



OCTOBER

Claremont Neighbourhood

Legend

TH—Town Hall	P— Parlour	T— Traveling
MS— Main Street	L—Library	FC—Fitness Centre
OA—Open Area	CC— Community Centre	R—Ruby
CK—Country Kitchen	TS— Town Square	SC—Ruby
	RH—Retirement	

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 10:00 Musical Moments-OA 2:30 Neighbourhood Time 6:30 Active Games-MS	2 9:30 Hymn Sing w/ Pastor Rob - OA 10:00 Circle of friends-CK 11:00 You & I-T 2:30 For the Fun of fit-OA 6:15 Trivia - FC	3 9:30 Neighbourhood time 10:00 Brains & banter-OA 11:00 Stepping out-T 2:30 Circle of friends-CK	4 9:30 Neighbourhood Time 10:00 Brains & Banter - OA 2:30 Entertainment w/ Jeanette V - MS
5 9:45 Church Service - TH 10:30 Neighbourhood Time 11:00 You & I - T 2:30 Sunday Social - L	6 9:30 Neighbourhood Time 10:00 Soothing Sensations - P 2:30 Stepping Out - T 3:00 Drum fit-SC 6:15 Ice cream social-L 7:00 Bingo-RH(\$)	7 10:30 Drum Fit Competition-SC 11:15 Music Therapy w/Erin-OA 2:30 Neighbourhood Time 6:30 Musical Moments-FC	8 10:00 Horse race-MS 11:00 Bible Study W/ Pastor Rob -L 2:30 Neighbourhood Time 6:30 Pub Night w/ Ryan Andrews-MS	9 8:00 Breakfast club-CC 9:30 Hymn Sing /w Pastor Rob - OA 10:30 NH Halloween Decorating	10 9:30 Neighbourhood time 10:00 Brains & banter-OA 11:00 Stepping out-T 2:30 Circle of friends-CK	11 9:30 Neighbourhood time 10:00 Brains & banter-OA 11:00 You & I-T 2:30 Bingo-FC
12 9:45 Church service - TH 10:35 Neighbourhood Time 11:00 You & I-T 2:30 Sunday Social-L	13 9:30 Neighbourhood Time 10:00 For the Fun of Fit - T 2:30 Wine & cheese-L/MS 7:00 Bingo - RH(\$)	14 10:00 Halloween decor-L 11:15 Music Therapy w/Erin-OA 1:30 You & I-T 2:30 Halloween decor-L 6:30 Bingo-FC	15 9:30 Neighbourhood time 11:00 Bible Study W/ Pastor Rob -L 2:30 Birthday Party w/Jack Garson- MS 6:30 Active Games-MS	16 9:30 Hymn Sing w/ Pastor Rob - OA 10:00 Sip and Paint-OA 11:00 You & I-T 2:30 Neighbourhood time 6:15 Trivia - FC	17 10:00 Stepping out 11:00 Neighbourhood time 2:30 Brain & Banter-OA	18 9:30 Neighbourhood Time 10:00 Java Music Club - CK 2:30 Bingo-FC
19 9:45 Church Service - TH 10:30 Neighbourhood Time 11:00 You & I - T 2:30 Sunday Social - L	20 9:30 Neighbourhood Time 10:00 Soothing Sensations - P 2:30 Left Tours (sign up) 6:15 Ice cream social-L 7:00 Bingo-RH(\$)	21 11:15 Music Therapy w/Erin-OA 1:30 You & I-T 2:30 Neighbourhood Time 6:30 Men’s Social - MS	22 10:00 Musical Moments-OA 11:00 Bible Study W/ Pastor Rob -L 2:30 Resident planning-MS 6:30 Active Games-MS	23 9:30 Hymn Sing w/ Pastor Rob - OA 10:30 Circle of Friends - CK 2:30 Express Yourself - CC 6:15 Halloween Movie-FC	24 10:00 Catholic Mass-TH 11:00 Stepping out-T 2:30 Resident Council -FC	25 9:30 Neighbourhood time 10:00 Brains & banter-OA 11:00 You & I-T 2:30 Halloween Bingo-FC
26 9:45 Church service - TH 10:35 Neighbourhood Time 11:00 You & I-T 2:30 Sunday Social-L	27 9:30 Neighbourhood Time 10:00 In the Kitchen - CK 2:30 Stepping Out - T 6:15 Ice Cream Social - L 7:00 Bingo - RH(\$)	28 11:15 Music Therapy w/Erin-OA 1:30 You & I-T 2:30 Neighbourhood Time 6:30 Bingo-FC	29 10:00 Musical Moments-OA 11:00 Bible Study W/ Pastor Rob -L 12:00 Italian Diner Club -L 2:30 Neighbourhood Time 6:30 Active Games-MS	30 9:30 Hymn Sing w/ Pastor Rob - OA 10:00 Circle of friends-CK 11:00 You & I-T 2:30 Halloween Party-MS 6:15 Halloween Trivia - FC	31 9:30 Neighbourhood time 10:00 Halloween Java Music Club - L 11:00 Stepping out-T 2:00 Costume Parade	

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Living In My Today Program Descriptions

Our emphasis is on developing relationships, while the experience of those living with dementia forms the foundation of The Five Pillars of LIVING in My Today.

The Five Pillars

- Meaningful and Active Engagement;
- Enjoyable Mealtimes;
- Empowered Care Partners;
- Thoughtful Design;
- Supportive Approaches to Care.

New Program Descriptions

We are now using broad program names on our calendars to maintain flexibility and ensure engagement for all residents. This approach keeps programming dynamic, inclusive, and responsive to the community's evolving needs.

New Program Descriptions Neighbourhood Time

- Neighbourhood time sets up shared living spaces with resources to catch resident's attention and invite them to give them a try.

In The Kitchen

- Creates moments of opportunity for reminiscence, learning, and fellowship through its recognition that the kitchen is not only used to prepare and consume food. Replaces; Baking, cooking, etc.

Circle of Friends

- Creates intentional opportunities for residents to cultivate new connections in a supportive environment that promotes shared experiences and camaraderie. Replaces; Tea & Chats, News & Views, etc.

Brains & Banter

- A stimulating and social activity, combining engaging brain games with lively conversation. Replaces; Trivia, Word Games, & Puzzles.

Musical Moments

- Supports residents to engage with music in meaningful ways. Replaces; Music on Demand, Sing-Alongs, etc.

New Program Descriptions Stepping Out

- A guided walk that supports residents to enjoy the outdoors and village community. Replaces; Walk & Talks, Walks on Main Street, etc.

You & I

- Replaces One to One & Friendly Visits

For the Fun of Fit

- Fitness activities that focus on having fun and building relationships, while also challenging hand-eye coordination, balance, and range of motion. Replaces; Active Games, Mini Putt, Bean Bag Toss, etc.

Express Yourself

- Honours creativity and creates a supportive environment for residents to explore and express themselves. Replaces; Crafts or anything creative.

Soothing Sensations

- A program that focuses on sensory enrichment. Replaces; Sensory programming

For the Soul

- Spiritual programs that connect us to others. Replaces; Spiritual programs, Gratitude Circles, & Joke programs.