

SEPTEMBER

PAL

Legend

E - Eby
N - Newberry
T - Trussler
STR - Strasburg
A - Aberdeen

R - Roseville
K - Kingsdale
S - Sandhills
W - Waldau
H - Haysville



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Labour day	2 10:00 Total Body Fitness - STR 11:00 Total Body Fitness - T 3:30 Total Body Fitness - E	3 10:00 Total Body Fitness - A 3:00 Total Body Fitness - K 3:30 Taichi - H	4 10:00 Total Body Fitness - N 11:00 Fun and Fitness - H 3:30 Taichi - STR	5 10:00 Total Body Fitness - R 11:00 Total Body Fitness - S 2:45 Hand Therapy - STR 3:30 Fun and Fitness - W	6
7 Grandparents Day	8 10:00 Total Body Fitness - K 11:00 Total Body Fitness - S 3:00 Fun and Fitness - A 3:00 Fun and Fitness - R 3:30 Hand Therapy - T	9 10:00 Total Body Fitness - STR 11:00 Total Body Fitness - T 3:30 Total Body Fitness - E	10 10:00 Total Body Fitness - A 3:00 Total Body Fitness - K 3:30 Taichi - H	11 10:00 Total Body Fitness - N 11:00 Fun and Fitness - H 3:30 Taichi - STR	12 10:00 Total Body Fitness - R 11:00 Total Body Fitness - S 2:45 Hand Therapy - A 3:30 Fun and Fitness - W	13
14	15 10:00 Total Body Fitness - K 11:00 Total Body Fitness - S 3:30 Hand Therapy - E 3:00 Fun and Fitness - A 3:00 Fun and Fitness - R	16 10:00 Total Body Fitness - STR 11:00 Total Body Fitness - T 3:30 Total Body Fitness - E	17 10:00 Total Body Fitness - A 3:00 Total Body Fitness - K 3:30 Taichi - H	18 11:00 Fun and Fitness - H 3:30 Taichi - STR	19 10:00 Total Body Fitness - R 11:00 Total Body Fitness - S 2:45 Hand Therapy - K 3:30 Fun and Fitness - W	20
21	22 10:00 Total Body Fitness - K 11:00 Total Body Fitness - S 2:45 Hand Therapy - H 3:00 Fun and Fitness - A 3:00 Fun and Fitness - R	23 10:00 Total Body Fitness - STR 11:00 Total Body Fitness - T 3:30 Total Body Fitness - E	24 10:00 Total Body Fitness - A 3:00 Total Body Fitness - K 3:30 Taichi - H	25 10:00 Total Body Fitness - N 11:00 Fun and Fitness - H 3:30 Taichi - STR	26 10:00 Total Body Fitness - R 11:00 Total Body Fitness - S 2:45 Hand Therapy - STR 3:30 Fun and Fitness - W	27
28	29 10:00 Total Body Fitness - K 11:00 Total Body Fitness - S 3:00 Fun and Fitness - A 3:00 Fun and Fitness - R 3:30 Hand Therapy - N	30 National Day for Truth and Reconciliation 10:00 Total Body Fitness - STR 11:00 Total Body Fitness - T 3:30 Total Body Fitness - E	 Schlegel Villages' FOOD DRIVE We are collecting non-perishable food items and monetary donations. All donations will be given to local food banks across Ontario. 			