Tuesday Wednesday Thursday Saturday Sunday Monday **Friday AMY** 

## AUGUST

## **COLCHESTER**



**NOVA** 2 Calendar Day 9:30 Movement Bingo 9:00 Art Therapy 10:30 Village Choir 1:30 Walk & Roll 1:30 Outside Visits 2:30 Music with Joe 3:30 Neighbourhood Time

9:00 Neighbourhood Tim 10:30 Entertainment 3:00 All About You

	4 WILFRED SCHLEGEL DAY	NOVA AMY LATE	6 AMY & NOVA	7 AMY & NOVA	8 AMY	9 NOVA
10:00 Morning Prayers &	NOVA LATE	9:30 Morning Fitness	9:30 All About You	9:30 Neighbourhood Time	9:30 Movement Bingo	9:30 1:1 Visits
Stories	1:30 The Gathering	10:30 Word Games	10:30 Walk & Roll	10:30- Bible Study	10:30 Catholic Mass	10:30 Entertainment
11:00 Hymn Sing	2:00 Fitness with PAL	1:30 Let's Chat	11:00 Service with Rev Elise	1:30 Bean Bag Toss	11:00 Painting Pals	1:30 Picture Bingo!
2:30 Village Games	2:30 Walk & Roll	2:30 Bubble Social	11:00 UNO	2:30 Outside Visits	2:00 Music Trivia	2:30 Color Time
3:30 Watermelon Wonders	3:30 Crafty Corner	3:30 1:1 Visits	2:00 Fitness with PAL	3:30 All About You	3:00 Cat Chatter	3:30 Lets Chat
	6:00 Target Game	6:00 Baking Chocolate Chips	3:00 Zumba			
10 NOVA	11 AMY	12 Nova	13 AMY & NOVA	14 NOVA	15 AMY & NOVA	16 AMY
9:30 Virtual Church	9:00 Neighbourhood Time	9:30 1:1 Visits	10:00 Pancake Social	9:30 Morning Exercise	9:30 Movement Bingo	
9:30 Morning Manicures	10:30 Outside Visits	10:30 Get To Know You	10:30 Walk & Roll	10:30 Bible Study	10:30 Village Choir	9:00 Neighbourhood Time
11:00 Fitness	1:30 The Gathering	1:30 Fitness	11:00 Service with Rev Elise	1:30 Family Feud	10:30 All About You	10:30 Entertainment
1:30 Tower Bingo	2:00 Fitness with PAL	2:30 Finish The Phrase!	11:00 Lets Chat	2:30 Strawberry Social	2:30 Music with Joe	1:30 Outside Visits
	2:45 Brains & Banter	3:00 Picture Bingo	2:00 Fitness with PAL	3:30 1:1 Visits	3:30 Main St. Visits	3:00 All About You
			3:00 Zumba			
17 AMY	18 NOVA LATE	19 NOVA AMY LATE	20 AMY & NOVA	21 AMY & NOVA	22 AMY	NOVA
10:00 Morning Prayers &	1:30 The Gathering	9:30 Morning Fitness	10:30 Walk & Roll	9:30 Neighbourhood Time	9:30 Movement Bingo	9:30 1:1 Visits
Stories	2:00 Fitness with PAL	10:30 Outdoor Walks	11:00 Service with Rev Elise	10:30 Bible Study	10:30 Painting Pals	10:30 Entertainment
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11:00 Hymn Sing	2:30 Bracelet Making	1:30 Seamus the Storyteller	11 - 3 Farmer's Market	1:30 Disco Party	1:30 Music Trivia	1:30 Picture Bingo!
11:00 Hymn Sing 2:30 Village Games	2:30 Bracelet Making 3:30 Walk & Roll	1:30 Seamus the Storyteller 2:30 Connect Four	11 - 3 Farmer's Market 2:00 Fitness with PAL	1:30 Disco Party 3:00 All About You	1:30 Music Trivia 2:30 Music with Joe	1:30 Picture Bingo! 2:30 Necklace Making
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2:30 Village Games	3:30 Walk & Roll	2:30 Connect Four	2:00 Fitness with PAL		2:30 Music with Joe	
2:30 Village Games	3:30 Walk & Roll	2:30 Connect Four 3:30 Java Music	2:00 Fitness with PAL 3:00 Zumba		2:30 Music with Joe	
2:30 Village Games 3:30 Trivia	3:30 Walk & Roll 6:00 Picture Bingo	2:30 Connect Four 3:30 Java Music 6:00 Baking	2:00 Fitness with PAL 3:00 Zumba 6:30 Parkwood Service	3:00 All About You	2:30 Music with Joe 3:30 Main St. Visits	2:30 Necklace Making
2:30 Village Games 3:30 Trivia  NOVA	3:30 Walk & Roll 6:00 Picture Bingo 25 AMY – NOVA LATE	2:30 Connect Four 3:30 Java Music 6:00 Baking	2:00 Fitness with PAL 3:00 Zumba 6:30 Parkwood Service  27 AMY & NOVA	3:00 All About You  28 NOVA	2:30 Music with Joe 3:30 Main St. Visits  AMY & NOVA	2:30 Necklace Making
2:30 Village Games 3:30 Trivia  NOVA 9:30 Virtual Church	3:30 Walk & Roll 6:00 Picture Bingo  25 AMY – NOVA LATE 9:00 Neighbourhood Time	2:30 Connect Four 3:30 Java Music 6:00 Baking  AMY LATE	2:00 Fitness with PAL 3:00 Zumba 6:30 Parkwood Service  27 AMY & NOVA 10:30 Walk & Roll	3:00 All About You  28 NOVA 9:30 Morning Exercise	2:30 Music with Joe 3:30 Main St. Visits  29 AMY & NOVA 9:30 Movement Bingo	2:30 Necklace Making  30 AMY
2:30 Village Games 3:30 Trivia  24 NOVA 9:30 Virtual Church 9:30 Morning Manicures	3:30 Walk & Roll 6:00 Picture Bingo  25 AMY – NOVA LATE 9:00 Neighbourhood Time 10:00 Outside Visits	2:30 Connect Four 3:30 Java Music 6:00 Baking  26 AMY LATE  2:00 A Dog's Tale	2:00 Fitness with PAL 3:00 Zumba 6:30 Parkwood Service  27 AMY & NOVA 10:30 Walk & Roll 11:00 Service with Rev Elise	3:00 All About You  28 NOVA 9:30 Morning Exercise 10:30 Bible Study	2:30 Music with Joe 3:30 Main St. Visits  29 AMY & NOVA 9:30 Movement Bingo 10:30 Brains & Banter	2:30 Necklace Making  30 AMY  9:00 Neighbourhood Time
2:30 Village Games 3:30 Trivia  NOVA	3:30 Walk & Roll 6:00 Picture Bingo 25 AMY – NOVA LATE	2:30 Connect Four 3:30 Java Music 6:00 Baking	2:00 Fitness with PAL 3:00 Zumba 6:30 Parkwood Service  27 AMY & NOVA	3:00 All About You  28 NOVA	2:30 Music with Joe 3:30 Main St. Visits  AMY & NOVA	2:30 Necklace Making

**AMY** 

10:00 Morning Prayers & Stories 11:00 Hymn Sing 2:30 Village Games 3:30 Brains & Banter



Practice gratitude. Stay connected to family and friends. Keep learning. Choose a positive attitude. Laugh often. Be kind, and above all, be kind to yourself.