

# OCTOBER

## Williamsburg & Becker

### Legend

C—Chapel

TH—Town Hall

MF— Main Floor

TS—Town Square

SC—Social Club

FE—Front Entrance

L—Library

EM—Emma's

HS—Hobby Shop

JPL — Jack Purcell Lounge

BP— Back Patio

FC—Fitness Centre

MFC — Main Floor Café

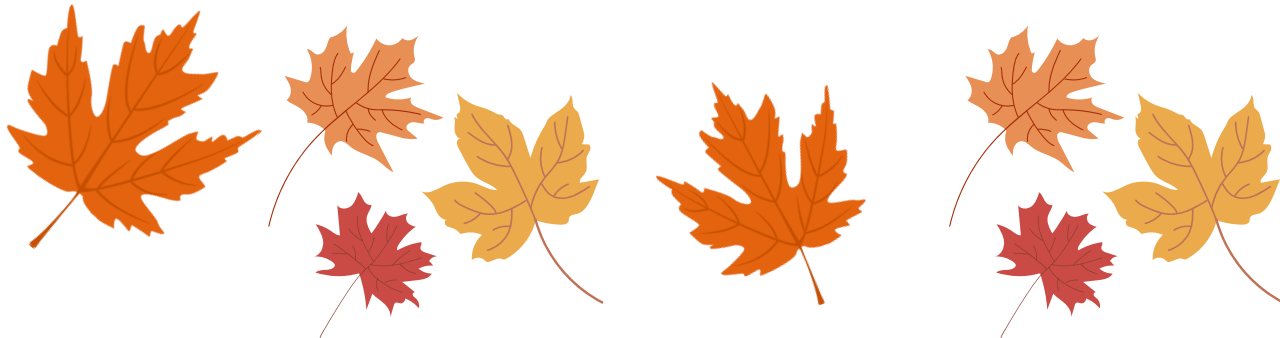
PC—Patio Courtyard

● — Outing/Sign up

◆ — Resident Run Program

■ — Entertainment

**October is Women's History Month!**  
See our display on Mainstreet

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<b>1 National Seniors Day - Visit the Green Bench TS</b> 9:30 VON Exercises FC 10:15 Standing Get Active FC 10:30 Meeting of the Minds TH 2:00 Sitting Get Active FC 2:30 Rummikub SC ◆ 3:00 Happy Hour MFC 3:00-4:00 Simple Alterations HS 2:30 & 7:30 Movie: "Michael Clayton" TH	<b>2 Yom Kippur</b> 10:15 Giant Crossword L 10:30 Bible Study C 10:30 Cribbage SC ◆ 11:15 Outings Meeting HS 2:30 TV Series: "Cranford" TH 3:00 Outside Walks MFC 3:00 Yarning for a Cause L 7:30 Bingo HS  Barb's Produce 9-1 FE	<b>3 World Smile Day</b> 9:30 VON Exercise FC 10:30 Movie Crew Meeting HS 2:30 Euchre SC ◆ 2:30 Entertainment: "New Horizons Big Band" TH ■ 2:30 Hand Therapy HS 3:30 World Smile Day Café MFC 7:30 Movie: "The Naked Gun" TH	<b>4</b> 10:15 Word Mining HS 11:15 Target Practice FC 1:30 Activity Package Pick-up HS 2:30 Movie: "Raising Arizona" TH 2:45 Parallel Bars Balance FC 3:00 Happy Hour MFC
<b>5</b> 10:15 Giant Crossword L 11:00 DrumFIT FC 1:30 Open Art Studio HS 3:00 Chapel Service C 3:30 Fellowship MFC 4:00 Sunday Series: "Waiting for God" TH	<b>6 Sukkot &amp; Active Aging Week</b> 9:30 Outing: Silvercreek Road Shopping FE ● 10:00 Better Balance FC 10:30 Catholic Communion C 1:30 Shake Loose a Memory L 2:00 Sitting Get Active FC 3:00 Entertainment: "Kevin Coates" TS ■ 7:30 Musical Mondays: "Baroque Concert" TH	<b>7</b> 10:30 Piano w/ Karen G. TS ■ 2:30 Art Hour: Thanksgiving Cards HS 3:00 Praying the Rosary C 3:30 Tech Help - Call Ext. 811 3:30 Stretch Class FC 7:30 Trivia HS 7:30 Seniors' Fireside Chat TH ◆	<b>8</b> 9:30 VON Exercises FC 10:30 Meeting of the Minds TH ◆ 2:30 Rummikub SC ◆ 3:00 Music with Bill MFC 3:00-4:00 Simple