




# SEPTEMBER

Nelson

**Legend**  
CC- Community Center  
TS-Town Square  
FC- Fitness Center  
MS- Main Street  
L- Library  
TH- Town Hall

**Residents Bill Of Rights**  
23. Every Resident Has The Right To Pursue Social, Cultural, Religious, Spiritual Or Other Interests, To Develop His Or Her Potential And To Given Reasonable Assistance By The Licensee To Pursue These Interests And To Develop Their Potential

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>1 Labour Day</b> 9:00 Neighbourhood Time 10:30 Musical Moments 2:00 Circle of Friends 3:30 For The Fun of Fit	<b>2</b> 11:00 Spiriutal Care 1:00 Neighbourhood Time 2:00 You and Me 3:00 In The Kitchen 6:30 Stepping Out	<b>3</b> 9:00 Neighbourhood Time 10:30 Express Yourself 11:15 Fun & Fit 1:30 Music Therapy 2:00 Stepping Out 3:00 Brains and Banter	<b>4</b> 9:00 Neighbourhood Time 10:30 For The Soul 1:15 Horticulture Therapy 2:00 Soothing Sensations 3:00 Brains and Banter	<b>5</b> 9:00 Neighbourhood Time 10:00 Circle of Friends 2:00 Nickelbrook Outing 2:30 Art Therapy 3:30 Musical Moments	<b>6</b> 1:00 Neighbourhood Time 1:30 You and Me 2:30 Bingo- MS 4:00 Stepping Out 6:30 Circle of Friends
<b>7 Grandparents Day</b> 1:00 Neighbourhood Time 2:15 Church- TH 3:30 For The Fun of Fit 6:30 Circle of Friends	<b>8</b> 9:00 Neighbourhood Time 10:30 Mother Goose-TH 2:00 Circle of Friends 3:30 For The Fun of Fit	<b>9</b> 9:00 Neighbourhood Time 11:00 Spiritual Care 2:00 Games Museum Outing 3:30 Stepping Out	<b>10</b> 9:00 Neighbourhood Time 10:30 Express Yourself 11:15 Fun & Fit 1:30 Music Therapy 2:00 Stepping Out 3:00 Brains and Banter	<b>11</b> 9:00 Neighbourhood Time 10:30 For The Soul 1:15 Horticulture Therapy 2:00 Soothing Sensations 3:00 Brains and Banter	<b>12</b> 9:00 Neighbourhood Time 10:00 Circle of Friends 2:30 Geri Defoe- TH 2:30 Art Therapy 3:30 Stepping Out	<b>13</b> 9:00 Neighbourhood Time 10:30 In The Kitchen- CC 2:00 Stepping Out 3:30 Brent M- TH
<b>14 Terry Fox Run</b> 9:00 Neighbourhood Time 10:30 Terry Fox Walk- TS 2:15 Church- TH 3:30 Stepping Out	<b>15 Resident Council Week</b> 9:00 Neighbourhood Time 10:30 Musical Moments 2:30 Karaoke Happy Hour- TH 3:30 For The Fun of Fit	<b>16</b> 11:00 Spiritual Care 1:00 Neighbourhood Time 2:30 Concerts & Care- TH 3:30 Stepping Out 6:30 You and Me	<b>17</b> 9:00 Neighbourhood Time 10:30 Express Yourself 11:15 Fun & Fit 1:30 Music Therapy 2:00 Stepping Out 3:00 Brains and Banter	<b>18</b> 9:00 Neighbourhood Time 10:30 For The Soul 1:15 Horticulture Therapy 2:00 Chai Tea- MS 3:30 You and Me	<b>19</b> 9:00 Neighbourhood Time 10:00 Circle of Friends 2:00 You and Me 2:30 Art Therapy 3:00 Musical Moments	<b>20 Oktoberfest Begins</b> 1:00 Neighbourhood Time 1:30 You and Me 3:00 Ron Tansley- TH 4:00 Stepping Out 6:30 Circle of Friends
<b>21 World Alzheimer's day /</b> 1:00 Neighbourhood Time 2:15 Church- TH 3:30 For The Fun of Fit 6:30 Circle of Friends	<b>22 Rosh hashanah</b> 9:00 Neighbourhood Time 10:30 Musical Moments 2:00 Circle of Friends 3:30 For The Fun of Fit	<b>23 First Day of Autumn</b> 11:00 Spiritual Care 1:00 Neighbourhood Time 2:00 In The Kitchen 3:30 Stepping Out 6:30 You and Me	<b>24 Arts and Aging Day</b> 9:00 Neighbourhood Time 10:30 Brains and Banter 11:15 Fun & Fit 1:30 Music Therapy 2:00 Arts and Aging- MS 3:30 Stepping Out	<b>25 October Fest</b> 9:00 Neighbourhood Time 1:15 Horticulture Therapy 2:00 Wander Duo Perform- TH 3:30 Stepping Out	<b>26</b> 9:00 Neighbourhood Time 10:00 William's Outing 11:15 Line Dancing- FC 2:00 You and Me 2:30 Art Therapy 3:00 Musical Moments	<b>27</b> 9:00 Neighbourhood Time 10:30 Paula French- TH 11:00 Total Body Fitness 2:30 In The Kitchen- CC 3:30 Stepping Out
<b>28</b> 9:00 Neighbourhood Time 10:00 Movie Maitnee- L 11:00 Total Body Fitness 2:15 Church- TH 3:30 Stepping Out	<b>29</b> 9:00 Neighbourhood Time 10:30 Musical Moments 2:00 Circle of Friends 3:00 Birthday Social- CC	<b>30 National Day for Truth and Reconciliation</b> 11:00 Spiritual Care 1:00 Neighbourhood Time 2:00 You and Me 3:00 In The Kitchen 6:30 Stepping Out	 <div>Schlegel Villages'</div> <div>FOOD DRIVE</div> <div>We are collecting non-perishable food items and monetary donations. All donations will be given to local food banks across Ontario.</div> 			

# SEPTEMBER

## In The Kitchen

- 2- Coconut
- 13- Tim Horton's
- 23-Apple Crisp
- 30-Apple Cider & Oven Baked Cookies

## Diner's Club

- 23- Pizza & Wings



## Popcorn and Movie

- Popcorn will be available
- 28- Sweet Home Alabama

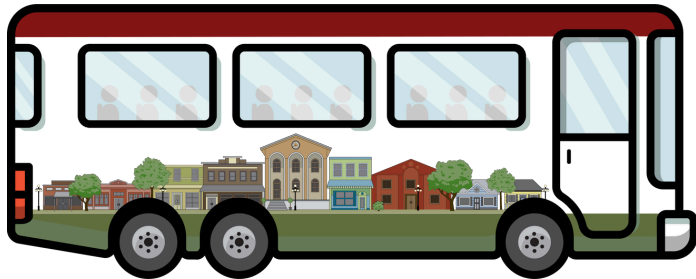


- 29-Birthday Social  
3:00pm



## Outings

- 5- Nickel Brook 2:00pm
- 9- Games Museum 10:00am
- 19- Scenic Drive 2:00pm
- 26- Williams 10:00am



- 6-Bingo  
2:30pm

