

OCTOBER

Brant Neighbourhood

Legend



P- Patio
TH—Town Hall
CC- Community Centre
TS—Town Square
TC- Turn Circle

Residents Bill Of Rights

23. Every Resident Has The Right To Pursue Social, Cultural, Religious, Spiritual Or Other Interests, To Develop His Or Her Potential And To Given Reasonable Assistance By The Licensee To Pursue These Interests And To Develop Their Potential

Note/Announcement:

Programs are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 International Day for Older Persons 10:30 Coffee Day Celebration-MS 1:00 Total Body Fitness 2:00 Stepping Out 2:30 Music Therapy 3:30 Circle of Friends	2 Yom Kippur 9:00 Neighbourhood Time 10:00 Spiritual Care 10:30 Brains and Banter 11:15 Fun & Fit 3:00 For The Fun of Fit 3:00 Horticulture Therapy	3 World Smile Day 12:00 Neighborhood Time 1:30 Musical Moments 3:00 Laughter Yoga- TH 4:00 Stepping Out 6:00 Brains and Banter	4 9:00 Neighbourhood Time 10:30 Circle of Friends 1:00 Car Show -TC 3:00 Art Therapy 3:30 Brent Meidinger Performs – TH
5 9:00 Neighborhood Time 10:30 Movie Matinee- TH 2:15 Church—TH 3:30 Stepping Out	6 Active Aging Week/ Sukkot 11:00 Spiritual Care 12:00 Neighbourhood Time 2:00 Soothing Sensations 3:30 Brains and Banter 6:00 You and Me	7 9:00 Neighborhood Time 10:30 Musical Moments 2:00 Soothing Sensations 3:00 For The Fun of Fit 3:00 Art Therapy	8 9:00 Neighbourhood Time 10:30 For The Soul 1:00 Total Body Fitness 2:00 Stepping Out 2:30 Music Therapy 3:30 Circle of Friends	9 9:00 Neighbourhood Time 11:15 Fun & Fit 1:30 Spiritual Care 2:00 Soothing Sensations 3:00 Horticulture Therapy 3:00 For The Fun of Fit	10 World Mental Health Day 12:00 Neighborhood Time 1:30 Little Hobby Farm- CC 3:00 In The Kitchen 4:00 You and Me 6:00 Brains and Banter	11 World Hospice & Palliative Care Day 12:00 Neighborhood Time 2:00 stepping out 3:00 Geri Defoe Performs– TH 6:00 Circle of Friends
12 9:00 Neighborhood Time 10:30 express yourself 2:15 Church—TH 3:30 Stepping Out	13 Thanksgiving 8:00 Breakfast Club 9:30 Neighbourhood Time 10:00 Spirital Care 10:30 Brains and Banter 11:00 Spiritual Care 1:30 Soothing Sensations	14 9:00 Neighborhood Time 10:30 Musical Moments 2:00 You and Me 3:00 Art Therapy 3:00 For The Fun of Fit	15 International Pronouns Day 1:00 Total Body Fitness 2:30 Music Therapy 3:30 Stepping Out 6:00 You and Me	16 9:00 Neighbourhood Time 10:30 For The Soul 11:15 Fun & Fit 2:30 Bingo-M.S 3:00 Horticulture Therapy	17 12:00 Diners Club 2:00 Soothing Sensations 3:30 In The kitchen 6:00 circle of friends	18 9:00 Neighbourhood Time 10:30 Circle of Friends 2:00 Stepping Out 3:00 Escapades Perform – TH
19 Spiritual Care Week 9:00 Neighborhood Time 10:30 Movie Matinee- TH 2:15 Church—TH 3:30 Stepping Out	20 Int'l Infection Prevention Week/ Diwali 10:00 Spiritual Visits 10:30 Mother Goose-TH 2:30 Diwali Party- MS 4:00 You and Me 6:00 Musical Moments	21 9:00 Neighborhood Time 10:30 Musical Moments 2:00 You and Me 3:00 Art Therapy 3:00 Golden Horseshoe Choir- TH	22 9:00 Neighbourhood Time 10:30 For The Soul 1:00 Total Body Fitness 2:00 Stepping Out 2:30 Music Therapy 2:30 Volleyball Smash- MS	23 9:00 Neighbourhood Time 10:30 Express Yourself 11:15 Fun & Fit 1:30 Spiritual Care 2:30 Mac and Cheese- CC 3:00 Horticulture Therapy	24 12:00 Neighborhood Time 2:00 Soothing Sensations 3:30 In The kitchen 6:00 circle of friends	25 12:00 Neighborhood Time 2:00 stepping out 3:00 Natalie Marie – TH 6:00 Circle of Friends
26 9:00 Neighborhood Time 10:30 Express yourself 2:15 Church—TH 3:30 Stepping Out	27 10:00 Spiritual Care 12:00 Neighbourhood Time 2:30 Halloween Happy Hour- CC 4:00 You and Me 6:00 Stepping Out	28 9:00 Neighborhood Time 10:30 Musical Moments 2:00 You and Me 3:00 Art Therapy 3:00 For The Fun of Fit	29 9:00 Neighbourhood Time 10:30 For The Soul 1:00 Total Body Fitness 2:30 Birthday Social-CC 2:30 Music Therapy 3:30 Circle of Friends	30 9:00 Neighbourhood Time 10:30 Express Yourself 11:15 Fun & Fit 1:30 Spiritual Care 3:00 For The Fun of Fit 3:00 Horticulture Therapy	31 9:00 Neighbourhood Time 10:30 Halloween Parade- M.S 2:00 Circle of Friends 3:00 You and Me	

OCTOBER

Monday

- 1:45 Sweat Squad

Tuesday

- 10:15 Standing Balance
- 1:45 Group Fitness

Thursday

- 10:15 Basketball & Ball Toss

- 1:45 Yoga

Saturday (Week 1)

- 10:15 Tai Chi

Sunday (Week 1)

- 1:45 Basketball & Ball Tos

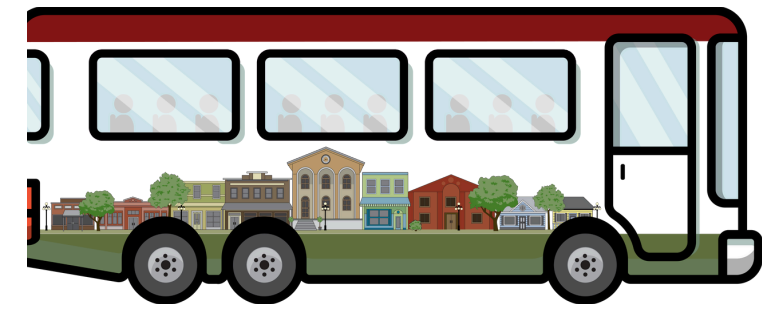
Socials

- 1- Coffee day social
- 3- Laughter Yoga
- 4- Tim Hortons Social
- 6- Bingo Game
- 20-Diwali Party
- 27- Halloween Happy Hour
- 29-Birthday Social

Movie Day

Popcorn will be provided
Movies

- 05- Addams family
- 19- Addams family Values



Outing

- 1st @1:30AGB Tour
- 8th @ 11:30 Chucks Lunch
- 15th @ 1:30 Hanes Farm
- 28th @ 2:00 Williams
- 31st @ 2:00 Scenic

Breakfast Club

- 13- Thanksgiving special breakfast

Diners Club

- 17- Chik-fil-A – MS

Art and Craft

- 24-Pumpkin Carving