Alterations HS 3:00-4:00 Bookmobile FE 2:30 & 7:30 Movie: "When Harry Met Sally" TH	<b>9</b> 10:00 Chair Yoga FC 10:15 Giant Crossword L 10:30 Bible Study C 10:30 Cribbage SC ◆ 2:30 TV Series: "Cranford" TH 3:00 Outside Walks MFC 3:00 Yarning for a Cause L 7:30 Bingo HS  Barb's Produce 9-1 FE Adrian's Fashions 10-2 HS	<b>10 World Mental Health Day- See Display in TS</b> 9:30 VON Exercise FC 2:30 Euchre SC ◆ 2:30 Hand Therapy FC 2:30 Art Hour: Gratitude Tree HS 2:30 & 7:30 Movie: "Thelma" TH	<b>11 World Hospice and Palliative Care Day - See Display in TS</b> 10:00 Doc: "Defining Hope" TH 10:15 Word Mining HS 11:15 Cornhole FC 1:30 Activity Package Pick-up HS 2:30 Movie: "Shape of Water" TH 3:00 Happy Hour MFC 7:30 Comedy Hour TH
<b>12</b> 10:15 Giant Crossword L 11:00 DrumFIT FC 1:30 Open Art Studio HS 3:00 Chapel Service C 3:30 Fellowship MFC 4:00 Sunday Series: "Waiting for God" TH	<b>13 Thanksgiving</b> 10:15 Colour Me Calm HS 10:30 Catholic Communion C 1:30 Shake Loose a Memory 2:30 Euchre SC ◆ 3:00 Pie Social MFC 7:30 Musical Mondays: "Country Legends in Concert" TH  No Exercise Classes Today	<b>14</b> 10:15 Men's Conversation Connection C 2:30 Film of Faith "An Old Fashioned Thanksgiving" TH 2:45 Art Hour: Autumn Painting HS 3:30 Tech Help - Call Ext. 811 3:30 Stretch Class FC 7:30 Trivia HS 7:30 Seniors' Fireside Chat TH The Boutique 10-2 TS	<b>15</b> 9:30 VON Exercises FC 10:15 Standing Get Active FC 10:30 Meeting of the Minds TH 2:00 Sitting Get Active FC 2:30 Rummikub SC ◆ 2:30 Residents' Council TH 3:30 Happy Hour w/ Katie Lammert MFC ■ 3:00-4:00 Alterations HS 7:30 Movie: "The Bucket List" TH	<b>16</b> 10:00 Chair Yoga FC 10:15 Giant Crossword L 10:30 Bible Study C 10:30 Cribbage SC ◆ 2:30 TV Series: "Cranford" TH 3:00 Outside Walks MFC 3:00 Yarning for a Cause L 7:30 Bingo HS  Creations Boutique 10-2 HS	<b>17</b> 9:30 VON Exercise FC 10:00 Outing: Ikea and Lunch FE ● 2:30 Euchre SC ◆ 2:30 Hand Therapy HS 2:30 Food Committee Meeting L 2:30 & 7:30 Movie: "The Grand Budapest Hotel" TH	<b>18</b> 10:15 Word Mining HS 11:00 Mini Putt FC 1:30 Activity Package Pick-up HS 2:30 Movie: "Ghostbusters" TH 3:00 Happy Hour MFC

