2:45 Bingo

3:30 Hand Therapy (PAL)

Legend

Trussler (TL)

2:00 Neighbourhood Time

3:30 Total Body Fitness

Strasburg (SB) Aberdeen (AB)

Roseville (RV) Kingsdale (KD)

Sandhills (SH) Waldau (WD) Haysville (HV) Eby (EB)

Ret. Williamsburg/Beckers (WB) Ret. Egerton (EG) Ret. Emmas (EM) Ret. fireside Lounge (FS)

3:00 Walks & Talks

Room (PHCC) LTC Chapel Room (CR) Ret. John Sweeney Community Room (JS)





Kingsdale (KD) Newberry (NB) Ret. Hobby Room (HR) Community Room (JS)						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			2:00 Neighbourhood time 3:00 Music Therapy 4:00 Brains & Banter 6:30 Game Night	10:15 Exercise 11:00 Orange Trivia 2:00 Neighbourhood Time 3:00 Walks & Talks	3 10:15 - 11:45 - Outing to Mike Schout Wetlands 2:00 Manicures 3:00 Spiritual Moments	10:15 Exercise 11:00 You and Me 1:30 Neighbourhood Time 2:30 Bingo
5 10:00 TV Church 11:00 Walks & Talks 2:00 Neighbourhood Time 3:00 Dog Breed Quiz	9:30 Horticulture 10:30 Exercise 1:45 Manicures 2:45 Bingo	7 10:00 Church with Hector 11:00 Brains and Banter 2:00 Neighbourhood Time 3:30 Total Body Fitness	8 10:00 Neighbourhood Time 11:15 Word Games 2:00 Thanksgiving Social 3:00 Music Therapy	9 10:15 Exercise 11:00 Travelogue: California 2:00 Neighbourhood Time 3:00 Walks & Talks	10:15 Exercise 11:00 Neighbourhood Time 2:30 Celebration of Life (RET DR)	11 10:15 Exercise 11:00 Walks & Talks 1:30 Neighbourhood Time 2:30 Bingo
12 10:00 TV Church 11:00 Express Yourself 2:00 Neighbourhood Time 3:00 Walks & Talks	13 10:15 Thanksgiving Group Activities 1:45 Manicures 2:45 Bingo	14 TIMBIT DAY 10:00 Church with Hector 11:00 Brains and Banter 2:00 Neighbourhood Time 3:30 Total Body Fitness	2:00 Neighbourhood time 3:00 Music Therapy 4:00 Brains & Banter 6:30 Game Night	16 10:15 Exercise 11:00 Trivia 2:00 Neighbourhood Time 3:00 Walks & Talks	17 10:15 Exercise 11:00 Neighbourhood Time 2:00 Manicures 3:00 Spiritual Moments	18 10:15 Exercise 11:00 Card Games 1:30 Neighbourhood Time 2:30 Bingo
19 10:00 TV Church 11:00 Walks & Talks 2:00 In the Kitchen 3:00 Neighbourhood Time	9:30 Horticulture 10:30 Exercise 2:00 Diwali Celebration (KD) 2:45 Bingo	10:00 Church with Hector 11:00 Brains and Banter 2:00 Neighbourhood Time 3:30 Total Body Fitness	10:00 Words Games 11:00 Walks & Talks 3:00 Music Therapy 4:00 Brains and Banter 5:15 McDonald's Takeout (Sign-Up Only)	10:15 Exercise 11:00 Trivia 2:00 Neighbourhood Resident Meeting 3:00 Walks & Talks	10:15 Exercise 11:00 Neighbourhood Time 2:00 Manicures 3:00 Spiritual Moments	10:15 Exercise 11:00 Walks & Talks 1:30 Neighbourhood Time 2:30 - 4:00 Halloween Trick or Treat
26 10:00 TV Church 11:00 Express Yourself 2:00 Neighbourhood Time 3:00 Walks & Talks	9:30 Horticulture 10:30 Exercise 1:45 Food Committee 1:45 Manicures	10:00 Church with Hector 11:00 Brains and Banter 1:30 Calendar Meeting - No Recreation	2:00 Neighbourhood time 3:00 Music Therapy 4:00 Brains & Banter 6:30 Game Night	10:15 Residents' Council 10:15 Exercise 11:00 Trivia 2:00 Neighbourhood Time	10:15 Exercise 11:00 Neighbourhood Time 2:00 Manicures 3:00 Spiritual Moments	

# OCTOBER



Oct 2 6:15 Tom Denomme on Haysville

Oct 6 2:00 Dynamic Duo on Haysville

Oct 6 3:30 Dynamic Duo on Sandhills

Oct 7 7:00 Transylvania Hofbrau Band RH

**Dining Room** 

Oct 8 2:00 PegTalks on Strasburg

Oct 9 2:00 Kevin Coates on Aberdeen

Oct 9 3:30 Kevin Coates on Newberry

Oct 15 2:00 Lilian on Trussler

Oct 15 3:30 Lilian on Kingsdale

Oct 16 6:15 Tom Denomme on Kingsdale

Oct 19 1:30 Apostolic Hymn Sing on

Strasburg

Oct 20 2:00-4:00 Diwali Celebration on

Kingsdale

Oct 24 2:00 Jontue on Strasburg

Oct 24 3:30 Jontue on Waldau

Oct 25 2:30-4:00 Halloween Trick or Treat

Oct 28 2:00 Erin Marie on Eby

Oct 28 3:30 Erin Marie Roseville

Oct 29 6:15 Tom Denomme on Trussler





### **Bus Outing(s)**

Please Keep in Mind all Outings are dependent on Weather.

Participants are selected by taking turns from our outing list to ensure fairness. If you would like to add your name to our future outing list, please let Recreation know!



Friday October 3rd 9:30AM-11:45AM - Mike Schout Wetlands Preserve



Resident Birthday Dorothy B. - October 10<sup>th</sup>



## HALLOWEEN



## **Spiritual Events**

Catholic: October 1<sup>st</sup> 10:30am (RV)

Catholic Rosary: October 4<sup>th</sup> 10:30 (PHCC)

Catholic Rosary: 10:30am Every Thursday (LTC

Worship Room)

Lutheran Communion: October 8<sup>th</sup> 10:30am

(PHCC)

Celebration of Life: October 10<sup>th</sup> 2:30pm(RET)

Church with Kathleen October 19<sup>th</sup> 2:30pm (RET)

Diwali Celebration: October 20th 10:30am

(Spiritual Care Room)

Protestant Communion: October 22<sup>nd</sup> 10:30am

(PHCC)

Church Service with Royal October 26<sup>th</sup> 2:30pm

(J.S. Rm)



## **Resident Meetings**

Neighbourhood Meeting: 2:00pm October 23<sup>rd</sup>

Food Committee: 1:45pm October 27<sup>th</sup> (PHCC)

Residents' Council: 10:15am October 30<sup>th</sup> (PHCC)

