

AUGUST

Brant



WILFRED  
SCHLEGEL

Day

Monday, August 4

This day kicks off a month of giving back to the community.

<div>3</div> <div>Watermelon Day</div> <div>9:00 Neighborhood Time</div> <div>10:30 Musical Moments</div> <div>2:15 Church—TH</div> <div>3:30 In the kitchen</div>	<div>4</div> <div>WILFRED SCHLEGEL DAY</div> <div>11:00 Spiritual Care</div> <div>12:00 Neighbourhood Time</div> <div>2:00 Root bear Float-CC</div> <div>3:30 Soothing Sensations</div> <div>6:00 You and Me</div>	<div>5</div> <div></div> <div>9:00 Neighborhood Time</div> <div>10:30 Musical Moments</div> <div>2:30 Art Therapy</div> <div>2:30 You and Me</div> <div>3:30 Stepping Out</div>	<div>6</div> <div></div> <div>9:00 Neighbourhood Time</div> <div>10:30 For The Soul</div> <div>1:00 Total Body Fitness</div> <div>2:00 Stepping Out</div> <div>2:30 Music Therapy</div> <div>3:30 Circle of Friends</div>	<div>7</div> <div></div> <div>9:00 Neighbourhood Time</div> <div>10:30 Brains and Banter</div> <div>11:15 Fun &amp; Fit</div> <div>3:00 For The Fun of Fit</div> <div>3:00 Horticulture Therapy</div>	<div>1</div> <div></div> <div>10:00 Gratis Shoppe – MS</div> <div>11:15 Line Dancing-FC</div> <div>12:00 Neighbourhood Time</div> <div>2:00 You and Me</div> <div>3:30 For The Fun of Fit</div> <div>6:00 Circle of Friends</div>	<div>2</div> <div></div> <div>12:00 Neighbourhood Time</div> <div>2:00 Brad Boland – TH</div> <div>3:30 Stepping Out</div> <div>6:00 Circle of Friends</div>
<div>10</div> <div></div> <div>9:00 Neighborhood Time</div> <div>10:30 Movie Matinee-TH</div> <div>2:15 Church—TH</div> <div>3:30 In the kitchen</div>	<div>11</div> <div></div> <div>8:00 Breakfast Club</div> <div>10:30 Mother Goose – TH</div> <div>11:00 Spiritual Care</div> <div>12:00 Neighbourhood Time</div> <div>2:00 Soothing Sensations</div>	<div>12</div> <div></div> <div>9:00 Neighborhood Time</div> <div>10:30 Musical Moments</div> <div>2:30 Art Therapy</div> <div>2:30 You and Me</div> <div>3:30 Stepping Out</div>	<div>13</div> <div></div> <div>9:00 Neighborhood Time</div> <div>10:30 For The Soul</div> <div>12:00 Diner’s Club</div> <div>1:00 Total Body Fitness</div> <div>2:30 Music Therapy</div> <div>3:30 Circle of Friends</div>	<div>14</div> <div></div> <div>9:00 Neighbourhood Time</div> <div>10:30 Brains and Banter</div> <div>11:15 Fun &amp; Fit</div> <div>3:00 Express Yourself</div> <div>3:00 Horticulture Therapy</div>	<div>15</div> <div></div> <div>11:15 Line Dancing-FC</div> <div>12:00 Neighbourhood Time</div> <div>2:00 You and Me</div> <div>3:30 For The Fun of Fit</div> <div>6:00 Circle of Friends</div>	<div>16</div> <div>Tell a Joke Day</div> <div>12:00 Neighbourhood Time</div> <div>2:00 Stepping Out</div> <div>3:00 Zachary Erikson -TH</div> <div>6:00 Circle of Friends</div>
<div>17</div> <div></div> <div>9:00 Neighborhood Time</div> <div>10:30 Musical Moments</div> <div>2:15 Church—TH</div> <div>3:30 In the kitchen</div>	<div>18</div> <div></div> <div>12:00 Neighbourhood Time</div> <div>2:00 Express Yourself- CC</div> <div>3:30 Soothing Sensations</div> <div>6:00 You and Me</div>	<div>19</div> <div>Beach Day</div> <div>9:00 Neighborhood Time</div> <div>10:30 Musical Moments</div> <div>2:30 Art Therapy</div> <div>2:30 Happy Hour- TH</div> <div>3:00 Skolnik Performs- TH</div> <div>3:30 Stepping Out</div>	<div>20</div> <div></div> <div>9:00 Neighbourhood Time</div> <div>10:30 For The Soul</div> <div>1:00 Total Body Fitness</div> <div>2:00 Stepping Out</div> <div>2:30 Bingo- MS</div>	<div>21</div> <div></div> <div>9:00 Neighbourhood Time</div> <div>10:30 Brains and Banter</div> <div>11:15 Fun &amp; Fit</div> <div>1:30 Movie Matinee</div>	<div>22</div> <div></div> <div>11:15 Line Dancing-FC</div> <div>12:00 Neighbourhood Time</div> <div>2:00 You and Me</div> <div>3:30 For The Fun of Fit</div> <div>6:00 Circle of Friends</div>	<div>23</div> <div></div> <div>9:00 Neighborhood Time</div> <div>10:30 Popsicle Social</div> <div>2:00 Stepping Out</div> <div>3:00 Musical Moments</div>
<div>24</div> <div></div> <div>9:00 Neighborhood Time</div> <div>10:30 Movie Matinee-TH</div> <div>2:15 Church—TH</div> <div>3:30 In the kitchen</div>	<div>25</div> <div></div> <div>11:00 Spiritual Care</div> <div>12:00 Neighbourhood Time</div> <div>2:00 Soothing Sensations</div> <div>3:30 Brains and Banter</div> <div>6:00 You and Me</div>	<div>26</div> <div></div> <div>9:00 Neighborhood Time</div> <div>10:30 Musical Moments</div> <div>2:30 Art Therapy</div> <div>2:30 You and Me</div> <div>3:30 Stepping Out</div>	<div>27</div> <div></div> <div>9:00 Neighbourhood Time</div> <div>10:30 For The Soul</div> <div>1:00 Total Body Fitness</div> <div>2:30 Birthday Social- CC</div> <div>3:30 Circle of Friends</div>	<div>28</div> <div></div> <div>9:00 Neighbourhood Time</div> <div>10:30 Brains and Banter</div> <div>11:15 Fun &amp; Fit</div> <div>2:00 Summer Carnival-P</div>	<div>29</div> <div></div> <div>11:15 Line Dancing-FC</div> <div>12:00 Neighbourhood Time</div> <div>2:00 You and Me</div> <div>3:00 Princess Peach Party- P</div> <div>6:00 Circle of Friends</div>	<div>30</div> <div></div> <div>12:00 Neighbourhood Time</div> <div>2:00 Stepping Out</div> <div>3:00 Natalie Marie Performs – TH</div> <div>6:00 Circle of Friends</div>

