

AUGUST

Oaklands



WILFRED
SCHLEGEL

Day

Monday, August 4

This day kicks off a month of giving back to the community.

<div>3</div> <div>Watermelon Day</div> <div>9:30 Neighbourhood Time</div> <div>10:00 Total Body Fitness</div> <div>10:30 Circle Of friends</div> <div>2:15 Church Service- TH</div> <div>3:30 You and Me</div>	<div>4</div> <div>WILFRED SCHLEGEL DAY</div> <div>9:00 Neighbourhood Time</div> <div>10:30 Express Yourself</div> <div>2:30 Root Bear Floats- CC</div> <div>4:00 Stepping Out</div>	<div>5</div> <div>9:00 Neighbourhood Time</div> <div>2:00 Circle Of Friends</div> <div>3:30 For the Fun of Fit</div> <div>4:00 Spiritual Care</div>	<div>6</div> <div>9:15 Fun & Fit</div> <div>11:00 Music Therapy</div> <div>12:30 Neighbourhood Time</div> <div>2:00 Circle Of Friends</div> <div>3:30 For the Fun of Fit</div> <div>6:00 Stepping Out</div>	<div>7</div> <div>9:00 Neighbourhood Time</div> <div>10:00 For the Soul</div> <div>10:30 Horticulture Therapy</div> <div>12:00 Oakland’s BBQ- MS</div> <div>2:00 Circle of Friends</div> <div>3:30 Brain and Banters</div>	<div>1</div> <div>9:00 Neighbourhood Time</div> <div>10:00 Gratis Shoppe – MS</div> <div>2:00 Soothing Sensation</div> <div>3:30 For the fun of fit</div>	<div>2</div> <div>12:00 Neighbourhood Time</div> <div>2:00 Stepping Out</div> <div>3:00 Brad Boland TH</div> <div>6:00 Circle Of Friends</div>
<div>10</div> <div>9:30 Neighbourhood Time</div> <div>10:30 Movie Martine- TH</div> <div>2:15 Church Service- TH</div> <div>3:30 You and Me</div>	<div>11</div> <div>9:00 Neighbourhood Time</div> <div>10:30 Mother Goose- TH</div> <div>2:00 Musical moment</div> <div>3:30 For the Fun of Fit</div> <div>4:00 You and Me</div>	<div>12</div> <div>12:30 Neighbourhood Time</div> <div>2:00 You and Me</div> <div>3:00 For the Fun of Fit</div> <div>4:00 Spiritual Care</div> <div>6:00 Musical Moments</div>	<div>13</div> <div>9:15 Fun & Fit</div> <div>11:00 Music Therapy</div> <div>12:30 Neighbourhood Time</div> <div>2:00 Circle of Friends</div> <div>3:30 For the Fun of Fit</div> <div>6:00 Stepping Out</div>	<div>14</div> <div>9:00 Neighbourhood Time</div> <div>10:30 Horticulture Therapy</div> <div>2:00 Circle of Friends</div> <div>3:30 Brain and Banters</div>	<div>8</div> <div>9:00 Neighbourhood Time</div> <div>10:30 Stepping Out</div> <div>11:15 Line Dancing - FC</div> <div>2:00 Soothing Sensation</div> <div>3:30 For the fun of fit</div>	<div>9</div> <div>9:00 Neighbourhood Time</div> <div>1:00 Art Therapy</div> <div>10:30 In the Kitchen- CC</div> <div>2:00 Stepping Out</div> <div>3:00 Geri Defoe Performs – TH</div>
<div>17</div> <div>9:30 Neighbourhood Time</div> <div>10:30 Circle of Friends</div> <div>11:00 Total Body Fitness</div> <div>2:15 Church Service- TH</div> <div>3:30 Stepping Out</div>	<div>18</div> <div>9:00 Neighbourhood Time</div> <div>10:30 Express Yourself</div> <div>2:00 Musical moment</div> <div>3:30 For the Fun of Fit</div> <div>4:00 You and Me</div>	<div>19</div> <div>Beach Day</div> <div>12:30 Neighbourhood Time</div> <div>2:00 Circle Of Friends</div> <div>3:00 Happy Hour/David Skolnik –TH</div> <div>6:00 Musical Moments</div>	<div>20</div> <div>Lemonade Day</div> <div>9:15 Fun & Fit</div> <div>12:30 Neighbourhood Time</div> <div>2:30 Bingo- MS</div> <div>3:30 Stepping Out</div> <div>6:00 Circle of Friends</div>	<div>21</div> <div>9:00 Neighbourhood Time</div> <div>10:00 For the Soul</div> <div>2:00 Circle Of Friends</div> <div>3:30 Brain and Banters</div>	<div>15</div> <div>9:00 Neighbourhood Time</div> <div>10:30 Stepping Out</div> <div>11:15 Line Dancing - FC</div> <div>2:00 Soothing Sensation</div> <div>3:30 For the fun of fit</div>	<div>16</div> <div>Tell a Joke Day</div> <div>12:00 Neighbourhood Time</div> <div>1:00 Art Therapy</div> <div>2:00 Stepping Out</div> <div>3:00 Zach Erikson Performs – TH</div> <div>6:00 Circle Of Friend</div>
<div>24</div> <div>9:30 Neighbourhood Time</div> <div>10:30 Movie Martine-TH</div> <div>2:15 For The Soul</div> <div>3:30 You and me</div>	<div>25</div> <div>9:00 Neighbourhood Time</div> <div>10:30 Express Yourself</div> <div>2:00 Musical moment</div> <div>3:30 For the Fun of Fit</div> <div>4:00 You and Me</div>	<div>26</div> <div>12:30 Neighbourhood Time</div> <div>2:00 Circle Of Friends</div> <div>3:30 For the Fun of Fit</div> <div>4:00 Spiritual Care</div> <div>6:00 Musical Moments</div>	<div>27</div> <div>9:15 Fun & Fit</div> <div>12:30 Neighbourhood Time</div> <div>2:30 Birthday Social- CC</div> <div>3:30 Stepping Out</div> <div>6:00 You and Me</div>	<div>28</div> <div>9:00 Neighbourhood Time</div> <div>10:00 For the Soul</div> <div>2:00 Summer Carnival- Patio</div> <div>3:30 Brain and Banters</div>	<div>22</div> <div>9:00 Neighbourhood Time</div> <div>10:30 Stepping Out</div> <div>11:15 Line Dancing - FC</div> <div>2:00 Soothing Sensation</div> <div>3:30 For the fun of fit</div>	<div>23</div> <div>9:00 Neighbourhood Time</div> <div>1:00 Art Therapy</div> <div>10:30 Popsicle Social- CC</div> <div>2:00 Stepping Out</div> <div>3:00 Musical Moments- TH</div>
<div>31</div> <div>9:30 Neighbourhood Time</div> <div>10:30 Circle Of friends</div> <div>11:00 Total Body Fitness</div> <div>2:15 Church Service- TH</div> <div>3:30 You and Me</div>						<div>30</div> <div>12:00 Neighbourhood Time</div> <div>2:00 Stepping Out</div> <div>3:00 Natalie Marie Performs – TH</div> <div>6:00 Circle Of Friends</div>



