapy 2:00 Wander Duo Performs-TH 3:30 Resident Council-CC 3:30 Stepping Out	26 10:00 Art Therapy 1:00 Neighborhood Time 2:00 For the Soul 3:30 Brains & Banter 6:00 Musical Moments	27 9:00 Neighborhood Time 10:30 Paula French Performs-TH 3:00 Stepping Out
28 9:00 Neighborhood Time 10:00 Movie Matinee-L 2:15 Church Service –TH 3:15 In the Kitchen-CC	29 9:15 Fun & Fit 1:00 Neighborhood Time 2:00 Stepping Out 3:00 Birthday Social-CC 6:00 Circle of Friends	30 National Day for Truth and Reconciliation 9:00 Neighborhood Time 11:00 Brains & Banter 1:00 Spiritual Care 2:30 In the Kitchen-CC 3:30 You & Me	 <div><p>Schlegel Villages'</p><h1>FOOD DRIVE</h1><p>We are collecting non-perishable food items and monetary donations. All donations will be given to local food banks across Ontario.</p></div> 			

SEPTEMBER

In the Kitchen

2- Coconut
13- Time Hortons
23- Apple Crisp
30- Hot Apple Cider & Baked Cookies



Socials/Events

6- Missionaries-Bingo-TH
14- Terry Fox Fun-RH Café
15- Happy Hour-TH
16- Concerts in Care-TH
18- Chai Party-MS
24- Arts & Aging Activities-MS
25- Oktoberfest Performs-TH
29- Birthday Social-CC



Movies

Popcorn will be provided

Movies for the month:

28- Sweet Home Alabama

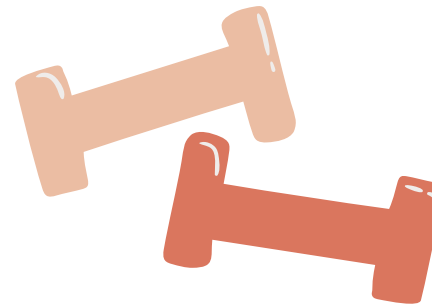


Pal Group Programs

Monday
Sweat Squad 1:30

Tuesday
Group Fitness 1:45

Thursday
Basketball 11:30
Yoga 1:45



Outings

5- Nickel Brook @ 2:00pm
9- Game Museum @ 9:45am
19- Scenic Drive @ 3:30pm
26- Williams Café @ 10:00am



Lunch Diner's Club

23- Pizza & Wings

