



# AUGUST

Johnston

Legend	Do - Downey	Wr - Wright	L - Library
	Ha - Hagey	C - Chapel	MS - Main Street
	Jo - Johnston	CC - Community Centre	RH - Retirement
	Ma - Matthews	CY - Courtyard	
	Po - Pollock	FC - Fitness Centre	

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div></div> <div><div><div>WILFRED SCHLEGEL</div><div>Day</div><div>Monday, August 4</div></div><div><div></div><div>This day kicks off a month of giving back to the community.</div><div>#WilfredSchlegelDay</div></div></div>					<div>1</div> <div>10:00 Stepping Out 11:00 Let's Color 2:00 Express Yourself Craft 3:30 Banded Strength (FC) 6:30 Crafting Club (CC)</div>	<div>2</div> <div>9:30 Duet Bikes 11:00 Weekend Perks 2:00 Entertainment with Andy (Ma) 3:30 You and Me</div>
<div>3</div> <div>9:00 For the Soul 10:30 Popsicles on the Patio 2:00 Bingo 3:30 Neighbourhood Time</div>	<div>4</div> <div>WILFRED SCHLEGEL DAY 9:30 Let's Color 10:30 Manicures 2:00 Let's Craft 3:30 You &amp; Me 6:30 Game Show Trivia (CC)</div>	<div>5</div> <div>9:30 Rosary (C) 10:00 Stepping Out 2:00 Bingo (MS) 3:15 Hand Therapy (FC) 6:30 In The Kitchen (CC)</div>	<div>6</div> <div>9:15 Art with Sonal 10:30 YMCA Camp (MS) 2:00 PEG Talk: 7 Wonders of the World (C) 3:30 Balance Class (FC) 6:30 Documentary &amp; Popcorn (C)</div>	<div>7</div> <div>Water Day 9:30 Chapel Service (C) 10:30 Deer Hunt (Jo) 11:00 Merry Melodies(C) 12:30 Outing to the Waterloo Farmers Market 1:30 Slip 'N Slide (RH) 6:30 Active Games (MS)</div>	<div>8</div> <div>1:30 Movie and Snacks 3:30 Active Games (FC) 6:30 Crafting Club (CC)</div>	<div>9</div> <div>9:30 Weekend Perks 10:30 Tim Horton's Coffee &amp; Tim Bits 2:00 Entertainment with Jontue (Po) 3:30 Express Yourself</div>
<div>10</div> <div>9:30 Weekend Perks 10:00 For The Soul 2:00 Bingo 3:30 Stepping Out</div>	<div>11</div> <div>10:00 Brains and Banter 10:30 Sit 'N Get Fit 11:00 Express Yourself: Canvas Drip Paintings 2:00 Patio Time 3:30 HIIT (FC) 6:30 Game Show Trivia (CC)</div>	<div>12</div> <div>9:30 Rosary (C) 10:00 Neighbourhood Time 11:00 Word Games 2:00 Bingo (MS) 3:15 Hand Therapy (FC) 6:30 Devotions (CC)</div>	<div>13</div> <div>9:15 Art with Sonal 10:30 YMCA Camp (MS) 2:00 Game Show: Outburst (C) 3:00 You and Me 3:30 Balance Class (FC) 6:30 Games Night (CC)</div>	<div>14</div> <div>9:30 Chapel Service (C) 10:00 Green Thumbs 10:30 Zumba (FC) 11:00 Merry Melodies(C) 2:00 Residents Council (C) 3:00 Puzzle It Out 6:30 Active Games (MS)</div>	<div>15</div> <div>9:30 Stepping Out 11:00 Word Games 2:00 Let's Do a Craft 3:30 Banded Strength (FC) 6:30 Crafting Club (CC)</div>	<div>16</div> <div>9:30 Duet Bikes 11:00 Weekend Perks 2:00 Karaoke Afternoon (Jo)</div>

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>17</b> 9:00 For the Soul 10:30 Corn Husking 2:00 Bingo 3:30 Neighbourhood Time	<b>18</b> 9:30 Stepping Out 10:30 Sit 'N Get Fit 2:00 Manicures 3:30 Total Body Fitness (FC) 6:30 Game Show Trivia (CC)	<b>19</b> 9:30 Rosary (C) 10:30 Express Yourself 2:00 Bingo (MS) 3:15 Hand Therapy (FC) 6:30 In The Kitchen (CC)	<b>20</b> 9:15 Art with Sonal 10:30 YMCA Camp (MS) 2:00 Calendar Planning and Resident Bill of Rights 3:30 Balance Class (FC) 6:30 Games Night (CC)	<b>21</b> 9:30 Chapel Service (C) 10:00 Green Thumbs 10:30 Zumba (FC) 2:00 Pub Afternoon with Hubert (MS) 6:30 Active Games (MS)	<b>22</b> 1:00 Outing To Dairy Queen 3:30 Branded Strength (FC) 4:00 You and Me 6:30 Crafting Club (CC)	<b>23</b> 9:30 Weekend Perks 10:30 Stepping Out 2:00 Entertainment with Jim (Do) 3:30 Let's Color
<b>24</b> 9:30 Weekend Perks 10:00 For The Soul 2:00 Bingo 3:30 You And Me	<b>25</b> 9:30 Duet Bikes 10:30 Sit 'N Get Fit 2:00 In the Kitchen: Homemade Ice Cream Sandwiches 3:30 HIIT (FC) 6:30 Game Show Trivia (CC)	<b>26</b> 9:30 Rosary (C) 10:00 Stepping Out 2:00 Bingo (MS) 3:15 Hand Therapy (FC) 6:30 Devotions (CC)	<b>27</b> 9:15 Art with Sonal 10:30 Corn Husking(MS) 11:30 Let's Color 2:00 Food Committee (Ma) 3:30 Balance Class (FC) 6:30 Games Night (CC)	<b>28</b> <b>10am-3pm</b> <b>10<sup>th</sup> Anniversary Carnival!</b> 9:30 Chapel Service (C) 10:00 Green Thumbs 10:00-3:00 AnniversityCarnival 10:30 Zumba (FC) 11:00 Merry Melodies(C) 6:30 Active Games	<b>29</b> 9:30 Let's Paint 11:00 Stepping Out 1:30 Afternoon at the Movies(C) *CADDY SHACK* 3:30 Active Games(FC) 6:30 Crafting Club (CC)	<b>30</b> 9:30 Weekend Perks 10:30 Manicures & Nail Care 2:00 Games Afternoon (MS) 3:00 Patio Time
<b>31</b> 10:00 For the Soul 11:00 Brain Games 2:00 Bingo 3:30 Neighbourhood Time	<div><div><b>Outings:</b> August 7<sup>th</sup> - St. Jacobs Farmers Market August 22<sup>nd</sup> - Dairy Queen  <b>Your Recreation Team:</b> Full-Time - Debi Part-Time - Julia</div><div><b>Calendar Planning and Resident Bill of Rights</b> We invite you to attend this meeting on your neighbourhood. Learn about your Bill of Rights. Have your input as we plan next month's activities, programs, and outings! Hosted by your Recreation Team Member.</div></div> 