# AUGUST

Wright

Legend

Do - Downey Ha - Hagey

Jo - Johnston

Wr - Wright C - Chapel CC - Community Centre

CY - Courtyard

FC - Fitness Centre

MS - Main Street RH - Retirement

L - Library

Ma - Matthews Po - Pollock



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	WILFRE SCHLEG  Monday, August	10:00 Bingo 11:15 Patio Time 1:00 Bowling 2:30 Brains and Banter 3:30 Banded Strength (FC) 6:30 Crafting Club (CC)	10:00 Daily Perk 10:00 Sun Shine Club 2:00 Entertainment with Andy (Ma) 3:30 You and Me			
10:00 For the Soul 11:00 You and Me 2:00 In the Kitchen 3:00 Circle of Friends	4 WILFRED SCHLEGEL DAY  1:00 Balloon Badminton  2:00 You and Me  3:00 Card Bingo  6:30 Game Show Trivia (CC)	9:15 Art with Sonal 9:30 Rosary (C) 2:00 Bingo (MS) 3:30 Manicure 3:15 Hand Therapy (FC) 6:30 In The Kitchen (CC)	10:30 YMCA Camp (MS) 10:30 Sit 'N Get Fit 2:00 PEG Talk: 7 Wonders of the World (C) 3:30 Balance Class (FC) 6:30 Documentary & Popcorn (C)	9:30 Chapel Service (C) 10:30 Deer Hunt (Jo) 11:00 Merry Melodies (C) 1:30 Slip 'N Slide (RH) 6:30 Active Games (MS)	8 10:00 Bingo - Matthews 10 - 3pm Outing 3:30 Active Games (FC) 6:30 Crafting Club (CC)	9:30 Neighbourhood Time 10:30 Sunshine Club 2:00 Entertainment with Jontue (Po) 3:30 You and Me

3:00 Circle of Friends										

# 10

10:00 For the Soul 11:00 Bean Bag Toss 1:30 Card Bingo 3:00 Patio Time

#### 11

10:00 Green Thumbs 11:00 Card Bingo 2:00 Duet Bikes 3:30 HIIT (FC) 6:30 Game Show Trivia (CC

# 12

9:15 Art with Sonal 9:30 Rosary (C) 2:00 Bingo (MS) 3:00 Manicure 3:15 Hand Therapy (FC) 6:30 Devotions (CC)

# 13

10:30 YMCA Camp (MS) 10:30 Sit 'N Get Fit 2:00 Game Show: Outburst (C) 3:00 Brains and Banter 3:30 Balance Class (FC) 6:30 Games Night (CC)

# 14

9:30 Chapel Service (C) 10:30 Zumba (FC) 11:00 Merry Melodies (C) 2:00 Residents Council (C) 6:30 Active Games (MS)

#### 15

10:00 Bingo 1:00 Outing 2:00 Patio Time 3:30 You and Me 6:30 Crafting Club (CC)

# 16

10:00 Daily Perk 10:30 Sunshine Club 2:00 Karaoke Afternoon (Jo) 3:30 You and Me

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:00 For the Soul 11:00 Corn Husking 2:00 In the Kitchen 3:00 Circle of Friends	10:00 Green Thumbs 1:30 Stepping Out 3:00 Card Bingo 3:30 Total Body Fitness (FC) 6:30 Game Show Trivia (CC)	9:15 Art with Sonal 9:30 Rosary (C) 2:00 Bingo (MS) 3:30 Manicurers 3:15 Hand Therapy (FC) 6:30 In The Kitchen (CC)	10:30 YMCA Camp (MS) 10:30 Sit 'N Get Fit 2:00 Card Games 3:00 Manicures & Nail Care 3:30 Balance Class (FC) 6:30 Games Night (CC)	9:30 Chapel Service (C) 10:30 Zumba (FC) 2:00 Pub Afternoon with Hubert (MS) 3:30 Neighbourhood Time 6:30 Active Games (MS)	10:00 Bingo - Matthews 11:15 Stepping Out 2:00 Uno 3:00 Short stories 3:30 Banded Strength (FC) 6:30 Crafting Club (CC)	9:30 Neighbourhood Time 10:30 Sunshine Club 2:00 Entertainment with Jim (Do) 3:30 You and Me
10:00 For the Soul 11:00 Balloon Badminton 1:30 Card Bingo 3:00 Proverbs	10:00 Bowling 11:00 Express Yourself 10:00 Green Thumbs 1:30 Stepping Out 3:30 HIIT (FC) 6:30 Game Show Trivia (CC	9:15 Art with Sonal 9:30 Rosary (C) 2:00 Bingo (MS) 3:15 Hand Therapy (FC) 3:30 Manicures 6:30 Devotions (CC)	10:30 Corn Hushing (MS) 10:30 Sit 'N Get Fit 11:00 You and Me 2:00 Food Committee (Ma) 2:30 Brains and Banter 3:30 Balance Class (FC) 6:30 Games Night (CC)	10am-3pm 10 <sup>th</sup> Anniversary Carnival! 9:30 Chapel Service (C) 10:30 Zumba (FC) 11:00 Merry Melodies (C)	10:00 Bingo 1:00 Stepping Out 2:30 Resident Bill of Rights and Calendar Planning Meeting 3:30 Hang Calendars 3:30 Active Games (FC) 6:30 Crafting Club (CC)	10:00 Daily Perks 10:30 Sunshine Club 2:00 Games Afternoon (MS) 3:30 Patio Time

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10:00 For the Soul 11:00 You and Me 2:00 In the Kitchen 3:00 Circle of Friends

#### **Outings:**

August 8<sup>th</sup> - Dollar Store and Halibut Fish & Chips August 15<sup>th</sup> - Fishing

#### **Your Recreation Team:**

Full-Time - Tiffany Part-Time - Deepinder

# **Calendar Planning and Resident Bill of Rights**

We invite you to attend this meeting on your neighbourhood. Learn about your Bill of Rights. Have your input as we plan next month's activities, programs, and outings!

Hosted by your Recreation Team Member.

