## SEPTEMBER

#### **Dunlop Neighbourhood**

#### Legend

C—Chapel

TH—Town Hall

MS-- Main Street

TS—Town Square

T -- Travel

L—Library

**BP**— Back Patio

MFC — Main Floor Café

FC-- Fitness CenterJPL — P PC—Patio Courtyard CK--- Country Kitchen Outing

◆ —Resident Run Program

Off the Neighbourhood

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 12:00 Assisting in dining room 2:45 Neighborhood time 3:30 Movie-OA 6:15 Ice Cream Social-L	10:00 Nieghbourhood time 11:00 Stepping out T 2:30 Music Therapy OA 3:45 Movie OA 6:30 BINGO CC	9:00 Musical Moment OA 11:00 Bible Study W/ Pastor Rob -L 2:30 Apple Pie Social Entertainment-MS 6:30 Active games MS	4 National Cheese Pizza Day 9:00 Making Pizza W/ Khaleda 11:00 Hymn Sing W/ Pastor Rob -L 2:30 Neighbourhood time 6:15 Trivia FC	9:30 Soothing sensations-T 10:00 In the Kitchen-CK 11:00 Stepping out-T 2:30 Neighbourhood Time 3:45 Musical Moments-OA	9:30 Soothing sensations-T 10:00 In the Kitchen-CK 11:00 Stepping out-T 2:30 Java Music Club - L 3:45 Movie-OA
9:45 Church service-TH 10:35 Neighbourhood Time 11:00 You & I-T 2:30 Musical Entertainment-MS 3:45 Movie OA	12:00 Assisting in dining room 2:45 Neighborhood time 3:30 Movie-OA 6:15 Ice Cream Social-L	10:00 Nieghbourhood time 11:00 Stepping out T 2:30 Music Therapy OA 3:45 Movie OA 6:30 BINGO CC	9:00 Musical Moment OA 11:00 Bible Study W/ Pastor Rob -L 2:30 Musical Entertainment- MS 6:30 Active games MS	9:00 Musical Moment OA 11:00 Hymn Sing W/ Pastor Rob -L 2:30 Neighbourhood time 6:15 Movie Night-FC	9:30 Soothing sensations-T 10:00 In the Kitchen-CK 11:00 Stepping out-T 2:30 Neighbourhood Time 3:45 Musical Moments-OA	9:30 Soothing sensations-T 10:00 In the Kitchen-CK 11:00 Stepping out-T 2:30 Monthly Birthday Party- MS 3:45 Movie-OA
9:45 Church service-TH 10:35 Neighbourhood Time 11:00 You & I-T 2:30 Circle of Friends-CK 3:45 Movie OA	15 Terry Fox Run 12:00 Assisting in dining room 2:45 Neighborhood time 3:30 Group Exercises-OA 3:30 Movie OA 6:15 Ice Cream Social-L	10:00 Nieghbourhood time 11:00 Stepping out T 2:30 Music Therapy OA 3:30 Group Exercises OA 3:45 Movie OA 6:30 BINGO CC	9:00 Musical Moment OA 11:00 Bible Study W/ Pastor Rob -L 2:30 Birthday party-MS 6:30 Active games MS	9:00 Musical Moment OA 11:00 Hymn Sing W/ Pastor Rob -L 12:00 - Ruby Lunch Outing 6:15 Trivia-FC	9:30 Soothing sensations-T 10:00 In the Kitchen-CK 11:00 Stepping out-T 2:30 Residents Council-FC 3:45 Musical Moments-OA	9:30 Soothing sensations-T 10:00 In the Kitchen-CK 11:00 Stepping out-T 2:30 Java Music Club CK 3:45 Movie-OA
9:45 Church service-TH 10:35 Neighbourhood Time 11:00 You & I-T 2:30 Circle of Friends-CK 3:45 Movie OA	12:00 Assisting in dining room 2:00 Neighbourhood time 2:30 Oktoberfest Party-MS 3:30 Group Exercises-OA 3:30 Movie OA 6:15 Ice Cream Social-L	10:00 Nieghbourhood time 11:00 Stepping out T 2:30 Music Therapy OA 3:30 Group Exercises-OA 3:45 Movie OA 6:30 BINGO CC	9:00 Musical Moment OA 11:00 Bible Study W/ Pastor Rob -L 2:30 2:30 Celebration of Life- TH 6:30 Pub Night- MS	9:00 Musical Moment OA 11:00 Hymn Sing W/ Pastor Rob -L 2:30 Neighbourhood time 6:15 Movie Night -FC	9:30 Soothing sensations-T 10:00 In the Kitchen-CK 11:00 Stepping out-T 2:30 Neighbourhood Time 3:45 Musical Moments-OA	9:30 Soothing sensations-T 10:00 In the Kitchen-CK 11:00 Stepping out-T 2:30 For the Fun of Fit-CK 3:45 Movie-OA

