

SEPTEMBER

Emma’s Neighbourhood



Please see last page of
calendar for Program
Descriptions.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<div>1</div> <div>9:15 Neighbourhood Time</div> <div>10:30 Circle of Friends</div> <div>1:15 Neighbourhood Time</div> <div>2:15 Manicure Monday</div> <div>3:15 You & I</div>	<div>2</div> <div>10:15 Neighbourhood Time</div> <div>11:15 Garden Time</div> <div>1:15 Neighbourhood Time</div> <div>2:15 In the Kitchen</div> <div>3:15 You & I</div>	<div>3</div> <div>Happy Birthday Emma C!</div> <div>1:15 Neighbourhood Time</div> <div>2:15 Pub Cart & Music</div> <div>3:00 You & I</div> <div>6:15 Movie Night & Treats</div> <div>6:45 Soothing Sensations</div>	<div>4</div> <div>9:15 Neighbourhood Time</div> <div>10:30 BINGO</div> <div>1:15 Neighbourhood Time</div> <div>2:15 Stepping Out</div> <div>3:15 You & I</div>	<div>5</div> <div>9:15 Neighbourhood Time</div> <div>10:30 Musical Moments</div> <div>1:15 Neighbourhood Time</div> <div>2:15 Express Yourself</div> <div>3:15 Soothing Sensations</div>	<div>6</div> <div>10:15 Neighbourhood Time</div> <div>11:00 Circle of Friends</div> <div>1:15 Neighbourhood Time</div> <div>2:15 For the Fun of Fit</div> <div>3:15 You & I</div>
<div>7</div> <div>Grandparents Day</div> <div>1:00 Neighbourhood Time</div> <div>2:00 Virtual Worship Service</div> <div>2:30 BINGO!</div> <div>4:00 Stepping Out</div> <div>6:00 Neighbourhood Time</div> 	<div>8</div> <div>9:15 Neighbourhood Time</div> <div>10:30 Express Yourself</div> <div>1:15 Neighbourhood Time</div> <div>2:15 Manicure Monday</div> <div>3:15 Walking Club</div>	<div>9</div> <div>9:15 Neighbourhood Time</div> <div>10:30 For the Fun of Fit</div> <div>1:15 Neighbourhood Time</div> <div>2:15 Brains & Banter</div> <div>3:00 Emma’s Fitness</div>	<div>10</div> <div>Happy Birthday Cathy M!</div> <div>1:15 Neighbourhood Time</div> <div>2:30 Country Drive (Sign-up with Recreation)</div> <div>6:15 Movie Night & Treats</div> <div>6:45 Soothing Sensations</div>	<div>11</div> <div>9:15 Neighbourhood Time</div> <div>10:30 BINGO</div> <div>1:15 Neighbourhood Time</div> <div>2:15 Stepping Out</div> <div>3:15 You & I</div>	<div>12</div> <div>10:15 Neighbourhood Time</div> <div>11:15 Stepping Out</div> <div>1:15 Neighbourhood Time</div> <div>2:15 Brains & Banter</div> <div>3:00 Emma’s Fitness</div>	<div>13</div> <div>9:15 Neighbourhood Time</div> <div>10:30 Circle of Friends</div> <div>1:15 Neighbourhood Time</div> <div>2:15 In the Kitchen</div> <div>3:15 You & I</div>
<div>14</div> <div>9:15 Neighbourhood Time</div> <div>11:00 Virtual Worship Service</div> <div>1:15 Neighbourhood Time</div> <div>2:00 Hymn Sing</div>	<div>15</div> <div>9:15 Neighbourhood Time</div> <div>10:30 Circle of Friends</div> <div>1:15 Neighbourhood Time</div> <div>2:15 Manicure Monday</div> <div>3:15 Walking Club</div>	<div>16</div> <div>10:15 Neighbourhood Time</div> <div>11:15 Garden Time</div> <div>1:15 Neighbourhood Time</div> <div>2:15 In the Kitchen</div> <div>3:15 You & I</div>	<div>17</div> <div>1:15 Neighbourhood Time</div> <div>2:15 Pub Cart & Music</div> <div>3:00 You & I</div> <div>6:15 Movie Night & Treats</div> <div>6:45 Soothing Sensations</div>	<div>18</div> <div>Happy Birthday Joyce !!</div> <div>9:15 Neighbourhood Time</div> <div>10:30 BINGO</div> <div>1:15 Neighbourhood Time</div> <div>2:15 Stepping Out</div> <div>3:15 You & I</div>	<div>19</div> <div>9:15 Neighbourhood Time</div> <div>10:30 Musical Moments</div> <div>1:15 Neighbourhood Time</div> <div>2:15 Express Yourself</div> <div>3:00 Emma’s Fitness</div>	<div>20</div> <div>10:15 Neighbourhood Time</div> <div>11:00 Circle of Friends</div> <div>1:15 Neighbourhood Time</div> <div>2:15 For the Fun of Fit</div> <div>3:15 You & I</div>