Legend

CC—Community Centre

TH—Town Hall

MS– Main Street

TH—Town Hall

FC—Fitness Centre

Residents Bill Of Rights

23. Every Resident Has The Right To Pursue Social, Cultural, Religious, Spiritual Or Other Interests, To Develop His Or Her Potential And To Given Reasonable Assistance By The Licensee To Pursue These Interests And To Develop Their Potential

Note/Announcement:

Programs Subject To Change

AUGUST

Pal Programs

Monday

-1:45 Sweat Squad

Tuesday

-10:15 Standing Balance

-1:45 Group Fitness

Thursday

-10:15 Basketball & Ball Toss

-1:45 Yoga

Saturday(Week 1)

-10:15 Tai Chi

Sunday (Week 1)

-1:45 Basketball & Ball Toss



Movie Day

Popcorn will be provided

Movies

10- Happy Gilmore

24- Happy Gilmore 2



Socials

4-Rootbear Float

9- Tim Horton's Social

23- Popsicle Social

27- Birthday Social

29- Peach Sunday Social



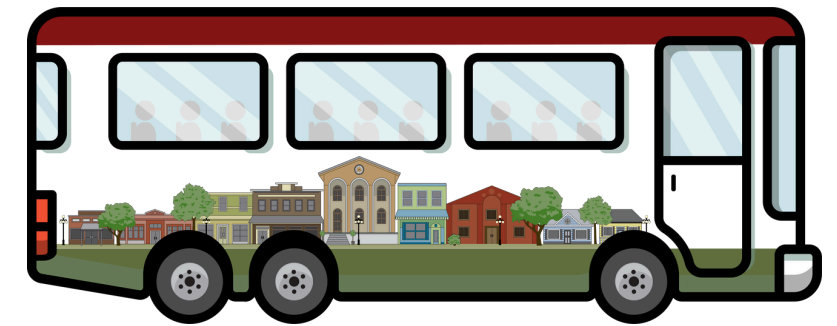
Outings

05-Hutch's Ice Cream

15 - Scenic Drive

21-Splitsville Bowling

26- Williams Cafe



Diner's Club

Greek Food

Happy Hour

19- Happy Hour/ Beach Day Party

20- Bingo

28- Summer Carnival

