

OCTOBER

Aberdeen



Legend

Trussler (TL)
Newbery (NB)
Strasburg (SB)
Aberdeen (AB)
Roseville (RV)
Kingsdale (KD)

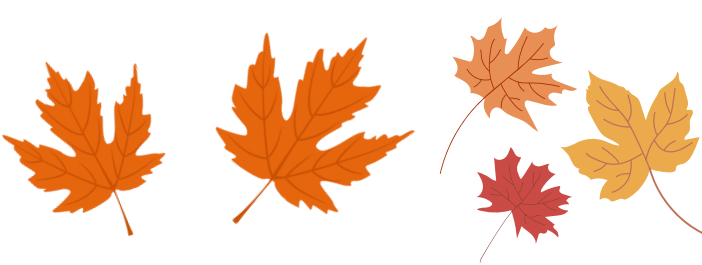
Sandhills (SH)
Waldau (WD)
Waldau (WD)
Haysville (HV)
Eby (EB)

William Becker (WB)
Ret Egerton (EG)
Ret. Emma (EM)

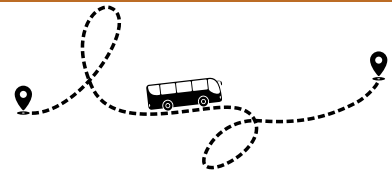
LTC Pinehaven Com Room (PPC)
LTC Chapel Room (CR)
Ret. Fireside Lounge (FS)
Ret. Hobby Room (HR)
Ret. Dining Room (RET DR)

Note/Announcement:

See Back for more information.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 10:00 Total Body Fitness -PAL 10:30 RC Mass RV 1:45 Chime Choir 2:15 Music Therapy 3:00 Spiritual Moments	2 10:15 In the Kitchen 2:00 Bingo 3:30 Neighborhood Time 3:30 Stepping Out	3 10:15 Exercises 11:00 Brains & Banter 2:00 Church 2;45 Hand Therapy - PAL 3:00 Stepping Out	4 10:15 Bingo 10:30 Rosary PHCC 2:00 Euchre 3:30 Pet Therapy
5 10:00 RC TV Church 10:15 TV Church 2:00 Manicures 3:30 Neighbourhood Time	6 10:15 Exercises 11:00 Brains & Banter 1:30 Resident Neighbourhood Meeting 3:00 Fun & Fitness Physio	7 Oktoberfest 1:30 Stepping Out 1:45 Horticulture 3:00 Scattergories 6:15 Oktoberfest Social Ret 	8 10:00 Total Body Fitness PAL 1:45 Chime Choir 2:00 Peg Talks 2:15 Music Therapy 3:00 Spiritual Moments	9 10:15 Bingo 2:00 Afternoon Music with Kevin Coates 3:30 Neighborhood Time	10 10:15 Exercises 11:00 Brains & Banter 2:00 Stepping Out 2:30 Memorial Service RET DR	11 10:15 Bingo 2:00 Bowling 3:30 Pet Therapy 3:30 Neighbourhood Time
12 10:00 RC TV Church 10:15 TV Church 11:00 Mindful Movement 2:00 Manicures 3:30 You & Me 	13 Thanksgiving 10:15 Exercises 11:00 Brains & Banter 2:00 Thanksgiving Day Social 3:30 Neighbourhood Time	14 Timbit Day 1:30 Stepping Out 1:45 Horticulture 2:00 Timbit Social 2:45 Fall RIA Concert 6:15 Bingo	15 10:00 Total Body Fitness PAL 1:45 Chime Choir 2:15 Music Therapy 3:00 Spiritual Moments	16 10:15 In the Kitchen 2:00 Bingo 3:30 Neighborhood Time 3:30 For the fun of fit "Bean Bag Toss"	17 10:15 Exercises 11:00 Brains & Banter 1:30 Country Drive 2:00 Church 3:00 Stepping Out	18 10:15 Bingo 2:00 Scattergories 3:30 Pet Therapy 3:30 Neighbourhood Time
19 8:30 Breakfast Club 10:00 RC TV Church 10:15 TV Church 1:30 Apostolic Hymn Sing 1:30 Manicures	20 Diwali 10:15 Exercises 11:00 Brains & Banter 2:00 Games Corner 3:00 Fun & Fitness Physio	21 1:30 Stepping Out 1:45 Horticulture 2:45 Fall RIA Concert 6:15 UNO	22 10:00 Total Body Fitness PAL 1:45 Chime Choir 2:15 Music Therapy 2:15 Express Yourself 3:00 Spiritual Moments	23 10:15 In the Kitchen 11:00 Neighbourhood Time 2:00 Bingo 3:30 For the Fun of Fit	24 10:15 Exercises 11:00 Brains & Banter 2:00 Church 2:45 Hand Therapy - PAL	25 10:15 Bingo 2:30 Halloween Trick-or-Treat 3:30 Pet Therapy 3:30 Stepping Out 
26 10:00 RC TV Church 10:15 TV Church 11:00 Mindful Movement 1:30 Manicures 3:00 Pumpkin Painting	27 10:15 Exercises 11:00 Brains & Banter 1:45 Food Committee PHCC 3:00 Fun & Fitness Physio	28 1:30 Stepping Out 1:45 Horticulture 2:45 Fall RIA Concert 6:15 Euchre	29 10:00 Total Body Fitness PAL 1:30 Walmart Outing 1:45 Chime Choir 2:15 Music Therapy 3:00 Spiritual Moments	30 10:15 Residents Council PHCC 2:00 Bingo 3:30 Neighborhood Time 3:30 For the Fun of Fit 	31 Halloween 10:15 Exercises 11:00 Brains & Banter 2:00 Church 2:30 Halloween Social 	

