SEPTEMBER

Williamsburg & Becker

Legend

C—Chapel

TH—Town Hall

MF- Main Floor

TS—Town Square SC—Social Club

FE—Front Entrance L—Library

JPL — Jack Purcell Lounge

EM—Emma's

HS—Hobby Shop

FC—Fitness Centre

BP— Back Patio

MFC — Main Floor Café PC—Patio Courtyard

Outing/Sign Up —Resident Run Program — Entertainment

September is **Hunger Action** Month!

William Barg & Beeker			Se Social Club Si E Sacki arceli Edange				
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	1 Labour Day 10:15 Colour Me Calm HS 10:30 Catholic Communion C 1:30 Java Music Club L 2:30 Euchre SC ◆ 3:00 Arbour Ladies Legacy L 7:30 Music on Monday: "Frank Sinatra, Live at Madison Square Gardens" TH No Fitness Classes Today	2 10:15 Docuseries: "Canada: The Story of Us" TH 10:30 Piano w/ Karen G. TS 2:30 Art Hour: Fall Mosaics HS 2:45-4:00 Meet & Greet w/ MP Dominique O'Rourke MFC 3:00 Praying the Rosary C 3:30 Stretch Class FC 3:30 Tech Help - Call ext. 811 7:30 Fireside Chat TH 7:30 Trivia HS	9:30 VON Exercises FC 10:15 Standing Get Active FC 10:30 Meeting of the Minds TH 2:00 Sitting Get Active FC 2:30 Rummikub SC 3:00 Happy Hour MFC 3:00-4:00 Simple Alterations w/ Maria HS 2:30 & 7:30 Movie: "Whiskey Galore" TH	10:15 Giant Crossword L 10:30 Bible Study C 10:30 Cribbage SC ◆ 2:30 TV Series: "Cranford" TH 3:00 Outside Walks MFC 3:00 Yarning for a Cause L 7:30 Bingo HS Barb's Produce 9-1 FE	9:30 VON Exercise FC 10:30 Movie Crew Meeting HS 12:00 Outing: Pizzeria Motola FE 2:30 Entertainment: "Grace Cowley" TH 2:30 Euchre SC 7:30 Movie: "Grumpy Old Men" TH	10:15 Word Mining HS 11:15 Target Practice FC 1:30 Activity Package Pick-up HS 2:30 Movie: "My Best Friend's Wedding" TH 3:00 Happy Hour MFC	
7 Grandparents' Day 10:00 Open Art Studio HS 10:15 Giant Crossword L 11:00 DrumFIT Exercise FC 1:30 Shake Loose a Memory HS 3:00 Chapel Service C 3:45 Grandparents' Day Bingo MFC 4:00 Sunday Series "Waiting for God" TH	10:00 Better Balance FC 10:30 Catholic Communion C 11:00 Outing: Stockyard Brewing FE	9 U Wear It Well 10-2 TS 10:15 Docuseries: "Canada: The Story of Us" TH 10:15 Men's Conversation Connection C 2:30 Film of Faith: "The Perfect Race" TH 2:30 Bake Sale Prep: Chocolate Chip Cookies 3:30 Tech Help - Call ext. 811 7:30 Fireside Chat TH 7:30 Trivia HS	Guelph Food Bank Bake Sale 10-12 TS 9:30 VON Exercises FC 10:30 Meeting of the Minds TH 2:30 Rummikub SC 3:00 Happy Hour MFC 3:00-4:00 Simple Alterations w/ Maria HS 3:00-4:00 Bookmobile FE 2:30 & 7:30 Movie: "Unforgiven" TH	11 10:00 Chair Yoga w/ Mary FC 10:15 Giant Crossword L 10:30 Bible Study C 10:30 Cribbage SC ◆ 2:30 Movie: "Come From Away" TH 3:00 Outside Walks MFC 3:00 Yarning for a Cause L 7:30 Bingo HS Barb's Produce 9-1 FE	9:30 VON Exercise FC 2:30 Entertainment: Bellevegas Jazz Guitarist "Don Moore" TH 2:30 Hand Therapy HS 2:30 Euchre SC 7:30 Movie: "The Score" TH	13 10:15 Word Mining HS 11:15 Target Practice FC 1:30 Activity Package Pick-up HS 2:30 Movie: "Raising Arizona" TH 2:45 Parallel Bars Balance FC 3:00 Happy Hour MFC 7:30 Comedy Hour TH"	
10:00 Open Art Studio HS 10:00 Terry Fox Walk FE 10:30 Terry Fox Documentary: "30 for 30: In the Wind" TH 11:00 DrumFIT FC 1:30 Shake Loose a Memory HS 3:00 Chapel Service C 3:30 Fellowship MFC 4:00 Sunday Series "Waiting for God" TH	15 Residents' Council Week 10:00 Better Balance FC 10:15 Colour Me Calm HS 1:30 Java Music Club L 2:00 Sitting Get Active FC 10:30 Catholic Communion C 2:30 Euchre SC 7:30 Entertainment: "The Staccatos" TH	10:15 Docuseries: "Canada: The Story of Us" TH 10:30 Piano w/ Karen G. TS 1:30 Outing: Elements Casino Elora FE 2:30 GATHER Group -Support for Grief and Loss L 3:30 Stretch Class FC 7:30 Fireside Chat TH 7:30 Trivia HS	17 Creations Boutique 10-2 HS 9:30 VON Exercises FC 10:15 Standing Get Active FC 10:30 Meeting of the Minds TH 2:00 Sitting Get Active FC 2:30 Rummikub SC ◆ 2:30 Residents' Council TH 3:00-4:00 Simple Alterations w/ Maria HS 3:30 Happy Hour MFC 7:30 Movie: "Runaway Jury" TH	18 VBA Food Drive Begins 10:00 Chair Yoga w/ Mary FC 10:15 Garden Cleanup HS 10:30 Bible Study C 10:30 Cribbage SC ◆ 2:30 TV Series: "Cranford" TH 3:00 Outside Walks MFC 3:00 Birthday Party HS 3:00 Yarning for a Cause L 7:30 Bingo HS Barb's Produce 9-1 FE	9:30 VON Exercise FC 10:00 Outing: Royal Botanical Gardens FE 2:30 Hand Therapy HS 2:30 Euchre SC 3:00 Armchair Travels: Bob Paul's Trip to Antarctica TH 7:30 Movie: "A Fish Called Wanda" TH	10:15 Word Mining HS 11:15 Target Practice FC 1:30 Activity Package Pick-up HS 2:30 Movie: "Calendar Girls" TH 2:45 Parallel Bars Balance FC 3:00 Happy Hour MFC	

