SEPTEMBER

Strasburg

Trussler (TL) Newbery (NB) Strasburg (SB) Aberdeen (AB) Roseville (RV) Kingsdale (KD) Sandhills (SH) Waldau (WD Waldau (WD) Haysville (HV) Eby (EB)

R. Williamb./Becker (WB) **Ret Egerton (EG)** Ret. Emma (EM)

LTC Pinehaven Com Room (PPC) LTC Chapel Room (CR) **Ret. Fireside Lounge (FS)** Ret. Hobby Room (HR) **Ret. Dining Room (RET DR)**

Autumn... the year's last, loveliest smile

Tilligadic (ID)						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 10:00 Exercise 10:30 Word Games 1:30 Art Group 2:00 Spiritual Moments 3:00 Planting Friendships 3:00 Neighbourhood Time	10:00 Total Body Fitness 11:00 Church 1:30 Nail Care 3:00 Raise Your Voice 6:15 Neighbourhood Time	9:45 Exercise with Kathy 11:00 Hymn Sing 1:30 Horse Racing 3:00 Horticulture Therapy 3:00 Neighbourhood Time	9:45 Chime Choir 10:15 Music Therapy 11:00 Exercise 1:30 Bingo 2:00 Exploring Geodes on TL 3:30 Tai Chi	10:00 Exercise 10:30 Bowling 1:30 Apple Cider Social 2:45 Hand therapy 3:00 Neighbourhood Time	10:00 Exercise 10:30 Bingo 1:30 Making Cinnoman Rolls 2:30 Patio Chats 3:30 Pet Visits 3:30 Neighbourhood Time
7 Grandparents Day 10:00 Exercise 10:30 TV Church 11:00 Java Music 2:00 Grandparents Event Fun Activities and Snacks 3:00 Neighbourhood Time	8 10:00 Exercise 10:30 Word Games 1:30 Art Group 2:00 Spiritual Moments 3:00 Planting Friendships 3:00 Neighbourhood Time	9 Timbit Day 10:00 Total Body Fitness 11:00 Church 1:30 Nail Care 3:00 Book Discussion Group With Wine & Cheese 6:15 Neighbourhood Time	9:45 Exercise with Kathy 11:00 Hymn Sing 1:30 Resident Meeting 3:00 Horticulture Therapy 3:00 Neighbourhood Time	9:45 Chime Choir 10:15 Music Therapy 11:00 Exercise 1:30 Bingo 3:00 Neighbourhood Time 3:30 Tai Chi	10:00 Exercise 10:30 Bowling 1:30 Apple Trivia & Apple Chips 3:00 Neighbourhood Time	13 10:00 Exercise 10:30 Bingo 1:30 Word Games 2:30 Patio Chats 3:30 Pet Visits 3:30 Neighbourhood Time
14 10:00 Exercise 10:30 TV Church 11:00 Java Music 1:30 This or That: Pick Your Chip! 3:00 Neighbourhood Time	10:00 Exercise 10:30 Word Games 1:30 Art Group 2:00 Spiritual Moments 3:00 Planting Friendships 3:00 Neighbourhood Time	10:00 Total Body Fitness 11:00 Church 1:30 Nail Care 3:00 Raise Your Voice 6:15 Neighbourhood Time	9:45 Exercise with Kathy 11:00 Hymn Sing 1:30 Horse Racing 3:00 Horticulture Therapy 3:00 Neighbourhood Time	9:45 Chime Choir 10:00 Chime Choir Concert 11:00 Exercise 1:30 Bingo (living Rm) 1:30 Foodie Friends (Pasta) 3:30 Tai Chi	10:00 Exercise 10:30 Bowling 1:30 Apple Treats 3:00 Neighbourhood Time	10:00 Exercise 10:30 Bingo 1:30 Word Games 2:30 Patio Chats 3:30 Pet Visits 3:30 Neighbourhood Time
10:00 Exercise 10:30 TV Church 11:00 Java Music 1:30 Walks Outdoors 3:00 Neighbourhood Time	10:00 Exercise 10:30 Word Games 1:30 Art Group 2:00 Spiritual Moments 3:00 Planting Friendships 3:00 Neighbourhood Time	First Day of Fall 10:00 Total Body Fitness 11:00 Word Games 1:30 Nail Care 1:30 Fall Social with Apple Crisp 6:15 Neighbourhood Time	9:45 Exercise with Kathy 11:00 Hymn Sing 1:30 Horse Racing 3:00 Horticulture Therapy 3:00 Neighbourhood Time	9:45 Chime Choir 10:15 Music Therapy 11:00 Exercise 1:30 Bingo 3:30 Tai Chi	26 10:00 Exercise 10:30 Bowling 1:30 Afternoon Movie & Snack 2:45 Hand therapy 3:00 Neighbourhood Time	2:30 Patio Chats 3:30 Pet Visits 3:30 Neighbourhood Time
78	20 1:45 Food Council Meeting	an National Day for Truth				

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10:00 Exercise 10:30 TV Church 11:00 Java Music 1:30 Walks Outdoors 3:00 Neighbourhood Time

10:00 Exercise 10:30 Word Games 1:30 Art Group 2:00 Spiritual Moments 3:00 Planting Friendships 3:00 Neighbourhood Time

29 1:45 Food Council Meeting 30 National Day for Truth and Reconciliation

10:00 Total Body Fitness 11:00 Word Games 1:30 Nail Care 3:00 Raise Your Voice 6:15 Neighbourhood Time



Schlegel Villages'

We are collecting non-perishable food items and monetary donations. All donations will be given to local food banks across Ontario.



SEPTEMBER



10:30/Catholic Service September 3 (RV) 10:30 Rosary - September 6 (Worship Room LTC) 10:30 Luthern Comm- September 10 (PH) 10:30 Protestant Communion - September 24 (PH)



Join us for a fun afternoon of entertainment and activities on September 7th



Reconciliation

Each year, September 30 marks the National Day for Truth and Reconciliation.

The day honours the children who never returned home and Survivors of residential schools, as well as their families and communities. Public commemoration of the tragic and painful history and ongoing impacts of residential schools is a vital component of the reconciliation process.

Wear an Orange T-Shirt To show Your Support

September Entertainers

Sept. 5th 3:30 Jim Young - Waldau

Sept. 7th Grandparents Event 2-4 RET

Sept. 9th 2:00 Bob MacLean - Eby

Sept. 9th 3:30 Bob MacLean - Roseville

Sept. 10th 2:00 Brent Meidinger - Trussler

Sept. 10th 2:00 Pegtalks - Kingsdale

Sept. 12th 2:00 Rick & Lynn - Strasburg

Sept 14th 1:30 Apostolic Hymn Sing - Strasburg

Sept 16th 2:00 Ilregulars - Kingsdale

Sept. 18th 2:00 Erin Marie - Aberdeen

Sept. 18th 3:30 Erin Marie - Newberry

Sept. 19th 2-3:30 Sip & Chat - Strasburg

Sept. 22nd 2:00 James Skarnikat - Haysville

Sept. 22nd 3:30 James Skarnikat - Sandhills

Sept 25th 2:00 King of Polka Walter Ostanek -RT

Sept. 29th 9:30 - 12:00 Truth & Recon. Service

Outing for September
Walmart on September

