

SEPTEMBER

Pollock


Legend			
Do - Downey	Wr - Wright	L - Library	
Ha - Hagey	C - Chapel	MS - Main Street	
Jo - Johnston	CC - Community Centre	RH - Retirement	
Ma - Matthews	CY - Courtyard		
Po - Pollock	FC - Fitness Centre		

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Labour Day 9:15 Active Games 10:30 Brains & Banter 2:00 Calendar Hang-up 4:00 Soothing Sensations 6:30 Game Show Trivia	2 9:30 Rosary (C) 10:00 Hello Pollock! 2:00 Bingo (MS) 6:30 In The Kitchen (CC)	3 9:00 Neighbourhood Time 10:00 Card Games 1:15 Art with Sonal 1:30 Oktoberfest with Henry & Caitlin 2:00 PEG Talk: Therapy Animals (C) 3:30 Balance Class (FC) 6:30 Games Night (CC)	4 10:00 Celebration of Life (C) 10:30 Zumba (FC) 12:30 Greenhouse Drop-In 2:00 Green Thumbs 6:30 Active Games (MS)	5 12:30 Greenhouse Drop-In 2:00 Bingo! (Do) 3:30 Banded Strength (FC) 4:00 Keep it Up! 6:30 Crafting Club (CC)	6 9:30 Podcast on the Patio 10:30 Sunshine Club 2:00 Entertainment with Kevin Coates (Wr)
7 Grandparents Day 10:00 For the Soul 10:30 In the Kitchen 2:00 Grandparents Day Travelling Cart!	8 12:30 Greenhouse Drop-In 2:30 Hello Pollock! 3:30 Total Body Fitness (FC) 4:00 Soothing Sensations 6:30 Game Show Trivia (CC)	9 9:30 Rosary (C) 10:30 Sit 'N Get Fit 1:00 Bus Outing 2:00 Bingo (MS) 3:15 Hand Therapy (FC) 6:30 Devotions (CC)	10 9:00 Neighbourhood Time 10:00 Active Games 1:15 Art with Sonal 3:30 Balance Class (FC) 6:30 Games Night (CC)	11 9:30 Chapel Service (C) 10:30 Zumba (FC) 12:30 Greenhouse Drop-In 2:00 Green Thumbs 6:30 Active Games (MS)	12 10:00 Stepping Out 12:30 Greenhouse Drop-In 2:00 Bingo! (Po) 3:30 Active Games (FC) 6:30 Crafting Club (CC)	13 2-4pm Car Show 9:15 Keep it Up! 10:30 Sunshine Club 2:00 Entertainment with R&S Country (RH)
14 Residents Council Week September 15-19 10:00 For the Soul 11:00 Active Games 2:00 Movie with popcorn	15 9:15 Brains & Banter 10-12 Terry Fox Walk (MS) 12:30 Greenhouse Drop-In 2:00 Movie Matinee (C) 3:30 HIIT (FC) 4:00 Soothing Sensations 6:30 Game Show Trivia (CC)	16 9:30 Rosary (C) 10:00 Hello Pollock! 10:30 Sit 'N Get Fit 2:00 Bingo (MS) 3:15 Hand Therapy (FC) 6:30 In The Kitchen (CC)	17 9:00 Neighbourhood Time 10:00 Card Games 1:15 Art with Sonal 1:30 Oktoberfest with Henry/Caitlin 3:30 Balance Class (FC) 6:30 Games Night (CC)	18 9:30 Chapel Service (C) 10:30 Zumba (FC) 12:30 Greenhouse Drop-In 1:00 Outing 2:00 Residents' Council (C) 2:00 Green Thumbs 6:30 Active Games (MS)	19 12:30 Greenhouse Drop-In 1:15 Conversation Cafe 2:00 Bingo! (Do) 3:30 Banded Strength (FC) 3:30 Active Games 3:30 Stepping Out 6:30 Crafting Club (CC)	20 9:30 Podcast on the Patio 10:30 Weekend Perks 2:00 Entertainment with Dynamic Duo (Jo)

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21 10:00 For the Soul 11:00 Stepping Out 2:30 Brains and Banter	22 First Day of Autumn 12:30 Greenhouse Drop-In 2:00 Hello Pollock! 3:30 Total Body Fitness (FC) 4:00 Soothing Sensations 6:30 Game Show Trivia (CC)	23 9:30 Rosary (C) 10:30 Sit 'N Get Fit 2:00 Bingo (MS) 3:15 Hand Therapy (FC) 3:30 Calendar planning & Bill of Rights 6:30 Devotions (CC)	24 9:00 Neighbourhood Tiime 10:00 Active Games 1:15 Art with Sonal 2:00 Food Committee (C) 3:30 Balance Class (FC) 6:30 Games Night (CC)	25 9:30 Chapel Service (C) 10:30 Zumba (FC) 12:30 Greenhouse Drop-In 2:00 Spelling Bee (C) 2:00 Green Thumbs 6:30 Active Games (MS)	26 10:00 Stepping Out 12:30 Greenhouse Drop-In 1:00 Outing 3:30 Active Games (FC) 6:30 Crafting Club (CC)	27 9:15 Keep it Up 10:30 Current Events 2:00 Entertainment with Henry Winter (Po)
28 10:00 For The Soul 11:00 Travelogue 2:00 Movie & popcorn	29 9:15 Brains & Banter 12:00 Dinner's Club 2:30 Greenhouse Drop-In 2:30 Hello Pollock! 3:30 HIIT (FC) 4:00 Soothing Sensations 6:30 Game Show Trivia (CC)	30 National Day for Truth and Reconciliation 9:30 Rosary (C) 10:00 T & R Event (C) 10:30 Sit 'N Get Fit 2:00 Hello Pollock 3:15 Hand Therapy (FC) 6:30 In The Kitchen (CC)	<div><div><p>Schlegel Villages'</p><h1>FOOD DRIVE</h1><p>We are collecting non-perishable food items and monetary donations. All donations will be given to local food banks across Ontario.</p></div></div>			

Outings:
September 9th - Hurley's - Sydney
September 18th - Walmart- Summit
September 26th - Clay & Glass Museum - Summit

Your Recreation Team:
Full-Time - Summit
Part-Time - Sydney

Calendar Planning and Resident Bill of Rights
We invite you to attend this meeting on your neighbourhood.
Learn about your Bill of Rights. Have your input as we plan next month's activities, programs, and outings!
Hosted by your Recreation Team Member.