

NOVEMBER

Dunlop Neighborhood

2 9:45 Church service-FC 10:35 Neighborhood Time 11:00 You & I-T 2:30 Birthday Party with Bill Dickinson-MS 3:45 Movie OA	3 10:30 Strenght Training FC 2:30 Country Drive (Sign Up Only) 3:30 Group Exercise OA 6:15 Ice cream Social L	4 09:30 Neighborhood time 10:30 Group Exercise FC 11:00 Virtual Travel 3:30 Group Exercise OA 6:30 Musical Moment FC	5 9:00aMusical Moments OA 10:00 Horse Race MS 11:00 Bible Study L 2:15 Soothing Sensation CK 6:30 Pub Night MS	6 :00 Manure's OA 11:00 Hymn singing with Pastor Rob OA 2:15 Java Music Club CK 6:30 Movie FC	7 09:30 Neighborhood time 10:30 Soothing Sensation 11:00 Word Game 2:30 Stepping Out 3:45 Movie OA	8 9:00 Neighborhood time 10:00 Stepping out-T 11:00 You & I-T 2:30 Songs of Wartime-TH 3:45 Movie OA
9 9:45 Church service-FC 10:30 In the Kitchen CC 11:00 You & I-T 2:30 In the Kitchen CC 3:45 Movie OA	10 10:30 Strenght Training FC 12:00 Assistanting in dining room 2:30 You & I T 3:30 Group Exercise OA 6:15 Ice cream Social L	11 Remembrance Day 09:30 Neighborhood time 10:30 Sooting Sensation CK 2:15 Music Therapy OA 3:45 Movie OA 6:30 Bingo FC	12 9:00 Room 217 OA 10:00 In the kitchen CC 11:00 Bible Study L 2:15 In the kitchen CC 6:30 Active games MS	13 World Kindness Day :00 Manure's OA 11:00 Hymn singing with Pastor Rob OA 2:30 Entertainment- MS 6:30 Movie FC	14 09:30 Neighborhood time 10:30 Soothing Sensation 11:00 Word Game 2:30 Stepping Out 3:45 Movie OA	15 8-9am Assisting in ding room 10:14 Niegbourhood time 2:15 Bingo CC 3:45 Movie time OA
16 9:45 Church service-FC 10:35 Neighborhood Time 11:00 You & I-T 2:30 Java Music Club L 3:45 Movie OA	17 10:30 Strength Training FC 12:00 Assistance in dining room 2:30 You & I T 3:30 Group Exercise OA 6:15 Ice cream Social L	18 09:30 Neighborhood time 10:30 Soothing Sensation 11:00 Virtual Travel 2:30 Chair Yoga 3:45 Movie OA 6:30 Musical Moment FC	19 Int'l Men's Day 9:00aMusical Moments OA 11:00 Bible Study L 2:15 Soothing Sensation CK 2:30 Country Entertainment 6:30 Active Games OA	20 :00 Manure's OA 11:00 Hymn singing with Pastor Rob OA 2:15 Brains & Banters CK 6:30 Movie FC	21 09:30 Neighborhood time 10:30 Catholic Mass 11:00 Word Game 2:00 Stepping out 2:30 Resident Council 3:45 Movie OA	22 09:30 Neighborhood time 10-2- Christmas Bazar 4:45 Movie OA3
23 9:45 Church service-FC 10:35 Neighborhood Time 11:00 You & I-T 2:30 Sunday Social L 3:45 Movie OA	24 10:30 Strenght Training FC 12:00 Assistanting in dining room 3:30 Group Exercise OA 6:15 Ice cream Social L	25 09:30 Neighborhood time 10:30 Group Exercise FC 11:00 Sooting sensetion CK 2:15 Music Therapy OA 3:30 Group Exercise OA 6:30 Bingo FC	26 9:00aMusical Moments OA 10:00 In the kitchen CK 11:00 Bible Study L 2:15 Soothing Sensation CK 2:30 Celebration of Life 6:30 Active Games	27 :00 Manure's OA 11:00 Hymn singing with Pastor Rob OA 2:15 Christmas sing along OA 6:30 Movie FC	28 09:30 Neighborhood time 10:30 Catholic Mass TH 10:30 Soothing Sensation 11:00 Stepping Out 2:30 Residents Council FC 3:45 Movie OA	29 8-9 Assisting in dining room 10:14 Neighborhood time 2:15 Bingo CC 3:45 Movie time

NOVEMBER

Living In My Today Program Descriptions

Our emphasis is on developing relationships, while the experience of those living with dementia forms the foundation of The Five Pillars of LIVING in My Today.

The Five Pillars

- Meaningful and Active Engagement;
- Enjoyable Mealtimes;
- Empowered Care Partners;
- Thoughtful Design;
- Supportive Approaches to Care.

New Program Descriptions

We are now using broad program names on our calendars to maintain flexibility and ensure engagement for all residents. This approach keeps programming dynamic, inclusive, and responsive to the community's evolving needs.

New Program Descriptions Neighbourhood Time

- Neighbourhood time sets up shared living spaces with resources to catch resident's attention and invite them to give them a try.

In The Kitchen

- Creates moments of opportunity for reminiscence, learning, and fellowship through its recognition that the kitchen is not only used to prepare and consume food. Replaces; Baking, cooking, etc.

Circle of Friends

- Creates intentional opportunities for residents to cultivate new connections in a supportive environment that promotes shared experiences and camaraderie. Replaces; Tea & Chats, News & Views, etc.

Brains & Banter

- A stimulating and social activity, combining engaging brain games with lively conversation. Replaces; Trivia, Word Games, & Puzzles.

Musical Moments

- Supports residents to engage with music in meaningful ways. Replaces; Music on Demand, Sing-Alongs, etc.

New Program Descriptions Stepping Out

- A guided walk that supports residents to enjoy the outdoors and village community. Replaces; Walk & Talks, Walks on Main Street, etc.

You & I

- Replaces One to One & Friendly Visits

For the Fun of Fit

- Fitness activities that focus on having fun and building relationships, while also challenging hand-eye coordination, balance, and range of motion. Replaces; Active Games, Mini Putt, Bean Bag Toss, etc.

Express Yourself

- Honours creativity and creates a supportive environment for residents to explore and express themselves. Replaces; Crafts or anything creative.

Soothing Sensations

- A program that focuses on sensory enrichment. Replaces; Sensory programming

For the Soul

- Spiritual programs that connect us to others. Replaces; Spiritual programs, Gratitude Circles, & Joke programs.