

# OCTOBER

## Dryden Neighbourhood

- Legend
- C—Chapel

TH—Town Hall

MF— Main Floor



TS—Town Square

L—Library

FC—Fitness Centre

PC—Patio Courtyard

MS- Main Street

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<div>1</div> <div>1:30 Neighbourhood time</div> <div>2:30 Musical Moments- OA</div> <div>6:30 Active Games- MS</div>	<div>2</div> <div>9:30 Neighbourhood Time</div> <div>10:30 Circle of Friends -OA</div> <div>2:30 Express Yourself -OA</div> <div>3:30 Hymn Singing with Pastor Rob -OA</div> <div>6:15 Trivia - FC</div>	<div>3</div> <div>9:30 Neighbourhood Time</div> <div>10:30 For the Soul</div> <div>11:15 Musical Moments</div> <div>2:30 Bingo -OA</div>	<div>4</div> <div>9:30 Neighbourhood Time</div> <div>10:30 Stepping Out</div> <div>2:30 Entertainment w/ Jeanette V - MS</div>
<div>5</div> <div>9:45 Church Service-TH</div> <div>11:00 Neighbourhood Time</div> <div>2:30 Sunday Social - L</div>	<div>6</div> <div>9:30 Neighbourhood Time</div> <div>10:30 Manicures -T</div> <div>2:30 In the Kitchen -BP</div> <div>3:00 Drum Fit - SC</div> <div>6:15 Ice cream social-L</div> <div>7:00 Bingo-RHTH(\$)</div>	<div>7</div> <div>9:30 Neighbourhood Time</div> <div>10:30 Soothing Sensations -P</div> <div>2:30 For the Fun of Fit -OA</div> <div>6:30 Musical Moments -FC</div>	<div>8</div> <div>11:00 Bible Study W/ Pastor Rob -L</div> <div>1:30 Neighbourhood time</div> <div>2:30 Musical Moments- OA</div> <div>6:30 Pub Night with Ryan Andrews-MS</div>	<div>9</div> <div>9:00 Breakfast Club - CC</div> <div>9:30 Neighbourhood Time</div> <div>2:30 Java Music Club- P</div> <div>3:30 Hymn Singing with Pastor Rob -OA</div>	<div>10</div> <div>9:30 Neighbourhood Time</div> <div>10:30 You and I</div> <div>2:30 Bingo -OA</div>	<div>11</div> <div>9:30 Neighbourhood Time</div> <div>10:30 You and I</div> <div>2:30 Bingo- FC</div>
<div>12</div> <div>9:45 Church service-TH</div> <div>11:00 Neighbourhood Time</div> <div>2:30 Sunday Social -L</div>	<div>13</div> <div>Happy Thanksgiving!</div> <div>9:30 Neighbourhood Time</div> <div>10:30 Manicures -T</div> <div>2:30 Thanksgiving Wine And Cheese Social- L</div> <div>6:15 Ice cream social-L</div> <div>7:00 Bingo-RHTH(\$)</div>	<div>14</div> <div>9:30 Neighbourhood Time</div> <div>10:00 Fall Leaf Tour (Sign-up)</div> <div>2:30 Brains and Banter -OA</div> <div>6:30 bingo FC</div>	<div>15</div> <div>11:00 Bible Study W/ Pastor Rob -L</div> <div>1:30 Neighbourhood time</div> <div>2:30 Birthday party with Jack Garson- MS</div> <div>6:30 Active Games -MS</div>	<div>16</div> <div>9:30 Neighbourhood Time</div> <div>10:30 Movie -OA</div> <div>12:00 Ruby Outing</div> <div>3:30 Hymn Singing with Pastor Rob -OA</div> <div>6:15 Trivia-FC</div>	<div>17</div> <div>9:30 Neighbourhood Time</div> <div>10:30 For the Soul</div> <div>2:30 Bingo -OA</div>	<div>18</div> <div>9:30 Neighbourhood Time</div> <div>10:30 Stepping Out</div> <div>2:30 Bingo- FC</div>
<div>19</div> <div>9:45 Church service-FC</div> <div>11:00 Neighbourhood Time</div> <div>2:30 Sunday Social - L</div>	<div>20</div> <div>9:30 Neighbourhood Time</div> <div>10:30 Manicures -T</div> <div>2:30 Brains and Banter -OA</div> <div>6:15 Ice cream social-L</div> <div>7:00 Bingo-RHTH(\$)</div>	<div>21</div> <div>9:30 Neighbourhood Time</div> <div>10:30 Soothing Sensations -P</div> <div>2:30 For the Fun of Fit -OA</div> <div>6:30 Men’s Social -MS</div>	<div>22</div> <div>11:00 Bible Study W/ Pastor Rob -L</div> <div>1:30 Neighbourhood time</div> <div>2:30 Resident Planning - MS</div> <div>6:30 Active Games -MS</div>	<div>23</div> <div>9:30 Neighbourhood Time</div> <div>10:30 For the Fun of Fit -OA</div> <div>2:30 Express Yourself - CC</div> <div>3:30 Hymn Singing with Pastor Rob -OA</div> <div>6:15 Halloween Movie - FC</div>	<div>24</div> <div>9:30 Neighbourhood time</div> <div>10:00 Catholic Mass-TH</div> <div>2:30 Residents Council-FC</div>	<div>25</div> <div>9:30 Neighbourhood Time</div> <div>10:30 You and I</div> <div>2:30 Halloween Bingo -FC</div>
<div>26</div> <div>9:45 Church service-FC</div> <div>11:00 Neighbourhood Time</div> <div>2:30 Sunday Social- L</div>	<div>27</div> <div>9:30 Neighbourhood Time</div> <div>10:30 Manicures -T</div> <div>2:30 Circle of Friends</div> <div>6:15 Ice cream social-L</div> <div>7:00 Bingo-RHTH(\$)</div>	<div>28</div> <div>9:30 Neighbourhood Time</div> <div>10:30 Java Music -P</div> <div>2:30 Brains and Banter -OA</div> <div>6:30 Musical Moments-FC</div>	<div>29</div> <div>11:00 Bible Study W/ Pastor Rob -L</div> <div>12:00 Italian Diner’s Club - L</div> <div>1:30 Neighbourhood time</div> <div>2:30 Musical Moments</div> <div>6:30 Active Games -MS</div>	<div>30</div> <div>9:30 Neighbourhood Time</div> <div>10:30 Musical Moments</div> <div>2:30 Halloween Party-MS</div> <div>3:30 Hymn Singing w/Pastor Rob-OA</div> <div>6:15 Trivia - FC</div>	<div>31</div> <div>Happy Halloween!</div> <div>9:30 Neighbourhood time</div> <div>10:00 Halloween Java Music Club - L</div> <div>2PM Halloween Costume parade- MS</div> <div>Calendar Delivery</div>	