SEPTEMBER

Emma’s Neighbourhood



Please see last page of calendar for Program Descriptions.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>21</div> <div>1:00 Neighbourhood Time</div> <div>2:00 Virtual Worship Service</div> <div>2:30 BINGO!</div> <div>4:00 Stepping Out</div> <div>6:00 Neighbourhood Time</div>	<div>22</div> <div>9:15 Neighbourhood Time</div> <div>10:30 Express Yourself</div> <div>1:15 Neighbourhood Time</div> <div>2:15 Manicure Monday</div> <div>3:15 Walking Club</div>	<div>23</div> <div>9:15 Neighbourhood Time</div> <div>10:30 For the Fun of Fit</div> <div>1:15 Neighbourhood Time</div> <div>2:15 Brains & Banter</div> <div>3:00 Emma’s Fitness</div>	<div>24</div> <div>Happy Birthday Noel L!</div> <div>1:15 Neighbourhood Time</div> <div>2:30 Fall Festival with Entertainment by Zach Ericson</div> <div>6:15 Movie Night & Treats</div> <div>6:45 Soothing Sensations</div>	<div>25</div> <div>9:15 Neighbourhood Time</div> <div>10:30 BINGO</div> <div>1:15 Neighbourhood Time</div> <div>2:15 Stepping Out</div> <div>3:15 You & I</div>	<div>26</div> <div>10:15 Neighbourhood Time</div> <div>11:15 Stepping Out</div> <div>1:15 Neighbourhood Time</div> <div>2:15 Brains & Banter</div> <div>3:00 Emma’s Fitness</div>	<div>27</div> <div>9:15 Neighbourhood Time</div> <div>10:30 Circle of Friends</div> <div>1:15 Neighbourhood Time</div> <div>2:15 In the Kitchen</div> <div>3:15 You & I</div>
<div>28</div> <div>Happy Birthday Lorraine L!</div> <div>9:15 Neighbourhood Time</div> <div>11:00 Virtual Worship Service</div> <div>1:15 Neighbourhood Time</div> <div>2:00 Hymn Sing</div>	<div>29</div> <div>9:15 Neighbourhood Time</div> <div>10:30 Circle of Friends</div> <div>1:15 Neighbourhood Time</div> <div>2:15 Manicure Monday</div> <div>3:15 Walking Club</div>	<div>30</div> <div>National Day for Truth and Reconciliation Orange Shirt Day</div> <div>10:15 Calendar Delivery</div> <div>1:15 Neighbourhood Time</div> <div>2:15 Garden Time</div> <div>3:00 Emma’s Fitness</div>	<div>Schlegel Villages’ FOOD DRIVE</div> <div>We are collecting non-perishable food items and monetary donations. All donations will be given to local food banks across Ontario.</div>			



Outings this Month:

September 10th Country Drive

Enjoy a country drive up to Port Perry and see the sights!

Please see your recreation team members or Neighbourhood Coordinator to sign-up for outings!

SEPTEMBER

Living In My Today Program Descriptions

Our emphasis is on developing relationships, while the experience of those living with dementia forms the foundation of The Five Pillars of LIVING in My Today.

The Five Pillars

Meaningful and Active Engagement;
Enjoyable Mealtimes; Empowered
Care Partners; Thoughtful Design;
Supportive Approaches to Care.

New Program Descriptions

We are now using broad program names on our calendars to maintain flexibility and ensure engagement for all residents. This approach keeps programming dynamic, inclusive, and responsive to the community's evolving needs.

New Program Descriptions Neighbourhood Time

Neighbourhood time sets up shared living spaces with resources to catch resident's attention and invite them to give them a try.

In The Kitchen

Creates moments of opportunity for reminiscence, learning, and fellowship through its recognition that the kitchen is not only used to prepare and consume food. Replaces; Baking, cooking, etc.

Circle of Friends

Creates intentional opportunities for residents to cultivate new connections in a supportive environment that promotes shared experiences and camaraderie. Replaces; Tea & Chats, News & Views, etc.

Brains & Banter

A stimulating and social activity, combining engaging brain games with lively conversation. Replaces; Trivia, Word Games, & Puzzles.

Musical Moments

Supports residents to engage with music in meaningful ways. Replaces; Music on Demand, Sing-Alongs, etc.

New Program Descriptions Stepping Out

A guided walk that supports residents to enjoy the outdoors and village community. Replaces; Walk & Talks, Walks on Main Street, etc.

You & I

Replaces One to One & Friendly Visits

For the Fun of Fit

Fitness activities that focus on having fun and building relationships, while also challenging hand-eye coordination, balance, and range of motion. Replaces; Active Games, Mini Putt, Bean Bag Toss, etc.

Express Yourself

Honours creativity and creates a supportive environment for residents to explore and express themselves. Replaces; Crafts or anything creative.

Soothing Sensations

A program that focuses on sensory enrichment. Replaces; Sensory programming

For the Soul

Spiritual programs that connect us to others. Replaces; Spiritual programs, Gratitude Circles, & Joke programs.