




SEPTEMBER

Oaklands

Legend
CC—Community Centre
TH—Town Hall
MS— Main Street
TH—Town Hall
SC—Social Club

Residents Bill Of Rights
23. Every Resident Has The Right To Pursue Social, Cultural, Religious, Spiritual Or Other Interests, To Develop His Or Her Potential And To Given Reasonable Assistance By The Licensee To Pursue These Interests And To Develop Their Potential

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Labour Day 9:00 Neighborhood Time 10:30 Express Yourself 2:00 Musical Moments 3:30 For the fun of fit	2 12:00 Neighbourhood Time 2:00 Soothing Sensations 3:30 For the Fun of Fit 4:00 Spiritual Care 6:00 Circle of Friends	3 9:15 Fun & Fit 11:00 Music Therapy 12:00 Neighbourhood Time 2:00 Circle Of friends 3:30 For the fun of fit 6:00 Stepping Out	4 9:00 Neighbourhood Time 10:00 For the Soul 10:30 Horticulture Therapy 2:00 Ice cream Social 3:30 Brain and Banters	5 9:00 Neighbourhood Time 10:30 Brain and Banters 2:00 You and Me 3:30 For the fun of fit	6 9:00 Neighbourhood Time 10:30 In the Kitchen- TH 1:00 Art Therapy 2:00 Stepping Out 3:30 You and Me
7 Grandparents Day 9:30 Neighbourhood Time 10:30 Movie Martine- TH 2:15 Church Service- TH 3:30 You and Me	8 Breakfast Club 8:00 Breakfast Club-CC 10:00 Mother Goose- TH 1:30 You and Me 2:00 Stepping Out	9 9:00 Neighbourhood Time 1:00 Art Therapy 2:00 Games Museum Outing 3:30 You and Me 4:00 Spiritual Service	10 9:15 Fun & Fit 11:00 Music Therapy 12:00 Neighbourhood Time 2:00 Brain and Banter 3:30 For the Fun of Fit 6:00 Stepping Out	11 9:00 Neighbourhood Time 10:30 For the Soul 10:30 Horticulture Thearpy 12:00 Oakland’s BBQ 2:30 Circle Of Friends 3:30 Brain and Banters	12 9:00 Neighbourhood Time 10:30 Brain and Banters 2:30 Geri Defoe- TH 4:00 Stepping Out	13 9:30 Neighbourhood Time 10:30 Circle of friends 2:00 Stepping Out 3:30 Brent M- TH
14 Terry Fox Run 10:30 Terry Fox Run – RH Cafe 12:00 Neighbourhood Time 2:15 Church Service- TH 3:30 For The fun of Fit 6:30 You and Me	15 Resident Council Week 9:00 Neighbourhood Time 10:30 Express Yourself 2:30 Happy Hour Karoka-- TH 3:30 You and Me	16 12:00 Neighbourhood Time 1:00 Art Therapy 2:30 Concert of Care- TH 3:30 You and Me 4:00 Spiritual Service 6:00 Circle Of Friends	17 9:15 Fun & Fit 11:00 Music Therapy 11:00 Neighbourhood Time 2:00 Soothing Sensations 3:30 For the fun of Fit 6:00 Stepping Out	18 9:00 Neighbourhood Time 10:00 For the Soul 10:30 Horticulture Therapy 2:00 Chai Party- MS 3:30 Brain and Banters	19 9:00 Neighbourhood Time 10:30 Brain and Banters 2:00 Soothing Sensation 3:30 For the fun of fit	20 Oktoberfest Begins 9:00 Neighbourhood Time 10:30 Ice Cream sandwich- TH 2:00 Stepping Out 3:00 Ron Tansley- TH
21 World Alzheimer’s Day of Peace 9:30 Neighbourhood Time 10:30 Movie Martine- TH 2:15 Church Service- TH 3:30 You and Me	22 Rosh Hashanah 9:00 Neighbourhood Time 10:30 In the kitchen-CC 2:30 Express Yourself-CC 3:30 Stepping Out	23 First Day of Autumn 12:00 Diner’s Club 1:00 Art Therapy 2:00 Circle of friends 3:30 For the fun of fit 4:00 Spiritual Service 6:00 Stepping Out	24 Art and ageing Day 9:15 Fun & Fit 11:00 Music Therapy 12:00 Neighbourhood Time 2:00 Arts and ageing- MS 3:30 Stepping Out 6:00 Circle of friends	25 9:30 Neighbourhood Time 10:30 Horticulture Therapy 10:30 Stepping Out 2:00 Wander Duo Performs- TH 3:30 You and Me	26 9:00 Neighborhood Time 10:30 Brain and Banters 2:00 Soothing Sensation 3:30 For the fun of fit	27 9:30 Neighbourhood Time 10:15 Total Body Fitness 10:30 Paul French Perform-TH 2:30 Circle Of friends 3:00 You and Me
28 10:00 Total Body Fitness 12:30 Neighbourhood Time 1:30 Stepping Out 2:15 Church Service- TH 6:00 You and Me	29 9:00 Neighbourhood Time 10:30 Express Yourself 3:00 Birthday Social- CC 3:30 You and Me	30 National Day for Truth and Reconciliation 12:00 Neighbourhood Time 1:00 Art Therapy 2:00 Circle of friends 3:30 For the fun of fit 4:00 Spiritual Service 6:00 Stepping Out	 <div><p>Schlegel Villages’</p><h1>FOOD DRIVE</h1><p>We are collecting non-perishable food items and monetary donations. All donations will be given to local food banks across Ontario.</p></div> 			

SEPTEMBER

Pal Programs

Monday

-1:45 Sweat Squad

Tuesday

-10:15 Standing Balance

-1:45 Group Fitness

Thursday

-10:15 Basketball & Ball Toss

-1:45 Yoga

Saturday(Week 1)

-10:15 Tai Chi

Sunday (Week 1)

-1:45 Basketball & Ball Toss

Movie Day

Popcorn will be provided

Movies

7- Willy Wonka

21- Overboard

Express Yourself

22- Fall Leaf Painting

24- Art and Aging

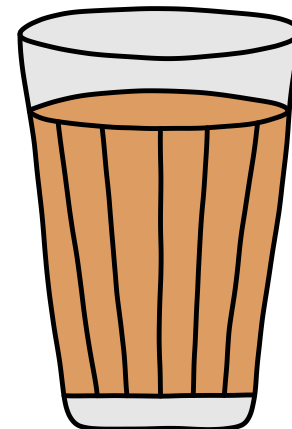
Socials

6- Tim Hortons Social

18- Chai Party

20- Ice cream social

29- Birthday Social



Outings

05- Nickle Brook@ 2pm

09- Games Museum@ 2pm

17 - Halibut House@ 11:30 am

19- Scenic Drive@ 2pm



Breakfast Club

8- Croissant Veggie

Sandwich with Bacon



Diners Club

23- Pizza and Wings

15- Happy Hour Karoke

