




# SEPTEMBER

Brant

Legend  
P- Patio  
TH—Town Hall  
CC- Community Centre  
TS—Town Square  
SC—Social Club

Residents Bill Of Rights  
23. Every Resident Has The Right To Pursue Social, Cultural, Religious, Spiritual Or Other Interests, To Develop His Or Her Potential And To Given Reasonable Assistance By The Licensee To Pursue These Interests And To Develop Their Potential

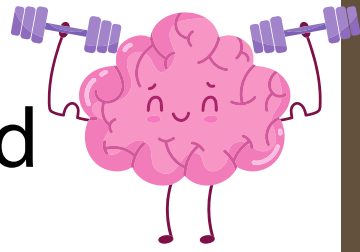
**Note/Announcement:**  
Programs are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>1 Labour day</b> 11:00 Spiritual Care 12:00 Neighbourhood Time 2:00 Soothing Sensations 3:30 Brains and Banter 6:00 You and Me	<b>2</b> 9:00 Neighborhood Time 10:30 Musical Moments 2:00 You and Me 3:30 Express Yourself	<b>3</b> 9:00 Neighbourhood Time 10:30 For The Soul 1:00 Total Body Fitness 2:00 Stepping Out 2:30 Music Therapy 3:30 Circle of Friends	<b>4</b> 9:00 Neighbourhood Time 10:30 Brains and Banter 11:15 Fun & Fit 1:30 Spiritual Care 3:00 For The Fun of Fit 3:00 Horticulture Therapy	<b>5</b> 12:00 Neighborhood Time 2:00 Soothing Sensations 3:30 brains and banter 6:00 circle of friends	<b>6</b> 9:00 Neighbourhood Time 10:30 In The Kitchen-CC 2:30 Bingo- TH 3:00 Art Therapy 4:00 Stepping Out
<b>7 Grandparents Day</b> 9:00 Neighborhood Time 10:30 Movie Matinee- TH 2:15 Church—TH 3:30 Stepping Out	<b>8</b> 8:00 Breakfast Club 10:30 Mother goose 11:00 Spiritual Care 12:00 Neighbourhood Time 2:00 Soothing Sensations	<b>9</b> 9:00 Neighborhood Time 2:00 Soothing Sensations 3:00 Art Therapy 3:30 Stepping Out	<b>10</b> 9:00 Neighbourhood Time 10:30 For The Soul 1:00 Total Body Fitness 2:00 Stepping Out 2:30 Music Therapy 3:30 Circle of Friends	<b>11</b> 9:00 Neighbourhood Time 10:30 Brains and Banter 11:15 Fun & Fit 1:30 Spiritual Care 3:00 For The Fun of Fit 3:00 Horticulture Therapy	<b>12</b> 12:00 Neighborhood Time 2:30 Geri defoe-TH 3:30 brains and banter 6:00 circle of friends	<b>13</b> 12:00 Neighborhood Time 2:00 stepping out 3:30 Brent M- TH 6:00 Circle of Friends
<b>14 Terry Fox Run</b> 9:00 Neighborhood Time 10:30 Terry Fox Walk- RH Circle 2:15 Church—TH 3:30 In the kitchen	<b>15</b> 11:00 Spiritual Care 12:00 Neighbourhood Time 2:30 Happy Hour karaoke-TH 3:30 Brains and Banter 6:00 You and Me	<b>16</b> 9:00 Neighborhood Time 10:30 Express Yourself 2:30 Concerts in Care- TH 3:00 Art Therapy 3:30 Stepping Out	<b>17</b> 9:00 Neighbourhood Time 10:30 For The Soul 1:00 Total Body Fitness 2:00 Stepping Out 2:30 Music Therapy 3:30 Circle of Friends	<b>18</b> 9:00 Neighbourhood Time 10:30 Brains and Banter 11:15 Fun & Fit 2:00 Chai Party- MS 3:00 Horticulture Therapy	<b>19</b> 12:00 Neighborhood Time 2:00 In the Klitchen 3:30 You and Me 6:00 circle of friends	<b>20 Oktoberfest Begins</b> 9:00 Neighbourhood Time 10:30 In the Klitchen-CC 2:00 Stepping Out 3:00 Ron Tansley Performs- TH
<b>21 World Alzheimer's Day/ International Day of Peace</b> 9:00 Neighborhood Time 10:30 Movie Matinee- TH 2:15 Church—TH 3:30 Stepping Out	<b>22 Rosh Hashanah</b> 11:00 Spiritual Care 12:00 Neighbourhood Time 2:30 Express Yourself-CC 3:30 Brains and Banter 6:00 You and Me	<b>23 First day of Autum</b> 9:00 Neighborhood Time 10:30 Musical Moments 12:00 Pizza and Wings 2:00 You and Me 3:00 Art Therapy 3:30 For the Fun of Fit	<b>24 Art and Aging Day</b> 9:00 Neighbourhood Time 10:30 For The Soul 1:00 Total Body Fitness 2:00 Art and Aging- MS 2:30 Music Therapy 3:30 Circle of Friends	<b>25</b> 9:00 Neighbourhood Time 11:15 Fun & Fit 2:00 David Skolnik Performs- TH 3:00 Horticulture Therapy	<b>26</b> 12:00 Neighborhood Time 2:00 In the Klitchen 3:30 You and Me 6:00 circle of friends	<b>27</b> 10:30 Paula French Performs- TH 12:00 Neighborhood Time 2:00 Circle of Friends 3:30 Stepping out 6:00 Circle of Friends
<b>28</b> 9:00 Neighborhood Time 10:30 Musical Moments 2:15 Church—TH 3:30 In the kitchen	<b>29</b> 12:00 Neighbourhood Time 2:00 Soothing Sensations 3:00 Birthday Social-CC 3:30 Spiritual Care 6:00 You and Me	<b>30 National Day for Truth and Reconciliation</b> 9:00 Neighborhood Time 10:30 Musical Moments 2:00 Express Yourself 3:00 Art Therapy 3:30 Stepping Out	 <div><p>Schlegel Villages'</p><h1>FOOD DRIVE</h1><p>We are collecting non-perishable food items and monetary donations. All donations will be given to local food banks across Ontario.</p></div> 			

# SEPTEMBER

Monday

- 1:45 Sweat Squad



Tuesday

- 10:15 Standing Balance
- 1:45 Group Fitness

Thursday

- 10:15 Basketball & Ball Toss

- 1:45 Yoga

Saturday (Week 1)

- 10:15 Tai Chi

Sunday (Week 1)

- 1:45 Basketball & Ball Toss

## Socials

6- Tim Hortons Social

6- Bingo Game

18-Chai Party

20- Smoothie in the kitchen

29-Birthday Social

## Art and Craft

22- Fall leaves Painting

24- Art and Aging

## Movie Day

Popcorn will be provided  
Movies

07- Secondhand Lions

21- Overboard



## Outing

5-Nickelbrook Outing

9- Games Museum

17-Halibut House

19-Scenic Drive

## Breakfast Club

8- Crossiant Veggie Sandwich with Bacon

## Diners Club

23- Pizza and Wings

## Happy Hour

15-Karoke