# OCTOBER

## Living In My Today Program Descriptions

Our emphasis is on developing relationships, while the experience of those living with dementia forms the foundation of The Five Pillars of LIVING in My Today.

### The Five Pillars

- Meaningful and Active Engagement;
- Enjoyable Mealtimes;
- Empowered Care Partners;
- Thoughtful Design;
- Supportive Approaches to Care.

### New Program Descriptions

We are now using broad program names on our calendars to maintain flexibility and ensure engagement for all residents. This approach keeps programming dynamic, inclusive, and responsive to the community's evolving needs.

## New Program Descriptions Neighbourhood Time

- Neighbourhood time sets up shared living spaces with resources to catch resident's attention and invite them to give them a try.

### In The Kitchen

- Creates moments of opportunity for reminiscence, learning, and fellowship through its recognition that the kitchen is not only used to prepare and consume food. Replaces; Baking, cooking, etc.

### Circle of Friends

- Creates intentional opportunities for residents to cultivate new connections in a supportive environment that promotes shared experiences and camaraderie. Replaces; Tea & Chats, News & Views, etc.

### Brains & Banter

- A stimulating and social activity, combining engaging brain games with lively conversation. Replaces; Trivia, Word Games, & Puzzles.

### Musical Moments

- Supports residents to engage with music in meaningful ways. Replaces; Music on Demand, Sing-Alongs, etc.

## New Program Descriptions Stepping Out

- A guided walk that supports residents to enjoy the outdoors and village community. Replaces; Walk & Talks, Walks on Main Street, etc.

### You & I

- Replaces One to One & Friendly Visits

### For the Fun of Fit

- Fitness activities that focus on having fun and building relationships, while also challenging hand-eye coordination, balance, and range of motion. Replaces; Active Games, Mini Putt, Bean Bag Toss, etc.

### Express Yourself

- Honours creativity and creates a supportive environment for residents to explore and express themselves. Replaces; Crafts or anything creative.

### Soothing Sensations

- A program that focuses on sensory enrichment. Replaces; Sensory programming

### For the Soul

- Spiritual programs that connect us to others. Replaces; Spiritual programs, Gratitude Circles, & Joke programs.