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Outings

Friday October 17th
1:30pm

Fall Country Drive
Please sign up with Jeremy

Walmart Outing
Wed October 29th

1:30 - 4:00pm
Please sign up with Valerie

Spiritual



Catholic Comm 10:30am Oct 1st (RV)
Rosary 10:30 Oct 4th (PHCC)
Lutheran Comm 10:30 Oct 8th (PHCC)
Celebration of Life 2:30 Oct 10th (RET DR)
Church w/ Kathleen 2:30pm Oct 19th (JS)
Diwali Celebration 10:30 am Oct 20th (SC LTC)
Protestant Comm 10:30 Oct 22nd (PHCC)
Church Service w/ Royal 2:30 Oct 26th (JS)
Weekly Rosary Thursdays 10:30 (SC LTC)
Weekly Hymn Sing Wed 11:00 (SB)
Dawali Celebration Oct 20th (SC LTC)

Resident Meetings

VAT Committee 10:30am
3rd Tuesday of Month
Ret Library

Aberdeen Resident Meeting
October 6th at 1:30pm

Food Committee
Oct 27th at 1:45pm -PHCC

Residents Council Oct 30th
at 10:15am - PHCC



Annemarie October 27th

October Entertainers

Oct 2nd 6:15 Tom Denomme- Haysville

Oct 6th 2:00 Dynamic Duo-Haysville

Oct 6th 3:30 Dynamic Duo- Sandhills

Oct 7th 7:00 Transylvania

Hofbrau Band RH DR

Oct 8th 2:00 PegTalks - Strasburg

Oct 9th 2:00 Kevin Coates- Aberdeen

Oct 9th 3:30 Kevin Coates- Newberry

Oct 15th 2:00 Lilian - Trussler

Oct 15th 3:30 Lilian - Kingsdale

Oct 16th 6:15 Tom Denomme - Kingsdale

Oct 19th 1:30 Apostolic Hymn Sing

Oct 24th 2:00 Jontue- Strasburg

Oct 24th 3:30 Jontue - Waldau

Oct 27th 2:00 Sing Out w/ Beth & Cindy -
Strasburg

Oct 28th 2:00 Erin Marie - Eby

Oct 28th 3:30 Erin Marie - Roseville

Oct 29th 6:15 Tom Denomme - Trussler