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● — Outing/Sign up

◆ —Resident Run Program

■ — Entertainment

**Recreation programs are subject to change, date, time, and location.**

For the most up-to-date schedule, please see the Today Boards posted on Main Street.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>19 Spiritual Care Week</b> 10:15 Guided Meditation TH 11:00 DrumFIT FC 1:30 Open Art Studio HS 3:00 Chapel Service C 3:30 Fellowship MFC 4:00 Sunday Series: “Waiting for God” TH	<b>20 Diwali</b> 10:00 Outing: Chudleigh’s Entertainment Farm ● 10:00 Better Balance FC 10:30 Catholic Communion C 2:00 Sitting Get Active FC 2:30 Help Mobility VR Event TH 2:30 Euchre SC ◆ 3:00 Arbour Ladies Legacy L 7:30 Musical Mondays: “Andrew Lloyd Webber: Symphonic Suites:” TH	<b>21</b> 10:30 Piano w/ Karen G. TS ■ 2:30 Art Hour: Yarn Pumpkins HS 3:30 Tech Help - Call Ext. 811 3:30 Stretch Class FC 5:00 Special Movie Night & Pizza Dinner: “Gone with the Wind” TH *Sign-up Only 7:30 Seniors’ Fireside Chat L ◆ Traditions Alive 10-3 TS	<b>22 Oktoberfest</b> 9:30 VON Exercises FC 10:15 Standing Get Active FC 2:00 Sitting Get Active FC 2:30 Rummikub SC ◆ 2:30 Movie: “The Guernsey Literary & Potato Peel Society” TH 3:00 Oktoberfest Games MFC 3-4 Alterations w/ Maria HS 3:00-4:00 Bookmobile FE 7:30 Oktoberfest Party TS ■	<b>23</b> 10:00 Chair Yoga FC 10:15 Giant Crossword L 10:30 Bible Study C 10:30 Cribbage SC ◆ 2-4 Prime Care Pharmacy Meet & Greet HS 3:00 Armchair Travels: Scandinavia TH 3:00 Outside Walks MFC 3:00 Yarning for a Cause L 7:30 Bingo HS	<b>24</b> 9:30 VON Exercise FC 10:30 Guelph United Ministries Communion Service C 2:30 Hand Therapy HS 2:30 Euchre SC ◆ 3:00 Destination Café: Germany MFC 2:30 & 7:30 Movie: “In the Line of Fire” TH	<b>25</b> 10:30-11:30 Intergenerational Program with the Guelph Embers MFC 2:30 Movie: “Monsieur Hulot’s Holiday” TH 3:00 Happy Hour MFC 7:30 Comedy Hour
<b>26</b> 10:15 Giant Crossword L 11:00 DrumFIT FC 1:30 Open Art Studio HS 3:00 Chapel Service C 3:30 Fellowship MFC 4:00 Sunday Series: “Waiting for God” TH	<b>27</b> 10:00 Better Balance FC 10:15 Colour Me Calm HS 10:30 Catholic Communion C 1:30 Shake Loose a Memory L 2:00 Sitting Get Active FC 2:30 Euchre SC ◆ 3:00 Arbour Ladies Legacy L 7:30 “Neil Diamond: Live in Concert” TH	<b>28</b> 10:15 Men’s Conversation Connection C 2:30 Art Hour: Pumpkin Decorating HS 2:30 GATHER Group: Support for Grief and Loss L 3:30 Stretch Class FC 3:30 Tech Help - Call Ext. 811 7:30 Trivia HS 7:30 Seniors’ Fireside Chat TH ◆	<b>29</b> 9:30 VON Exercises FC 10:15 Standing Get Active FC 10:30 Meeting of the Minds TH 2:00 Sitting Get Active FC 2:30 Rummikub SC ◆ 3:00 Happy Hour MFC 3:00-4:00 Simple Alterations HS 2:30 & 7:30 Movie: “Erin Brockovich” TH	<b>30 Pumpkin Contest TS</b> 10:00 Chair Yoga FC 10:30 Bible Study C 10:30 Cribbage SC ◆ 10:30 Outing: Foundry Tavern FE ● 2:30 TV Series: “Cranford” TH 3:00 Birthday Party HS 3:00 Outside Walks MFC 3:00 Yarning for a Cause L 7:30 Bingo HS Bella Boutique 10-2 TS	<b>31 Halloween - Dress up!</b> 9:30 VON Exercise FC 10:30 Tea & Talks MFC 2:30 Euchre SC ◆ 2:30 Hand Therapy HS 2:30 Halloween Masquerade Party w/ Music by “Beautiful Noise” TH ■ 7:30 Movie: “The Thursday Night Murder Club” TH	

### Outings:

Giant Tiger, Winners, Shoe per Store - **Monday, October 6<sup>th</sup> at 9:30 AM FE**  
Ikea and Lunch (Burlington) - **Friday, October 17<sup>th</sup> at 10:00 AM FE**  
Chudleigh’s Entertainment Farm - **Monday, October 20<sup>th</sup> at 10:00 AM FE**  
The Foundry Tavern - **Thursday, October 30<sup>th</sup> at 10:30 AM FE**

### Shopping Shuttle:

Thursdays at 10:00 AM and 2:00 PM at the Front Entrance

**\*Please sign-up outside The Hobby Shop for all Outings/Shuttles**

### Monthly Meetings:

Outings Meeting - **Thursday October 2<sup>nd</sup> at 11:15 HS**  
Movie Crew Meeting - **Friday, October 3<sup>rd</sup> at 10:30 AM HS**  
Food Committee Meeting - **Friday, October 17<sup>th</sup> 2:30 PM L**  
Residents’ Council Meeting - **Wednesday, October 15<sup>th</sup> at 2:30 PM TH**

### Special Movie Night: Tuesday, Oct 21<sup>st</sup>

 **Film:** Gone with the Wind

 **Dinner:** \$5.00 Pizza Meal (includes pop & dessert)

**Sign-up ONLY. Payment deadline: Friday, October 17<sup>th</sup>**

### Arbour Trails’ Annual Oktoberfest Celebrations

Wednesday, October 22

Join us for games, treats, and an evening of music with “The Black Forest Band!”  
See posters for more details.

### Recreation Contact:

atwilliamsburgrec@schlegelvillages.com  
or ext. 811