SEPTEMBER

Aromatherapy

2:00 Horticulture Therapy

2:30 Apple Cinnamon

3:30 Hand Therapy

11:00 Total Body Fitness

2:00 National Day for Truth &

Feel Free to Wear Orange T-Shirts!

Reconciliation Service (RT)

Newberry

3:00 Neighbourhood Time

11:00 Colour Me Calm

1:45 Java Music (TL)

Trussler (TL) Newbery (NB) Strasburg (SB) Aberdeen (AB) Haysville (HV) Roseville (RV)

Kingsdale (KD)

Sandhills (SH) Waldau (WD Waldau (WD) Eby (EB)

R. Williamb./Becker (WB) Ret Egerton (EG) Ret. Emma (EM)

TC Pinehaven Com Room (PPC) LTC Chapel Room (CR) Ret. Fireside Lounge (FS) Ret. Hobby Room (HR) Ret. Dining Room (RET DR)

We are collecting non-perishable food items and monetary donations.

All donations will be given to local food banks across Ontario.

"Life starts all over again when it gets crisp in the Fall"

rieviserry			Tangsadic (RD)			
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	11:00 Exercises 11:00 Neighbourhood Time 2:00 Horticulture Therapy	10:00 Creative Corner: Apples 11:00 Total Body Fitness (TL) 1:45 Bowling 3:00 Neighbourhood Time	11:00 Neighbourhood Time 2:00 Kathy's Fun Fitness 2:30 This or That: Pick Your Favourite Apple Cider!	10:00 Total Body Fitness 2:00 Gems & Crystals 101 "Exploring Geodes" (TL) 3:00 Neighbourhood Time 6:15 Nail Care	10:15 Exercises (TL) 11:00 Spiritual Moments (TL) 1:45 Patio Time 3:00 Neighbourhood Time	6 10:30 Rosary (PCC) 11:00 You & Me 1:45 Bingo (TL) 3:00 Neighbourhood Time
7 Grandparents Day 10:15 TV Church 10:15 Catholic Mass (DEN) 11:00 Colour Me Calm 2-4 Grandparents Celebration (RET DR)	8 11:00 Exercises 11:00 Neighbourhood Time 2:00 Horticulture Therapy 3:30 Hand Therapy (TL)	9 Timbit Day 10:00 Perk Deliveries 10:30 You & Me 11:00 Total Body Fitness (TL) 1:30 Outing to Apple Farm! 2:00 Billiards Club (TL) 3:00 Neighbourhood Time	11:00 Neighbourhood Time 2:00 TV Zumba 2:00 Brent Mediinger (TL) 3:00 Worship Service (TL)	10:00 Total Body Fitness 1:45 Apple Crisp Social 3:00 Neighbourhood Time 4:30 Make Your Own Pizza!	10:15 Exercises 11:00 Spiritual Moments 1:45 Patio Time 3:00 Neighbourhood Time	11:00 Brains & Banter 1:45 Bingo (TL) 3:00 Neighbourhood Time
14 10:15 TV Church 10:15 Catholic Mass (DEN) 11:00 Colour Me Calm 1:45 Apostolic Hymn Sing (SB) 3:00 Neighbourhood Time	10:00 Neighbourhood Time 11:00 This or That: Pick Your Favourite Apple Dip! Neighbourhood Time 2:00 Horticulture Therapy	10:00 Perk Deliveries 10:30 You & Me 11:00 Total Body Fitness (TL) 1:45 Bowling 3:00 Neighbourhood Time	11:00am Neighbourhood Time 2:00 TV Zumba 3:00 Worship Service (TL)	18 10:00 Total Body Fitness 2:00 Express Yourself 3:00 Neighbourhood Time 3:30 Erin Marie 6:15 Nail Care	19 10:15 Exercises (TL) 11:00 Spiritual Moments (TL) 2-4 Sip and Chat (Cafe) Express Yourself	11:00 Brains & Banter 1:45 Bingo (TL) 3:00 Neighbourhood Time
10:15 TV Church 10:15 Catholic Mass (DEN) 11:00 Colour Me Calm 1:45 Horse Racing 3:00 Neighbourhood Time	11:00 Exercises 11:00 Neighbourhood Time 1:45 Food Council 2:00 Horticulture Therapy	First Day of Fall 10:00 Perk Deliveries 10:30 You & Me 11:00 Total Body Fitness 1:45 Bowling 2:00 Billiards Club (TL) 3:00 Neighbourhood Time	10:00 Hot Apple Cider Social 11:00 Neighbourhood Time 2:00 Kathy's Fun Fitness 3:00 Worship Service (TL)	10:15 Resident Council 10:00 Total Body Fitness 2:00 The Polka King (RET) 3:00 Neighbourhood Time 6:15 Nail Care	10:15 Exercises 11:00 Spiritual Moments 1:45 Patio Time 3:00 Neighbourhood Time	11:00 Brains & Banter 1:45 Bingo (TL) 3:00 Neighbourhood Time
10:15 TV Church 10:15 Catholic Mass (DEN)	11:00 Exercises 1:45 Food Council	30 National Day for Truth and Reconciliation 10:30 You & Me			el Villages'	

SEPTEMBER

September Birthdays Edmund - September 19th Joan - September 25th



<u>Grandparents Day - Sept 7th</u>

Join us in Celebrating **Grandparents in the Retirement Village! There will** be Face Painting, Petting Zoo, **Eric Traplin, and Live Entertainment!**



Spiritual Programs



10:30 Catholic Service September 3 (RV) 10:30 Rosary - September 6 (PH) 10:30 Lutheran - Comm. Sept 10 (PH) 10:30 Protestant Comm - September 24 (PH)

10:30 Weekly Rosary - Thursdays (Worship Room)

National Day for Truth and Reconciliation

Each year, September 30 marks the **National Day for Truth and Reconciliation.** The day honours the children who never returned home and Survivors of residential schools, as well as their families and communities. Public commemoration of the tragic and painful history and ongoing impacts of residential schools is a vital component of the reconciliation process.

September Entertainers

Sept 5th 3:30 Jim Young - Waldau Sept. 9th 2:00 Bob MacLean - Eby Sept. 9th 3:30 Bob MacLean - Roseville Sept. 10th 2:00 Brent Meidinger - Trussler Sept 10th 2:00 Peg Talks - Kingsdale Sept. 12th 2:00 Rick & Lynn - Strasburg Sept 14th 1:30 Hymn Sing - Strasburg Sept. 16th 2:00 The Irregulars - Kingsdale Sept. 18th 2:00 Erin Marie - Aberdeen Sept. 18th 3:30 Erin Marie - Newberry Sept. 19th 2-4 Sip and Chat - Newberry Sept. 22nd 2:00 James Skarnikat - Haysville Sept. 22nd 3:30 James Skarnikat - Sandhills Sept 25th 2:00 King of Polka - Retirement Sept. 27th 2:00 Beth & Cindi - Aberdeen

Outing for September:

September 9th - 1:30-3:30 Martin's Apple Farm

