

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
NOVEMBER Dryden Neighbourhood						1 9:30 Neighbourhood Time- 10:30 Stepping Out 2:30 Bingo- FC
2 9:45 Church Service- TH 10:30 Neighbourhood Time 2:30 Birthday Party Entertainment with Bill Dickinson- MS	3 9:30 Neighbourhood time 10:30 Manicures- OA 10:30 group exercise-FC 2:30 In the Kitchen- OA 3:30 Motion Exercies- FC 6:15 Ice Cream Social- L	4 9:30 Neighbourhood Time 10:30 Soothing Sensations- P 10:30 group exercise-FC 2:30 For the Fun of Fit- OA 3:30 Group Exercise- FC 6:30 Musical Moments-FC	5 9:30 Neighbourhood Time 11:00 Bible Study W/Pastor Rob- L 2:30 Musical Moments 6:30 Pub Night with Mike Barnes-MS	6 9:30 Neighbourhood Time 10:30 Express Ypurself 3:30 Hymn Singing with Pastor Rob -OA 6:15	7 9;30 Neighbourhood Time 10:30 For The Soul- OA 11:15 Musical Moment 2:30 Bingo- OA	8 9:30 Neighbourhood Time- 10:30 Express Yourself- OA 2:30 Songs Of Wartime-TH
9 9:45 Church Service-TH 11:00 Neighbourhood Time 10:30 Baking For Bazar In The Kitchen- CC 2:30 in The Kitchen - CC	10 9:30 Neighbourhood time 10:30 Manicures- OA 10:30 Group Exercise 2:30 Outing Country Drive 3:30 Motion Exercises 6:15 Ice Cream Social- L	11 Remembrance Day 9:30 Neighbourhood Time 10:30 Circle of Friends- OA 10:30 Group Exercise- OA 2:30 Express Yourself- OA 3:30 Group Exercise- FC	12 9:30 Neighbourhood Time 10:00 In The Kitchen- CC 11:00 Bible Study W/Pastor Rpb- L 2:30 Musical Moments 6:30 Active Games-MS	13 9:30 Neighbourhood Time 10:30 Brains and Banter 2:30 Entertainment with Boots and Hazard- MS 3:30 Hymn Singing with Pastor Rob -OA	14 9;30 Neighbourhood Time 10:30 For The Soul- OA 11:15 You and I 2:30 Bingo- OA	15 9:30 Neighbourhood Time 10:30 Express Yourself 2:30 Bingo-FC
16 9:45 Church Service-TH 11:00 Neighbourhood Time 2:30 Java-L	17 9:30 Neighbourhood time 10:30 Manicures- OA 10:30 Group Exercise 2:30 Express Yourself - OA 3:30 Group Exercise 6:15 Ice Cream Social- L	18 9:30 Neighbourhood Time 10:30 Soothing Sensations- P 10:30 Group Exercise- FC 2:30 For the Fun of Fit- OA 3:30 group Exercise- FC 6:30 Musical Moments-FC	19 International Men’s day 9:30 Neighbourhood Time 11:00 Bible Study W/Pastor Rob- L 2:30 Country Entertainment Sing with us- MS 6:30 Active Games-MS	20 9:30 Neighbourhood Time 10:30 Anglican Service- RHTH 2:30 Circle of Friends 3:30 Hymn Singing with Pastor Rob -OA	21 9;30 Neighbourhood Time 11:15 Movie- OA 2:30 Musical Moments- OA	22 9:30 Musical Moments Christmas Bazaar 10-2pm 2:30 Movie- OA
23 9:45 Church Service-TH 11:00 Neighbourhood Time 2:30 Sunday Social - L	24 9:30 Neighbourhood time 10:30 Manicures- OA 10:30 Group Exercise 2:30 Brains and Banter - OA 3:30 Group Exercise 6:15 Ice Cream Social- L	25 9:30 Neighbourhood Time 10:30 Soothing Sensations- P 10:30 Group Exercise- FC 2:30 For the Fun of Fit- OA 3:30 Group Exercise 6:30 Musical Moments-FC	26 9:30 Neighbourhood Time 11:00 Bible Study W/Pastor Rob- L 2:30 Musical Moments 2:30 Celebration of Life- TH 6:30 Active Games-MS	27 9:30 Neighbourhood Time 10:30 Express Ypurself 3:30 Hymn Singing with Pastor Rob -OA 6:15	28 9;30 Neighbourhood Time 10:30 For The Soul- OA 10;30 Catholic Mass- RHTH 11:30 Circle of Friends 2:30 2:30 Residents Council- FC	29 9:30 Neighbourhood Time 10:30 Circle of Friends 2;30 Bingo- FC
30 9:45 Church Service-TH 11:00 Neighbourhood Time 2:30 Sunday Social - L	 Legend C—Chapel TH—Town Hall MS– Main Street TS—Town Square BP— Back Patio FC—Fitness Centre L—Library RHT—Retirement Town Hall ● — Outing ◆ —Resident Run Program ■ — Off the Neighbourhood					

NOVEMBER

Living In My Today Program Descriptions

Our emphasis is on developing relationships, while the experience of those living with dementia forms the foundation of The Five Pillars of LIVING in My Today.

The Five Pillars

- Meaningful and Active Engagement;
- Enjoyable Mealtimes;
- Empowered Care Partners;
- Thoughtful Design;
- Supportive Approaches to Care.

New Program Descriptions

We are now using broad program names on our calendars to maintain flexibility and ensure engagement for all residents. This approach keeps programming dynamic, inclusive, and responsive to the community's evolving needs.

New Program Descriptions Neighbourhood Time

- Neighbourhood time sets up shared living spaces with resources to catch resident's attention and invite them to give them a try.

In The Kitchen

- Creates moments of opportunity for reminiscence, learning, and fellowship through its recognition that the kitchen is not only used to prepare and consume food. Replaces; Baking, cooking, etc.

Circle of Friends

- Creates intentional opportunities for residents to cultivate new connections in a supportive environment that promotes shared experiences and camaraderie. Replaces; Tea & Chats, News & Views, etc.

Brains & Banter

- A stimulating and social activity, combining engaging brain games with lively conversation. Replaces; Trivia, Word Games, & Puzzles.

Musical Moments

- Supports residents to engage with music in meaningful ways. Replaces; Music on Demand, Sing-Alongs, etc.

New Program Descriptions Stepping Out

- A guided walk that supports residents to enjoy the outdoors and village community. Replaces; Walk & Talks, Walks on Main Street, etc.

You & I

- Replaces One to One & Friendly Visits

For the Fun of Fit

- Fitness activities that focus on having fun and building relationships, while also challenging hand-eye coordination, balance, and range of motion. Replaces; Active Games, Mini Putt, Bean Bag Toss, etc.

Express Yourself

- Honours creativity and creates a supportive environment for residents to explore and express themselves. Replaces; Crafts or anything creative.

Soothing Sensations

- A program that focuses on sensory enrichment. Replaces; Sensory programming

For the Soul

- Spiritual programs that connect us to others. Replaces; Spiritual programs, Gratitude Circles, & Joke programs.