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— Outing/Sign up—Resident Run Program— Entertainment

Recreation programs are subject to change, date, time, and location.

For the most up-to-date schedule, please see the Today Boards posted on Main Street.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
21 World Alzheimer's Day -	22 First Day of Autumn &	23	24 Arts & Aging Day -	25 VBA Food Drive Ends	26	27
See Resource Table TS	Rosh Hashana	10:15 Docuseries: "Canada:	Village Art Show 10-4 TH	10:15 Giant Crossword HS	9:30 VON Exercise FC	10:15 Word Mining HS
10:00 Open Art Studio HS	10:00 Better Balance FC	The Story of Us" TH	9:30 VON Exercises FC	10:30 Bible Study C	2:30 Hand Therapy HS	11:15 Target Practice FC
10:15 Giant Crossword L	10:30 Catholic Communion C	10:15 Men's Conversation	10:15 Standing Get Active FC	10:30 Cribbage SC 🔷	3:00 Destination Café: British	1:30 Activity Package
11:00 DrumFIT FC	2:00 Sitting Get Active FC	Connection C	10:30 Meeting of the Minds SC	2:30 Entertainment: Marilyn	Columbia MFC	Pick-up HS
1:30 Shake Loose a	2:00-4:00 Autumn Fair TS	3:00 Autumn Celebration of	2:00 Sitting Get Active FC	Reist & Muriel Clemmer TH	2:30 Euchre SC 🔷	2:30 Parallel Bars Balance FC
Memory HS	2:30 Euchre SC 🔷	Life TH	2:30 Rummikub SC 🔷	3:00 Outside Walks MFC	2:30 & 7:30 Movie: "Ocean's	3:00 Happy Hour MFC
3:00 Chapel Service C	7:30 Music on Monday:	3:30 Stretch Class FC	3:00-4:00 Simple Alterations	3:00 Yarning for a Cause L	11" TH	7:30 Comedy Hour TH
3:30 Fellowship MFC	"Tchaikovsky: Violin Pieces" TH	7:30 Fireside Chat TH 🔷	w/ Maria HS	7:30 Bingo HS		
4:00 Sunday Series "Waiting		7:30 Trivia HS	3:00-4:00 Bookmobile FE	Barb's Produce 9-1 FE &		
for God" TH			7:30 Movie: "Roman	Suzanne M. Jewelry 10-3 TS		
l .		Nelly's Comforts Shoes 11-4 TS	Holiday" TH			

