## OCTOBER

## Belle River Neighbourhood

## **Wisdom of the Elder Question Series**

Looking back over the years, what are you most thankful for?



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			9:15 Fitness Class 9:30 TRIP - Wal-Mart	9:30 Ceramics 11:00 Music Therapy 3:30 Picture Bingo 6:15 Evening Fun	9:15 Fitness Class 10:00 Bingo 2:30 Neighborhood Time 3:00 Greenhouse Club	10:30 Fun and Games 2:30 Armchair Travel 3:30 Manicure
9: 30 Online Church 10:30 Sunshine Strolls 3:30 Express Yourself	6 Active Aging Week October 6-12th  2:00 Friendly Visits 3:30 Family Feud 6:00 Evening Fun	7 10:30 Zumba (Chapel) 2:00 Resident Council Meeting 3:00 Manicures	9:15 Fitness Class 10:00 Chapel Service 2:30 Lawn Darts 6:30 Pub Night with Tim Lukas	9 10:00 Active Aging Event 11:00 Music Therapy 3:30 Word in a Word	9:15 Fitness Class 10:00 Trivia Time 2:00 Walking BINGO on Main Street	9:30 Sunshine Strolls 10:30 Armchair Travels 2:30 In the Kitchen
9:30 Online Church 11:00 Word Search 2:30 Parkwood Gospel Service	13 Thanksgiving Day 2:00 Friendly Visits 3:00 Crafty Creations 6:30 Evening Fun	14 10:00 Chapel Music Service 2:00 Neighbourhood Time 3:30 Java Music	9:15 Fitness Class 10:00 Chapel Service 3:30 Cross Word Challange	9:30 Ceramics 11:00 Music Therapy 3:30 Card/Board Games 6:15 Evening Fun	9:15 Fitness Class 10:00 BINGO 3:00 Music with Crazy Raisey 3:00 Greenhouse Club	18 10:00 Sunshine Strolls 2:00 Ice Cream Treats 3:30 Fun & Games
9:30 Online Church 10:30 Outdoor Fun! 3:30 Express Yourself	2:00 Friendly Visit 3:30 Picture BINGO 6:00 Evening FUN	9:30 Sunshine Strolls 10:30 Zumba (Chapel) 3:30 Puzzle Spot	9:15 Fitness Class 10:00 Chapel Service 2:00 Sing- a -long 3:30 Social Time	11:00 Music Therapy 2:00 Card Games 3:30 Java Music	9:15 Fitness Class 10:00 BINGO 2:00 Neighbourhood Time 2:00 Food Committee 3:00 Greenhouse Club	9:30 Sunshine Strolls 10:30 Manicures  Halloween Fun Fair 2pm-3:30pm
9:30 Online Church 11:00 Word in a Word 2:00 Banwell Community Church Service	2:00 Family Feud 3:30 Balloon Toss 6:00 Evening fun	8:00 Breakfast Bumch 10:30 Zumba (Chapel) 2:00 Roman Catholic Mass	9:15 Fitness Class 10:00 Chapel Service 3:30 Crafty Creations	9:30 Ceramics 11:00 Music Therapy 2:00 Celebration of Life 6:15 Evening Fun	9:15 Fitness Class 10:00 Spooky BINGO 2:30 Halloween Social 3:00 Greenhouse Club	