

SEPTEMBER



Claremont Neighbourhood

Legend
TH—Town Hall
MS— Main Street
OA—Open Area
CK—Country Kitchen

P— Parlour
L—Library
CC— Community Centre
TS— Town Square
RH—Retirement

T— Traveling
FC—Fitness Centre
R—Ruby

Note/Announcement:
See program details on the back side

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 9:30 Neighbourhood Time 10:00 Express Yourself - CK 2:30 Circle of Friends - CK 6:15 Ice Cream Social - L 7:00 Bingo-RHTH(\$)	2 11:15 Music Therapy w/Erin-OA 1:30 You & I-T 2:30 Neighbourhood Time 6:30 Bingo-FC	3 10:00 For the Fun of fit-OA 11:00 Stepping out-t 2:30 Apple Pie Social Entertainment-MS 6:30 Active Games-MS	4 Cheese Pizza Day 9:30 Neighbourhood Time 10:00 Circle of friends-CK 11:00 Pizza Pickup - RH MHR(\$)	5 9:30 Neighbourhood time 10:00 Brains & banter-OA 11:00 Stepping out-T 2:30 Circle of friends-CK	6 9:30 Neighbourhood Time 10:00 Brains & Banter - CK 11:00 You & i - T 2:30 Java Music Club - L
7 Grandparents Day 9:45 Church Service - FC 10:45 Neighbourhood Time 11:00 You & I - T 2:00 Grandparent’s Day Entertainment with Andy Philips - MS	8 9:30 Neighbourhood time 10:00 Brains & Banter-OA 11:00 You & I-T 2:30 Walmart Outing (sign up) 6:15 Ice cream social-L 7:00 Bingo-RHTH(\$)	9 11:15 Music Therapy w/Erin-OA 1:30 You & I-T 2:30 Neighbourhood Time 6:30 Musical Moments-FC	10 10:00 For the Fun of fit-OA 11:00 Stepping out-t 2:30 Musical Entertainment-MS 6:30 Active Games-MS	11 9:30 Neighbourhood Time 10:30 Express Yourself - CK 2:30 Mexican Heritage Month Entertainment- MS 6:15 Movie Night - FC	12 9:30 Neighbourhood time 10:00 Brains & banter-OA 11:00 Stepping out-T 2:30 Circle of friends-CK	13 9:30 Neighbourhood time 10:00 Brains & banter-OA 11:00 You & I-T 2:30 Birthday Party w/Mike Barnes - MS
14 9:45 Church service - TH 10:35 Neighbourhood Time 11:00 You & I-T 2:30 Sunday Social-L	15 9:30 Neighbourhood Time 10:00 Soothing Sensations - P 2:30 Stepping Out - T 6:15 Ice cream social-L 7:00 Bingo-RHTH(\$)	16 11:15 Music Therapy w/Erin-OA 1:30 You & I-T 2:30 Neighbourhood Time 6:30 Men’s Social - MS	17 10:00 For the Fun of fit-OA 11:00 Bible Study W/ Pastor Rob -L 2:30 Neighbourhood Time 6:30 Active Games-MS	18 9:30 Hymn Sing w/ Pastor Rob - OA 10:00 Circle of friends-CK 11:00 You & I-T 2:30 For the Fun of fit-OA 6:15 Trivia - FC	19 10:00 Catholic Mass-TH 11:00 Neighbourhood time 2:30 Brain & Banter-OA	20 9:30 Neighbourhood Time 10:00 Brains & Banter - CK 11:00 You & i - T 2:30 For the Fun of Fit - FC
21 9:45 Church service - TH 10:35 Neighbourhood Time 11:00 You & I-T 2:30 Sunday Social-L	22 9:30 Neighbourhood time 10:00 Brains & Banter-OA 11:00 You & I-T 2:30 Oktoberfest Party-MS 6:15 Ice cream social-L 7:00 Bingo-RHTH(\$)	23 9:30-2 WindReach (sign up) 11:15 Music Therapy w/Erin-OA 2:30 Neighbourhood Time	24 Arts & Aging Day 10:00 Express Yourself-OA 11:00 Bible Study W/ Pastor Rob -L 2:30 Celebration of Life-TH 6:30 Pub night w/ Mike Barnes-MS	25 9:30 Hymn Sing w/ Pastor Rob - OA 10:00 Farmer’s Market- RH(\$) 10:30 Neighbourhood Time 2:30 Java Music Club - CK 6:15 Movie Night - FC	26 10:00 Neighbourhood Time 11:00 For the Fun of fit-OA 2:30 Resident Council-FC	27 9:30 Neighbourhood time 10:00 Brain & banter-OA 11:00 You & I-T 2:30 Trivia-FC
28 9:45 Church service - TH 10:35 Neighbourhood Time 11:00 You & I-T 2:30 Sunday Social-L	29 9:30 Neighbourhood Time 10:00 Soothing Sensations - P 2:30 Stepping Out - T 6:15 Ice cream social-L 7:00 Bingo-RHTH(\$)	30 National Day for Truth and Reconciliation 11:15 Music Therapy w/Erin-OA 1:30 Calendar Delivery-T 2:30 Neighbourhood Time 6:30 Bingo-FC	<div><div><div>Schlegel Villages’</div><div>FOOD DRIVE</div><div>We are collecting non-perishable food items and monetary donations. All donations will be given to local food banks across Ontario.</div></div></div>			

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Living In My Today Program Descriptions

Our emphasis is on developing relationships, while the experience of those living with dementia forms the foundation of The Five Pillars of LIVING in My Today.

The Five Pillars

- Meaningful and Active Engagement;
- Enjoyable Mealtimes;
- Empowered Care Partners;
- Thoughtful Design;
- Supportive Approaches to Care.

New Program Descriptions

We are now using broad program names on our calendars to maintain flexibility and ensure engagement for all residents. This approach keeps programming dynamic, inclusive, and responsive to the community's evolving needs.

New Program Descriptions Neighbourhood Time

- Neighbourhood time sets up shared living spaces with resources to catch resident's attention and invite them to give them a try.

In The Kitchen

- Creates moments of opportunity for reminiscence, learning, and fellowship through its recognition that the kitchen is not only used to prepare and consume food. Replaces; Baking, cooking, etc.

Circle of Friends

- Creates intentional opportunities for residents to cultivate new connections in a supportive environment that promotes shared experiences and camaraderie. Replaces; Tea & Chats, News & Views, etc.

Brains & Banter

- A stimulating and social activity, combining engaging brain games with lively conversation. Replaces; Trivia, Word Games, & Puzzles.

Musical Moments

- Supports residents to engage with music in meaningful ways. Replaces; Music on Demand, Sing-Alongs, etc.

New Program Descriptions Stepping Out

- A guided walk that supports residents to enjoy the outdoors and village community. Replaces; Walk & Talks, Walks on Main Street, etc.

You & I

- Replaces One to One & Friendly Visits

For the Fun of Fit

- Fitness activities that focus on having fun and building relationships, while also challenging hand-eye coordination, balance, and range of motion. Replaces; Active Games, Mini Putt, Bean Bag Toss, etc.

Express Yourself

- Honours creativity and creates a supportive environment for residents to explore and express themselves. Replaces; Crafts or anything creative.

Soothing Sensations

- A program that focuses on sensory enrichment. Replaces; Sensory programming

For the Soul

- Spiritual programs that connect us to others. Replaces; Spiritual programs, Gratitude Circles, & Joke programs.