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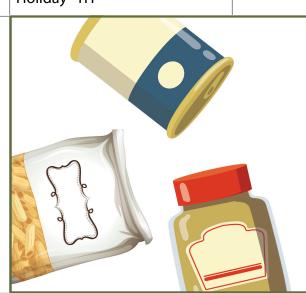
10:00 Open Art Studio HS
10:15 Giant Crossword L
11:15 DrumFIT FC
1:30 Shake Loose a
Memory HS
3:00 Chapel Service
3:30 Fellowship MFC
4:00 Sunday Series "Waiting for God" TH

National Coffee Day

10:00 Better Balance FC
10:15 Specialty Coffee MFC
10:30 Catholic Communion C
2:00 Get Active (Seated) FC
2:30 Euchre SC ◆
2:30 Help Mobility Virtual
Reality Experience TH
3:00 Arbour Ladies Legacy L
7:30 Music on Monday: "Bobby
Darin Live in Concert" TH

30 National Day for Truth and Reconciliation

10:15 Documentary:
"WaaPaKe (Tomorrow)" TH
2:30 Truth & Reconciliation
Conversation Webinar TH
2:30 Art Hour: Indigenous
Dot Art HS
3:30 Stretch Class FC
3:30 Tech Help - Call ext. 811
7:30 Fireside Chat TH
7:30 Trivia HS



FOOD DRIVE

We are collecting non-perishable food items and monetary donations.

All donations will be given to local food banks across Ontario.



Outings:

Pizzeria Motola - *Friday, September 5th at 12:00 PM FE*Stockyard Brewery - *Monday, September 8th at 11:00 AM FE*Elements Casino Elora - *Tuesday, September 16th at 1:30 PM FE*Royal Botanical Gardens - *Friday, September 19th at 10:00 AM FE*

Shopping Shuttle:

Thursdays at 10:00 AM and 2:00 PM at the Front Entrance **PLEASE NOTE:** The Thursday, September 11th shopping shuttle has been rescheduled to Wednesday, September 10th.

*Please sign-up outside of Hobby Shop for all Outings/Shuttles

Monthly Meetings:

Movie Crew Meeting - *Friday, September 5th at 10:30 AM in HS*Outings Meeting - *Monday, September 8th at 3:30 PM HS*Residents' Council Meeting - *September 17th at 2:30 PM TH**No Food Committee Meeting this month

Recreation Contact:

atwilliamsburgrec@schlegelvillages.com or ext. 811

New & Returning Programs:

Open Art Studio - A peaceful, drop-in program where residents can paint, sketch, or craft and explore their creativity independently. Supplies available. *Sundays from 10:00 AM - 12:00 PM HS*

Seniors' Fireside Chat - A resident-led discussion group where participants gather each week to share thoughts, stories, and perspectives on a variety of topics in a warm and welcoming setting. *Tuesdays at 7:30 PM TH*