



# OCTOBER

Arthur

- Legend**  
(C) Cafe  
(L) Library  
(E) Erin Neighbourhood  
(A) Arthur Neighbourhood
- (FC) Fitness Centre  
(PR) Plant Room  
(RH) Retirement Home  
(P) Pond  
(G) Community Garden

**Recreation**  
Full Time: Kawal  
Part Time: Jaspreet

**Neighbourhood Coordinator**  
Dylan P

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<b>1 National Coffee Day</b> 10:00 Sit N Get Fit 10:30 Songbirds Choir (C) 1:30 Calendar Visits 2:15 Tim Hortons Social 3:15 Community Garden visits 6:15 Documentary Night	<b>2</b> 9:30 St. Jacob's Market Trip 10:00 Sit N Get Fit 11:00 Art with Sonal 2:00 Hymn Sing with Brenda 2:45 Soccer 3:30 Exercise Class (FC)	<b>3 World Smile Day</b> 9:45 Neighbourhood Time 10:30 Rosary Prayer (L) 2:15 Share a Smile Activity 3:30 Bean bag toss 6:30 Bingo (E)	<b>4</b> 10:30 Hand Therapy (FC) 1:15 Neighbourhood Time 2:00 General Store Visits 3:15 Calendar Planning 6:15 Movie and Popcorns
<b>5</b> 11:00 Church Service (E) 1:15 Neighbourhood Time 2:00 Cooking Club 6:15 Documentary Night 7:00 Hymn Sing (RH)	<b>6</b> 10:15 Exercise with Kawal 11:00 Neighbourhood Choir 2:00 Circle of Voices Group(L) 2:00 Crafty Corner (C) 3:00 Ring Toss 6:30 Bingo (E)	<b>7</b> 10:00 Sit N Get Fit 1:00 1:1 Music with Danielle 2:00 3D Painting on Canvas 3:30 Outside Walks 6: 15 Trivia	<b>8</b> 10:00 Sit N Get Fit 10:30 Songbirds Choir (RH) 1:15 Neighbourhood Time 2:00 Discussion Group (L) 3:30 Ball Toss 6:15 Movie Night	<b>9</b> 10:00 Sit N Get Fit 2:00 Hymn Sing with Brenda 2:00 Birthday Party with Dave Thierry (C) 3:30 Exercise Class (FC)	<b>10</b> 9:45 Neighbourhood Time 10:30 Catholic Mass (L) 11:15 Word Games 2:00 Wood Working Club 6:30 Bingo (E)	<b>11</b> 10:30 Hand Therapy (FC) 1:15 Neighbourhood Time 2:00 Hand Massages 3:30 Board games 6:15 Jenga
<b>12</b> 11:00 Church Service (E) 1:15 Neighbourhood Time 2:30 Baking 3:45 Baking social 6: 15 Trivia	<b>13 Thanksgiving</b> 9:45 Neighbourhood Time 10:30 Neighbourhood Choir 11:00 Plant Club 2:00 Crafty Corner (L) 3:00 Hockey Shots 6:30 Bingo (E)	<b>14 Bookmobile 3-4</b> 10:00 Sit N Get Fit 10:30 Aidan Purnell Live (C) 1:00 Music with Danielle 2:30 Residents' Council (L) 2:30 Outdoor Walks	<b>15</b> 10:00 Sit N Get Fit 10:30 Songbirds Choir Concert 1:15 Downey's Apple Farm Trip 6:15 Travelogue: California	<b>16</b> 10:00 Sit N Get Fit 11:00 Art with Sonal 2:00 Hymn Sing with Brenda 2:45 Bowling 3:30 Exercise Class (FC)	<b>17</b> 9:45 Neighbourhood Time 11:00 Darts 2:00 Art & Craft 3:00 Thinking games 6:30 Bingo (E)	<b>18</b> 9:45 Neighbourhood Time 10:30 Cooking Club (Pasta) 2:00 Word Search Contest 2:00 Soccer 2:45 Word Games
<b>19</b> 10:00 Neighbourhood Time 11:00 Church Service (E) 2:00 Halloween Decorating 7:00 Hymn Sing (RH)	<b>20 Diwali</b> 10:15 Exercise with Kawal 11:00 Plant Club 11:00 Neighbourhood Choir 11:00 Catholic Communion (L) 2:00 Diwali celebration 6:30 Bingo (E)	<b>21</b> 10:00 Sit N Get Fit 1:00 1:1 Music with Danielle 2:00 Oktoberfest decoration 3:00 Community garden visit 7:00 Oktoberfest Party with Hofbrau Band (RH)	<b>22</b> 10:00 Sit N Get Fit 10:30 Songbirds Choir (RH) 1:15 Neighbourhood Time 2:00 Baking 3:30 Baked goods social 6:15 Jenga	<b>23</b> 10:00 Sit N Get Fit 11:00 Art with Sonal 2:00 Hymn Sing with Brenda 2:00 Halloween Decorating (C) 3:30 Exercise Class (FC)	<b>24</b> 9:45 Neighbourhood Time 10:30 Java Music 2:00 Hand Massages 2:45 Walk and Talk 6:30 Bingo (E)	<b>25</b> 9:45 Neighbourhood time 10:30 Ring Toss 10:30 Hand Therapy (FC) 2:00 Community Trick or Treat
<b>26</b> 9:45 Neighbourhood time 11:00 Church Service (E) 2:00 Hand massages 3:30 Outside walks	<b>27</b> 10:15 Exercise with Kawal 11:00 Plant Club 11:00 Neighbourhood Choir 2:00 Crafty Corner (C) 2:30 Food Committee (L) 6:30 Bingo (E)	<b>28 Bookmobile 3-4</b> 9:00 Walmart Shopping 10:00 Sit N Get Fit 11:00 Trivia 1:00 Music with Danielle 2:00 Bowling 3:00 Aqua Painting	<b>29</b> 10:00 Sit N Get Fit 10:30 Songbirds Choir (C) 1:15 Neighbourhood Time 2:30 Church Service (RH) 3:15 Balloon Volleyball 6:15 Scarecrow making	<b>30</b> 10:00 Sit N Get Fit 11:00 Art with Sonal 2:00 Hymn Sing with Brenda 2:45 Ladder Ball 3:30 Exercise Class (FC)	<b>31 Halloween</b> 9:45 Neighbourhood time 10:30 Bingo 2:00 Halloween Party (RH) 6:30 Bingo (E)	