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9:45 Church service-TH 10:35 Neighbourhood Time 11:00 You & I-T 2:30 Circle of Friends-CK 3:45 Movie OA

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12:00 Assisting in dining room 2:45 Neighborhood time 3:30 Group Exercises-OA 3:30 Movie-OA 6:15 Ice Cream Social-L

30 National Day for Truth and Reconciliation

10:00 Nieghbourhood time 11:00 Stepping out T 2:30 Music Therapy OA 3:30 Group Exercises-OA 3:45 Movie-OA 6:30 BINGO CC



Schlegel Villages'

We are collecting non-perishable food items and monetary donations. All donations will be given to local food banks across Ontario.



## SEPTEMBER

#### <u>Living In My Today Program</u> <u>Description</u>S

Our emphasis is on developing relationships, while the experience of those living with dementia forms the foundation of The Five Pillars of LIVING in My Today.

#### **The Five Pillars**

Meaningful and Active Engagement; Enjoyable Mealtimes; Empowered Care Partners; Thoughtful Design; Supportive Approaches to Care.

# New Program Descriptions We are now using broad program names on our calendars to maintain flexibility and ensure engagement for all residents. This approach keeps programming dynamic, inclusive, and responsive to the community's evolving needs.

#### PNew Program DescriptionsNeighbourhood

#### <u>Time</u>

 Neighbourhood time sets up shared living spaces with resources to catch resident's attention and invite them to give them a try.

#### **In The Kitchen**

Creates moments of opportunity for reminiscence, learning, and fellowship through its recognition that the kitchen is not only used to prepare and consume food. Replaces; Baking, cooking, etc.

#### **Circle of Friends**

Creates intentional opportunities for residents to cultivate new connections in a supportive environment that promotes shared experiences and camaraderie. Replaces; Tea & Chats, News & Views, etc.

#### **Brains & Banter**

A stimulating and social activity, combining engaging brain games with lively conversation. Replaces; Trivia, Word Games, & Puzzles.

#### **Musical Moments**

Supports residents to engage with music in meaningful ways. Replaces; Music on Demand, Sing-Alongs, etc.

### New Program Descriptions Stepping Out

A guided walk that supports residents to enjoy the outdoors and village community.

Replaces; Walk & Talks, Walks on Main Street,
You & I

Replaces One to One & Friendly Visits
For the Fun of Fit

Fitness activities that focus on having fun and building relationships, while also challenging hand-eye coordination, balance, and range of motion. Replaces; Active Games, Mini Putt, Bean Bag Toss, etc

.Express Yourself
Honours creativity and creates a supportive
env
ironment for residents to explore and expres

ironment for residents to explore and express themselves. Replaces; Crafts or anything creative.

#### **Soothing Sensations**

A program that focuses on sensory enrichment. Replaces; Sensory programming

#### For the Soul

Spiritual programs that connect us to others. Replaces; Spiritual programs, Gratitude Circles, & Joke programs.