# AUGUST

## Pal Programs

Monday

- 1:45 Sweat Squad

Tuesday

- 10:15 Standing Balance
- 1:45 Group Fitness

Thursday

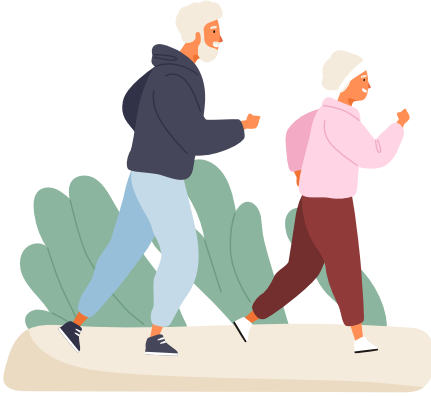
- 10:15 Basketball & Ball Toss
- 1:45 Yoga

Saturday (Week 1)

- 10:15 Tai Chi

Sunday (Week 1)

- 1:45 Basketball & Ball Toss



## Art and Craft

18- Elephant Day Craft

## Diners Club

13- Greek Food

## Movie Day

Popcorn will be provided

Movies

10- Driving Miss Daisy

24- Happy Gilmore

## Socials

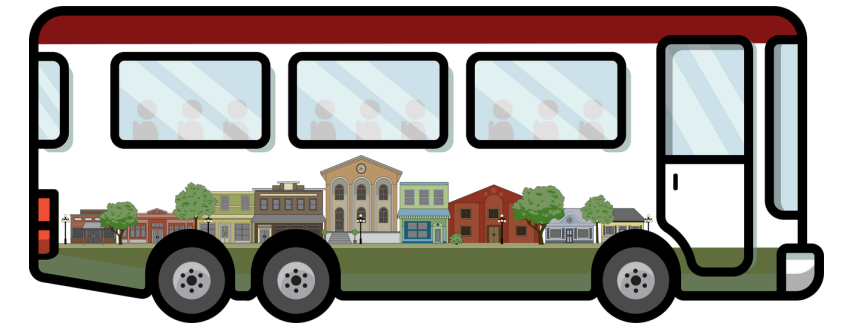
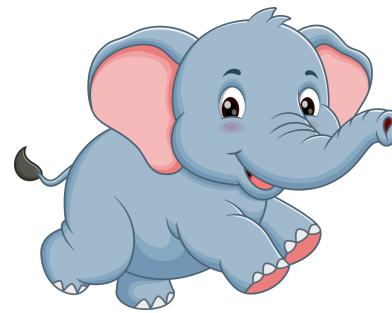
4-Rootbear Float

9- Tim horton's Social

23- Popsicle Social

27- Birthday Social

29- Peach Sunday Social



## Outings

5-Hutch's on The Beach

15- Scenic Drive

21- Splitzwise Bowling

## 28-Summer Carnival

## Happy Hour

19-Beach Day Party

20- Bingo Game

## Breakfast Club

11- Chessy Onion Omelette