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## Events and Theme Days:

- 1 - National Coffee Day
- 3 - World Smile Day
- 8 - Songbirds Choir Concert
- 13 - Thanksgiving Day
- 17 - Diwali Celebration  
2pm in Retirement Cafe
- 20 - Diwali - Festival of Lights
- 21 - Oktoberfest Pub Night with Hofbrau Band  
7pm in Retirement Cafe
- 31 - Halloween  
Halloween Party at 2pm in Retirement



## Entertainment:

- 9 - Birthday Social with Dave Thierry in the Cafe  
at 2:00pm
- 14 - Aiden Purnell in the Cafe at 10:30am
- 21 - Oktoberfest Pub Night with Hofbrau Band  
7pm in Retirement Cafe
- 31 - Halloween Party with DJ Paul in Retirement  
Cafe at 2:00pm

## Outings:

- 2 - St Jacob's Farmers Market 9:30am-12pm
- 15 - Downey's Apple Farm 1:15pm-3pm
- 16 - Country Drive 1:30pm-3pm
- 28 - Walmart Shopping 9am-11:30am

\*Inquire about signing up for outings with a recreation team member



## Team Members:

Spiritual Care Providers: Brenda W  
Music Therapist: Danielle N  
Horticulture Therapist: Rebecca H  
Art Programmer: Sonal R  
Resident Support Coordinator: Jackie Swan

Director of Recreation:  
Kadri Phillips-Shrive  
519-822-5272 Ext 811

## Birthdays:

- 10 - David O
- 16 - Renzo B

October birthdays will be celebrated at our monthly birthday social October 9th at 2:00pm in the Cafe



## Resident Meetings:

- 14 - Residents' Council at 2:30pm in the Library
- 17 - Village Advisory Team at 1pm in RH
- 27 - Food Committee at 2:30pm in the Library

## Riddle of the Month:

My seeds are many, my colour is bright. Find me in patches, morning or night.

## Last Month's Riddle Answer:

A stalk of corn