

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
NOVEMBER Bronte						1 9:00 Neighbourhood Time 10:30 Express Yourself 2:00 Stepping Out 3:00 Paula French- TH
2 Daylight Savings 9:00 Neighbourhood Time 10:30 Brains and Banter 2:15 Church Service- TH 3:30 For The Fun of Fit	3 Diner's Club 11:15 Fun & Fit 12:00 Diners Club 1:00 Spiritual Care 2:00 Stepping Out 4:00 Soothing Sensations	4 9:00 Neighbourhood Time 10:00 Art Therapy 10:30 You and Me 2:00 Circle of Friends 3:30 For The fun of Fit	5 Veterans Week 9:00 Neighbourhood Time 10:30 Horticultlure Therapy 10:30 For The Soul 2:00 Stepping Out 3:00 Total Body Fitness 3:00 Ron Tansley- TH	6 9:00 Neighbourhood Time 2:00 Music Therapy 2:00 Stepping Out 2:30 Nacho Social- CC 3:30 You and Me	7 9:00 Neighbourhood Time 10:30 In The Kitchen 2:00 Soothing Sensations 3:30 For The Fun of Fit	8 11:15 Total Body Fitness 1:00 Crochet Club -Library 3:00 Zach Erikson- MS 4:00 Soothing Sensations 6:00 Circle of Friends
9 12:00 Neighbourhood Time 2:15 Church Service- TH 3:00 In The Kitchen 6:00 You and Me	10 8:00 Breakfast Club 9:00 Neighbourhood Time 10:30 Mother Goose- TH 11:15 Fun & Fit 1:00 Spiirtual Care	11 Remembrance Day 9:00 Neighbourhood Time 10:00 Art Therapy 10:15 Remembrance Day- TS 2:00 Circle of Friends 3:30 For The Fun of Fit	12 9:00 Neighbourhood Time 10:00 Christmas Decorating 10:30 Horticulture Therapy 2:00 Christmas Decorating 3:00 Total Body Fitness	13 World Kindness Day 12:00 Neighbourhood Time 2:00 Christmas Decorating 2:00 Music Therapy 3:30 Brains and Banter 6:00 Movie Matinee	14 World Diabetes Day 9:00 Neighbourhood Time 10:30 In The Kitchen 2:00 Soothing Sensations 3:30 For The Fun of Fit	15 9:00 Neighbourhood Time 10:00-3:00 Bazaar 3:30 Musical Moments 4:30 Circle of Friends
16 9:00 Neighbourhood Time 10:30 Brains and Banter 2:00 For The Soul 3:30 For The Fun of Fit	17 9:00 Neighbourhood Time 11:15 Fun & Fit 2:30 NuStep- Cafe 4:00 You and Me	18 9:00 Neighbourhood Time 10:00 Art Therapy 10:30 You and Me 2:30 Hockey- SC 2:30 Concerts in Care- TH 3:30 Stepping Out	19 9:00 Neighbourhood Time 10:30 Hortilcutlre Therapy 10:30 For The Soul 2:30 Monopoly Social- TH 3:00 Total Body Fitness 3:30 Stepping Out	20 12:00 Neighbourhood Time 2:00 Music Therapy 2:30 Birthday Social- CC 2:30 Figure Skating- SC 3:30 Brains and Banter 6:00 Movie Matinee	21 9:00 Neighbourhood Time 10:30 In The Kitchen 2:00 Soothing Sensations 3:30 For The Fun of Fit	22 9:00 Neighbourhood Time 10:30 Geri Defoe- TH 11:15 Total Body Fitness 2:30 Bingo- TH 4:00 Circle of Friends
23 12:00 Neighbourhood Time 2:15 For The Soul 4:00 Greenhouse Visits 6:00 Circle of Friends	24 9:00 Neighbourhood Time 10:00 In the Kitchen 11:15 Fun & Fit 2:30 Nerf Gun Shooting - TH 4:00 Soothing Sensations	25 9:00 Neighbourhood Time 10:00 Art Therapy 10:30 You and Me 2:30 Ski Jump- MS 3:30 Circle of Friends	26 9:00 Neighbourhood Time 10:30 For The Soul 2:30 Snowboarding- SC 2:30 Happy Hour- MS 3:00 Total Body Fitness	27 10:30 Brad Boland- TH 12:00 Neighbourhood Time 2:00 Music Therapy 3:30 Brains and Banter 6:00 Movie Matinee	28 9:00 Neighbourhood Time 10:30 In The Kitchen 2:00 Soothing Sensations 3:30 For The Fun of Fit	29 9:00 Neighbourhood Time 10:30 Circle of Friends 2:00 Stepping Out 3:00 Gerry Larkin- TH
30 9:00 Neighbourhood Time 10:30 Brains and Banter 2:00 For The Soul 3:30 For The Fun of Fit	 Legend CC- Community Center FC- Fitness Center MS- Main Street L- Library TH- Town Hall Residents Bill Of Rights 23. Every Resident Has The Right To Pursue Social, Cultural, Religious, Spiritual Or Other Interests, To Develop His Or Her Potential And To Given Reasonable Assistance By The Licensee To Pursue These Interests And To Develop Their Potential Note/Announcement: Program Subject to Change					

NOVEMBER

Birthday Social

Thursday 20th 3:00PM

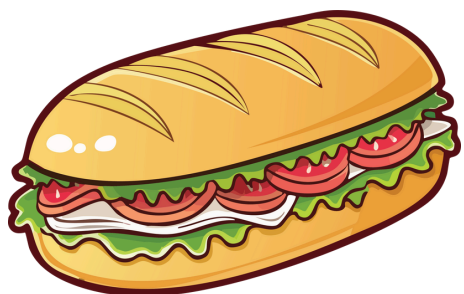


Happy Hour

Wednesday 26th 2:30



Diner's Club- Fire House Subs



Outings

4- Williams 2:00

7- Scenic Drive 2:00

21- Burlington Centre and Lunch 10:30

25- Scenic Drive 2:00



Schlegel Olympics Try Outs

17- Nustep 2:30PM

18- Hockey 2:30PM

20- Figure Skating 2:30PM

24- Shooting 2:30PM

25- Ski Jump 2:30PM

26- Snowboarding 2:30PM

27- Curling 2:00PM