

# SEPTEMBER

## Perry Neighbourhood

### Legend

TH—Town Hall

MS– Main Street

FC - Fitness Centre

L—Library

C - Court Yard

CK- Country Kitchen

OA- Open Area




T- Traveling

P- Parlour

● — Outing

◆ —Resident Run Program

■ — Off the Neighbourhood

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>1</b> PM Neighbourhood Time  PM In the kitchen - CK  PM Ice Cream Social - L	<b>2</b> PM Neighbourhood Time  PM Manicures-OA  PM Stepping Out- T 6:30 Bingo-FC	<b>3</b> PM Neighbourhood Time  2:30pm Apple Pie Social - MS  PM Fun of Fit - OA	<b>4</b> <b>Cheese Pizza Day</b> AM Neighbourhood Time  11:00 AM Pizza Pick-up  PM Musical Moments - OA	<b>5</b> AM You and I - T  PM Neighbourhood Time  PM Java Music - CK	<b>6</b> PM Neighbourhood Time  PM Express Yourself  PM Soothing sensations
<b>7</b> <b>Grandparents Day</b> PM Neighbourhood Time  2:30pm Grandparents Day Entertainment- MS  PM Brains and Banter	<b>8</b> PM Neighbourhood Time  2:30pm Walmart Outing  PM Ice Cream Social - L	<b>9</b> PM Neighbourhood Time  PM Stepping Out - T  PM Soothing Sensations - P 6:30 Musical Moments - FC	<b>10</b> PM Neighbourhood Time  2:30 Musical Entertainment- MS  PM Fun of Flt - OA	<b>11</b> PM Neighbourhood Time  2:30 Mexican Heritage Month Entertainment- MS  6:15pm Movie Night - FC	<b>12</b> PM Neighbourhood Time  PM In The Kitchen  PM Musical Moments - OA	<b>13</b> PM Neighbourhood Time  2:30pm Monthly Birthday Party- MS  PM You and I - T
<b>14</b> 9:45 Church service-FC  2:30pm Sunday Social - L  PM For the Soul	<b>15</b> <b>Terry Fox Run</b> PM Neighbourhood Time  2:30pm Country Drive  PM Ice Cream Social - L	<b>16</b> PM Neighbourhood Time  PM Musical Moments - OA  PM You and I - T	<b>17</b> 11:00 Bible Study W/ Pastor Rob -L PM Neighbourhood Time PM Brains and Banter PM Fun of Fit	<b>18</b> PM Neighbourhood Time  PM Manicures - T  6:15pm Trivia - FC	<b>19</b> PM Neighbourhood Time 2:30pm Residents Council PM Gardening/ Court Yard Clean up - C PM Virtual Zoo Tour	<b>20</b> PM Neighbourhood Time  PM Express Yourself  PM Circle of Friends
<b>21</b> 9:45 Church service-FC  2:30 pm Neighbourhood Time PM Sunday Social - L PM Circle of Friends	<b>22</b> PM Neighbourhood Time  2:30 Oktoberfest Entertainment  PM Ice Cream Social - L	<b>23</b> PM Neighbourhood Time  10am- 2pm WindReach Outing  PM You and I	<b>24</b> <b>Arts &amp; Aging Day</b> 11:00 Bible Study W/ Pastor Rob -L PM Neighbourhood Time 2:30pm Celebration of Life 6:30pm Pub Night	<b>25</b> PM Neighbourhood Time  PM Circle of Friends - OA  6:15pm Movie Night- FC	<b>26</b> PM Neighbourhood Time  PM Express Yourself  PM Soothing Sensations	<b>27</b> PM Neighbourhood Time  2:30 Trivia - FC  PM Movie Night - OA
<b>28</b> 9:45 Church service-FC  2:30pm Sunday Social - L  PM For the Soul - T	<b>29</b> PM Neighbourhood Time  PM Fun of Fit - OA  PM Ice Cream Social - L	<b>30</b> <b>National Day for Truth and Reconciliation</b> PM Neighbourhood Time  PM Indigenous Stories - P  PM You and I - T 6:30 Bingo-FC	 <div><p>Schlegel Villages'</p><h1>FOOD DRIVE</h1><p>We are collecting non-perishable food items and monetary donations. All donations will be given to local food banks across Ontario.</p></div> 			

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## Living In My Today Program Descriptions

Our emphasis is on developing relationships, while the experience of those living with dementia forms the foundation of The Five Pillars of LIVING in My Today.

### The Five Pillars

Meaningful and Active Engagement;  
Enjoyable Mealtimes;  
Empowered Care Partners;  
Thoughtful Design;  
Supportive Approaches to Care.

### New Program Descriptions

We are now using broad program names on our calendars to maintain flexibility and ensure engagement for all residents. This approach keeps programming dynamic, inclusive, and responsive to the community's evolving needs.

## New Program Descriptions Neighbourhood Time

- Neighbourhood time sets up shared living spaces with resources to catch resident's attention and invite them to give them a try.

### In The Kitchen

Creates moments of opportunity for reminiscence, learning, and fellowship through its recognition that the kitchen is not only used to prepare and consume food. Replaces; Baking, cooking, etc.

### Circle of Friends

Creates intentional opportunities for residents to cultivate new connections in a supportive environment that promotes shared experiences and camaraderie. Replaces; Tea & Chats, News & Views, etc.

### Brains & Banter

A stimulating and social activity, combining engaging brain games with lively conversation. Replaces; Trivia, Word Games, & Puzzles.

### Musical Moments

Supports residents to engage with music in meaningful ways. Replaces; Music on Demand, Sing-Alongs, etc.

## New Program Descriptions Stepping Out

A guided walk that supports residents to enjoy the outdoors and village community. Replaces; Walk & Talks, Walks on Main Street, etc.

### You & I

Replaces One to One & Friendly Visits

### For the Fun of Fit

Fitness activities that focus on having fun and building relationships, while also challenging hand-eye coordination, balance, and range of motion. Replaces; Active Games, Mini Putt, Bean Bag Toss, etc.

### Express Yourself

Honours creativity and creates a supportive environment for residents to explore and express themselves. Replaces; Crafts or anything creative.

### Soothing Sensations

A program that focuses on sensory enrichment. Replaces; Sensory programming

### For the Soul

Spiritual programs that connect us to others. Replaces; Spiritual programs, Gratitude Circles, & Joke programs.