SEPTEMBER

Johnston

Legend

Do - Downey Ha - Hagey

Jo - Johnston

Po - Pollock

Ma - Matthews

Wr - Wright C - Chapel

MS - Main Street RH - Retirement

L - Library

CC - Community Centre

CY - Courtyard

FC - Fitness Centre

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	9:30 Calendar Hang Up 10:30 You and Me 2:00 Brains and Banter 3:30 Lets Colour 6:30 Game Show Trivia (CC)	9:00 Outing 9:30 Rosary (C) 2:00 Bingo (MS) 6:30 In The Kitchen (CC)	9:15 Art with Sonal 10:00 Neighbourhood Time 2:00 PEG Talk: Therapy Animal (C) 3:30 Balance Class (FC) 6:30 Games Night (CC)	10:00 Celebration of Life (C) 10:00 Green Thumbs 10:30 Zumba (FC) 12:30 Greenhouse Drop-in 1:30 Puzzle It Out 6:30 Active Games (MS)	10-3 Outing 12:30 Greenhouse Drop-In 3:30 Banded Strength (FC) 6:30 Crafting Club (CC)	9:30 Weekend Perks 10:30 Stepping Out 2:00 Entertainment with Kevin Coates (Wr)	
7 Grandparents Day 10:00 For the Soul AM In the Kitchen 2:00 Travelling Cart: Cupcakes	8 10:00 You and Me 10:30 Sit 'N Get Fit 11:00 Short Stories 12:30 Greenhouse Drop-In 2:00 Express Yourself 3:30 Total Body Fitness (FC) 6:30 Game Show Trivia (CC)	9:30 Rosary (C) 10:30 Baby Jamboree 2:00 Bingo (MS) 3:15 Hand Therapy (FC) 3:30 Neighbourhood Time 6:30 Devotions (CC)	9:15 Art with Sonal 10:30 Soothing Sensations 2:00 Calendar Planning and Resident Bill of Rights 3:30 Balance Class (FC) 6:30 Games Night (CC)	9:30 Chapel Service (C) 10:00 Green Thumbs 10:30 Zumba (FC) 2:00 Manicures 12:30 Greenhouse Drop-In 6:30 Active Games (MS)	10:30 Target Toss 12:30 Greenhouse Drop-In 2:00 You and Me 3:00 Neighbourhood Time 3:30 Active Games (FC) 6:30 Crafting Club (CC)	13 2-4pm Car Show 10:00 Weekend Perks 10:30 Stepping Out 2-4 Car Show and Entertainment with R&S Country (RH)	
14 Residents Council Week September 15-19 10:00 For the Soul 11:00 Neighbourhood Time 2:00 Bingo	15 10-12 Terry Fox Walk! 10:30 Sit 'N Get Fit 12:30 Greenhouse Drop-In 2:00 Movie Matinee (C) 3:30 HIIT (FC) 6:30 Game Show Trivia (CC	9:30 Rosary (C) 10:30 Baby Jamboree 2:00 Bingo (MS) 3:15 Hand Therapy (FC) 6:30 In The Kitchen (CC)	9:15 Art with Sonal 10:30 For the Fun of Fit 2:00 Express Yourself 3:30 Balance Class (FC) 6:30 Games Night (CC)	9:30 Chapel Service (C) 10:00 Green Thumbs 10:30 Zumba (FC) 12:30 Greenhouse Drop-In 1:15 Manicures 2:00 Residents' Council (C) 6:30 Active Games (MS)	19 12:30 Greenhouse Drop-In 2:00 Conversation Cafe 3:30 Banded Strength (FC) 6:30 Crafting Club (CC)	9:30 Weekend Perks 10:30 Stepping Out 2:00 Entertainment with Dynamic Duo (Jo)	

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
9:00 Neighbourhood Time 10:00 For the Soul 2:00 Bingo	10:00 You and Me 10:30 Sit 'N Get Fit 11:00 Short Stories 12:30 Greenhouse Drop-In 2:00 Stepping Out 3:30 Total Body Fitness (FC) 6:30 Game Show Trivia (CC)	9:30 Rosary (C) 10:30 Baby Jamboree 2:00 Bingo (MS) 3:15 Hand Therapy (FC) 3:30 Neighbourhood Time 6:30 Devotions (CC)	2:00 Food Committee (Po) 2:30 In the Kitchen 3:30 Balance Class (FC) 6:30 Games Night (CC)	9:30 Chapel Service (C) 10:00 Manicures 10:00 Green Thumbs 10:30 Zumba (FC) 12:30 Greenhouse Drop-In 2:00 Travelling Cart 2:30 Spelling Bee (MS) 6:30 Active Games (MS)	10:30 For the Fun of Fit 12:30 Greenhouse Drop-In 2:00 You and Me 3:00 Neighbourhood Time 3:30 Active Games (FC) 6:30 Crafting Club (CC)	10:00 Weekend Perks 10:30 Stepping Out 2:00 Entertainment with Henry Winter (Po)	
28 10:00 For the Soul 11:00 Neighbourhood Time 2:00 Bingo	9:30 Let's Colour 10:30 Sit 'N Get Fit 12:30 Greenhouse Drop-In 2:00 You and Me 3:30 HIIT (FC) 6:30 Game Show Trivia (CC	30 National Day for Truth and Reconciliation 9:30 Rosary (C) 10:00 Presentation (C) 10:30 Baby Jamboree 3:15 Hand Therapy (FC) 6:30 In The Kitchen (CC)		FO DR	el Villages' OD INF		

Outings:

September 2: Bus Outing to Walmart
September 5: All Day Bus Outing to Conestoga Mall with Julia

Your Recreation Team:

Full-Time -

Part-Time - Julia

Calendar Planning and Resident Bill of Rights

We invite you to attend this meeting on your neighbourhood. Learn about your Bill of Rights. Have your input as we plan next month's activities, programs, and outings! Hosted by your Recreation Team Member.

We are collecting non-perishable food items and monetary donations.

All donations will be given to local food banks across Ontario.