

# SEPTEMBER

## Carrington Neighbourhood

Legend

- C - Chapel
- TH - Town Hall
- MS - Main Street
- TS - Town Square
- FC - Fitness Centre
- CY - Courtyard
- BP - Back Patio
- CC - Community Centre
- L - Library
- CK - Country Kitchen
- D - Den
- LR - Living Room

**Reminder:**  
Don't forget to turn the page over on the 20<sup>th</sup> to see the 21<sup>st</sup> - 30<sup>th</sup> !

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>1</b> 9:30am Neighbourhood Time 11:00am Brains & Banter 2:00pm Stepping Out 2:00pm Bingo-CC 3:30pm Musical Moments	<b>2</b> 9:30am For the Soul 10:00am Rosary-CH 11:00am Stay Strong-FC 1:30pm You & I 2:00pm Movie with Janet: The Miracle Worker-TH 3:00pm Circle of Friends 6:00pm Neighbourhood Time	<b>3</b> 10:00am Hort Happens 12-4pm Recreation Team Meeting 2:00pm Tai Chi-FC 2:30pm Games with Janet-CH	<b>4</b> 9:45am Sing-Along with Janet 11:00am Fit to Function-FC 1:30pm Express Yourself 2:00pm Residents' Council- CC 2:30pm Java Time 3:00pm Circle of Friends 6:00pm Neighbourhood Time	<b>5</b> 11:00am Stay Strong-FC 12:00pm Lunch Bunch: Fish & Chips at the Ruby 3:00pm In The Kitchen 6:00pm Neighbourhood Time	<b>6</b> 2:00pm Pub with Anesti K-MS 3:30pm Soothing Sensations 6:00pm Patch that Pirate
<b>7 Grandparents Day</b> 2:30pm Grandparents Day Entertainment with John DeMarchi-TS 6:00pm Neighbourhood Time	<b>8</b> 9:30am Neighbourhood Time 11:00am Brains & Banter 2:00pm Stepping Out 2:00pm Bingo-CC 3:30pm Musical Moments	<b>9</b> 9:30am For the Soul 10:00am Rosary-CH 11:00am Stay Strong-FC 1:30pm You & I 2:00pm Pool Noodle Fishing 6:00pm Neighbourhood Time	<b>10 National TV Dinner Day</b> 10:00am Country Drive Outing 2:00pm Terry Fox Walk/Run-TS 2:30pm Terry Fox Documentary-TS 3:30pm Brains & Banter 5:00pm The Swanson Supper Club & TV-TS	<b>11</b> 9:45am Sing-Along with Janet 11:00am Fit to Function-FC 1:30pm Express Yourself 2:30pm Java Time 3:00pm Circle of Friends 3:00pm Happy Hour with Bruce Tournay-MS 6:00pm Neighbourhood Time	<b>12 Video Games Day</b> 8:30am Men's Breakfast-CC 10:30am Music Therapy with Jen 11:00am Stay Strong-FC 1:30pm Main Street Arcade 3:00pm In The Kitchen 6:00pm Neighbourhood Time	<b>13</b> 2:00pm Entertainment with Dave Thierry on Carrington 3:30pm Soothing Sensations 6:00pm Neighbourhood Time
<b>14</b> 2:30pm Church Service-TH 3:15pm Fellowship-TH 6:00pm Neighbourhood Time	<b>15</b> 9:30am Neighbourhood Time 11:00am Brains & Banter 2:00pm Stepping Out 2:00pm Bingo-CC 3:30pm Musical Moments	<b>16</b> 9:30am For the Soul 10:00am Rosary-CH 11:00am Stay Strong-FC 1:30pm You & I 2:00pm Curling - MS 6:00pm Neighbourhood Time	<b>17</b> 9:30am Neighbourhood Time 10:00am Hort Happens 10:30am Roman Catholic Mass-CH 11:00am For The Fun of Fit 2:00pm Travelling Ent.: Smile Serenades 2:00pm Tai Chi-FC 3:30pm Brains & Banter 5:00pm Diner's Club: Denningers-TS	<b>18 Cheeseburger Day</b> 9:45am Sing-Along with Janet 11:00am Fit to Function-FC 1:30pm Express Yourself 2:30pm Java Time 3:00 Travelling Cart: McDonalds Cheeseburgers 6:00pm Neighbourhood Time	<b>19</b> 11:00am Stay Strong-FC 2:30pm International Food Fest-MS 6:00pm Neighbourhood Time	<b>20</b> 2:00pm Entertainment with Sheila and John Ludgate on Stonechurch 3:30pm Soothing Sensations 6:00pm Laughter Yoga

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### Your Rec Team:

Ravi

Tyson

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div><div>21</div><div><b>World Alzheimer’s Day</b> <b>(Wear Purple)</b> 9:30am Outing: Canadian Warplane Heritage Museum “Vintage Wheels &amp; Wings” 2:30pm Church Service-TH 3:15pm Fellowship-TH 6:00pm Neighbourhood Time</div></div>	<div><div>22</div><div>9:30am Neighbourhood Time 11:00am Brains &amp; Banter 2:00pm Stepping Out 2:00pm Bingo-CC 3:30pm Musical Moments</div></div>	<div><div>23</div><div>9:30am For the Soul 10:00am Rosary-CH 11:00am Stay Strong-FC 12:00pm Ladies Lunch-CC 1:30pm You &amp; I 3:00pm Circle of Friends 3:00pm Travelling General Store Cart 6:00pm Neighbourhood Time</div></div>	<div><div>24</div><div><b>Arts &amp; Aging Day</b> 10:00am Salvation Army Band-MS 11:00am For The Fun of Fit 2:00pm Tai Chi-FC 2:30pm Art Experience &amp; Workshops-MS</div></div>	<div><div>25</div><div>8:30am Breakfast Outing at Broadway Diner 9:45am Sing-Along with Janet 11:00am Fit to Function-FC 1:30pm Express Yourself 2:30pm Java Time 2:30pm Indigenous Guest Speaker (Residential School Survivor)-TH 6:00pm Neighbourhood Time</div></div>	<div><div>26</div><div>10:30am Music Therapy with Jen 11:00am Stay Strong-FC 2:00pm Birthday Bash-CC 3:30pm In The Kitchen 6:00pm Neighbourhood Time</div></div>	<div><div>27</div><div>2:00pm Oktoberfest Pub Crawl 3:30pm Soothing Sensations 6:00pm Neighbourhood Time</div></div>
<div><div>28</div><div>2:30pm Church Service-TH 3:15pm Fellowship-TH 6:00pm Neighbourhood Time</div></div>	<div><div>29</div><div>9:30am Neighbourhood Time 10:30 Virtual Reality 360 Experience-TH 2:00pm Stepping Out 2:00pm Bingo-CC 3:30pm Musical Moments</div></div>	<div><div>30</div><div><b>National Day for Truth and Reconciliation</b> <b>(Wear Orange)</b> 9:30am For the Soul 10:00am Rosary-CH 11:00am Stay Strong-FC 1:30pm You &amp; I 3:00pm Circle of Friends 6:00pm Neighbourhood Time</div></div>	<div><div><div><div>Schlegel Villages’</div><div>FOOD DRIVE</div><div><div>We are collecting non-perishable food items and monetary donations.</div><div>All donations will be given to local food banks across Ontario.</div></div></div></div></div>			

### Birthdays This Month:

- Nada Pavic - September 1st
- Simone Lebel - September 10th
- Cecelia Chartier - September 29th