Sunday Monday Tuesday Wednesday **Thursday** Saturday **Friday** 

# AUGUST

## Nelson



9:00 Neighbourhood Time 10:00 Gratis Shoppe-MS 2:00 You and Me 3:00 Musical Moments

9:00 Neighbourhood Time 10:30 In The Kitchen-CC 2:00 Brad Boland-TH 3:00 Stepping Out

# **Watermelon Day**

9:00 Neighbourhood Time 10:00 Movie Matinee- L 11:00 Total Body Fitness 2:15 Church-TH 3:00 In The Kitchen-CC

## **WILFRED SCHLEGEL DAY**

9:00 Neighbourhood Time 10:30 Musical Moments 2:00 Circle of Friends 3:30 For The Fun of Fit

9:00 Neighbourhood Time 11:00 Spiritual Visits 2:00 Soothing Sensations 3:00 Brains and Banter

9:00 Neighbourhood TIme 10:15 Express Yourself 11:15 Fun & Fit 1:30 Music Therapy 2:30 In The Kitchen-CC 3:30 You and Me

9:00 Neighbourhood TIme 10:30 For The Soul 1:15 Horticulture Therapy 2:00 You and Me 3:30 Musical Moments

9:00 Neighbourhood Time 10:00 Brains and Banter 11:15 Line Dancing- FC 2:30 Art Therapy 3:00 Musical Moments

9:00 Neighbourhood Time 10:30 For the Fun of Fit 2:00 You and Me 3:00 Geri Defoe

#### 10

12:00 Neighbourhood Time 2:15 Church-TH 3:30 Express Yourself 6:30 Circle of Friends

#### 11

9:00 Neighbourhood Time 10:30 Mother Goose- TH 2:00 Circle of Friends 3:30 For The Fun of Fit

#### 12

11:00 Spiritual Visits 12:00 Neighbourhood Time 2:00 Soothing Sensations 3:00 Brains and Banter 6:30 You and Me

## 13

9:00 Neighbourhood TIme 10:15 Express Yourself 11:15 Fun & Fit 1:30 Music Therapy 2:30 In The Kitchen 3:30 You and Me

#### **Diner's Club**

### 14

9:00 Neighbourhood TIme 1:15 Horticulture Therapy 2:00 You and Me 3:30 Musical Moments

### 15

9:00 Neighbourhood Time 10:00 Brains and Banter 11:15 Line Dancing- FC 2:30 Art Therapy 3:00 Musical Moments

#### **Tell a Joke Day** 16

9:00 Neighbourhood Time 10:30 In The Kitchen 2:00 Stepping Out 3:00 Zachary Erikson

#### 17

9:00 Neighbourhood Time 10:00 Movie Matinee 11:00 Total Body Fitness 2:00 For The Soul- CC 3:30 You and Me

#### 18

9:00 Neighbourhood Time 10:30 Musical Moments 4:00 You and Me

#### 19 **Beach Day**

12:00 Neighbourhood TIme 2:30 Happy Hour- TH 3:00 Skolnik-TH 4:00 Stepping Out 6:30 You and Me

## **Lemonade Day**

9:00 Neighbourhood Tlme 10:15 Express Yourself 11:15 Fun & Fit 2:30 Bingo-MS 3:30 You and Me

#### 21

9:00 Neighbourhood TIme 10:30 For The Soul 2:00 You and Me 3:30 Musical Moments

#### 22 **Breakfast Club**

9:00 Neighbourhood Time 10:00 Brains and Banter 11:15 Line Dancing- FC 2:30 Art Therapy

#### 23

12:00 Neighbourhood Time 2:00 Circle of Friends 3:00 Musical Moments 6:30 Stepping Out

12:00 Neighbourhood Time 2:00 For The Soul 3:00 Circle of Friends 6:30 Stepping Out

#### 25

9:00 Neighbourhood Time 10:30 Musical Moments 2:00 Circle of Friends 3:30 For The Fun of Fit 6:00 Celebration of Life

### 26

11:00 Spiritual Visits 12:00 Neighbourhood Time 2:00 Williams Cafe Outing 6:30 You and Me

## 27

9:00 Neighbourhood Tlme 10:15 Express Yourself 11:15 Fun & Fit 2:30 Birthday Social-CC 3:30 You and Me

## 28

9:00 Neighbourhood Tlme 10:30 For The Soul 2:00 Carnival - Outfront 3:30 Musical Moments

#### 29

9:00 Neighbourhood Time 10:00 Brains and Banter 11:15 Line Dancing- FC 2:00 You and Me 3:00 Peach Sundae Social- CC

9:00 Neighbourhood Time 10:30 In The Kitchen- CC 2:00 Stepping Out 3:30 Natalie Marie

9:00 Neighbourhood Time 10:00 Movie Matinee- L 2:15 Church-TH 3:30 You and Me

## Legend

CC- Community Center TS-Town Square FC- Fitness Center MS- Main Street - Library

TH- Town Hal

#### **Residents Bill Of Rights**

23. Every Resident Has The Right To Pursue Social, Cultural, Religious, Spiritual Or Other Interests, To Develop His Or Her Potential And To Given Reasonable Assistance By The Licensee To Pursue These Interests And To Develop Their Potential

#### **Note/Announcement:**

Programs subject to change

# AUGUST

## In The Kitchen

2- Ice Cream Sandwich

3- Watermelon

6- Root Beer Float

13- Cookies

30- Tim Hortons Coffee and Timbits

**Popcorn and Movie** 

Popcorn will be provided Movies for the month:

3- Calendar Girls17- Dirty Dancing31- You've Got Mail



## Outings

5- Hutches 2:00pm

15- Scenic Drive 2:00pm

18- Spencer Smith 2:00pm

26- Williams Cafe 2:00pm

