



OCTOBER

Dunlop Neighbourhood

- Legend**
C—Chapel
TH—Town Hall
OA— Open Area
- FE—Front Entrance
L—Library
CC—Community Center
- BP— Back Patio
FC—Fitness Centre
MFC — Main Floor Café
PC—Patio Courtyard

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<div>1</div> 9:00 Neighborhood OA 2:15 Musical Moment OA 3:45 Movie OA	<div>2</div> 9:00 Manure's OA 11:00 Hymn singing with Pastor Rob OA 2:15 6:30 Movie FC	<div>3</div> National smile Day! 10:00 Nieghbourhood time 11:00 For the fun of fit OA 2:30 Stepping out T 3:45 Movie OA	<div>4</div> 9:00 Nieghbourhood time OA 11:00 Express yourself CK 2:30 Entertainment MS 3:45 Movie OA
<div>5</div> 9:45 Church service-FC 10:35 Neighborhood Time 11:00 You & I-T 2:30 Sunday Social L 3:45 Movie OA	<div>6</div> 12:00 Assisting in dining room 2:30 Fall leaf Tour (Sign Up only) 3:00 Drum Fit SC 3:30 Movie OA 6:15 Ice cream social L	<div>7</div> 09:30 Neighborhood time 10:30 Drum Fit comptation SC 11:00 Stepping Out T 2:15 Music Therapy OA 3:45 Movie OA 6:30 Musical Moments FC	<div>8</div> 9:00aMusical Moments OA 10:00 Horse Race MS 11:00 Bible Study L 2:15 Soothing Sensation CK 6:30 Pub Night With Ryan Andrew MS	<div>9</div> 9:00 Manicure OA 11:00 Hymn Sing W/ Pastor Rob -L 2:30 Neighbourhood time 3:45 Music OA	<div>10</div> 9:00 You & I 11:00 In the Kitchen CK 2:15 Brains & Banters OA 4:00 Movie OA	<div>11</div> 09:30 Neighborhood time 10:30 Story Time 11:00 Soothing Sensation 2:30 Bingo FC 3:45 Movie OA
<div>12</div> 9:45 Church service-FC 10:35 Neighborhood Time 11:00 You & I-T 2:30 Sunday Social L 3:45 Movie OA	<div>13</div> Happy Thanksgiving! 9:00 Nieghbourhood time OA 11:00 Stepping out T 2:30 Wine & Cheese Social L 4:00 Movie OA	<div>14</div> 9:00 Nieghbourhood time OA 10:00 Room 217 OA 2:15 Music Therapy OA 3:45 Movie OA 6:30 Bingo CC	<div>15</div> 9:00 Musical moments OA 11:00 Bible Study L 2:30 Birthday Party MS 3:45 Movie time OA	<div>16</div> 9:00 Manicure OA 10:30 Anglican Service TH 11:00 Hymn Sing W/ Pastor Rob -L 2:30 Neighbourhood time 6:15 Trivia FC	<div>17</div> 9:00 You & I 11:00 In the Kitchen CK 2:15 Brains & Banters OA 4:00 Movie OA	<div>18</div> 9:00 Nieghbourhood time OA 11:00 Express yourself CK 2:15 Bingo FC 3:45 Movie OA
<div>19</div> 9:45 Church service-FC 10:35 Neighborhood Time 11:00 You & I-T 2:30 Sunday Social L 3:45 Movie OA	<div>20</div> 12:00 Assisting in dining room 2:15 Nieghbourhood Time OA 3:30 Movie OA 6:15 Ice cream social L	<div>21</div> 9:30 Neighborhood time 10:00 Stepping Out T 2:15 Music Therapy 3:45 Movie OA 6:30 Man Social Club MS	<div>22</div> 9:00 Nieghbourhood time OA 11:00 Bible Study L 2::30 Annual Residents planning meeting MS 4:00 Movie OA	<div>23</div> 9:00 Manicure OA 11:00 Hymn Sing W/ Pastor Rob -L 2:30 Neighbourhood time 6:15 Movie Night-F	<div>24</div> 9:00 You & I 10:00 Catholic Mass TH 11:00 In the Kitchen CK 2:15 Brains & Banters OA 2:30 Residents Council FC 4:-00 Movie OA	<div>25</div> 09:30 Neighborhood time 10:30 Story Time 11:00 Soothing Sensation 2:30 Bingo FC 3:45 Movie OA
<div>26</div> 9:45 Church service-FC 10:35 Neighbourhood Time 11:00 You & I-T 2:30 Sunday Social L 3:45 Movie OA	<div>27</div> 12:00 Assisting in dining room 2:15 Nieghbourhood Time OA 3:30 Movie OA 6:15 Ice cream social L	<div>28</div> 9:00 Nieghbourhood time OA 10:00 Stepping out T 2:15 Music Therapy OA 3:45 Movie time	<div>29</div> 9:00 Room 217 OA 12: 00 Diners Club L 11:00 Bible Study L 2:15 Soothing Sensation CK 3:45 Movie time OA	<div>30</div> 9:00 Manicures OA 11:00 Hymn Sing W/Pastor Rob OA 2:30 Entertainment MS 6:30 Trivia FC	<div>31</div> Happy Halloween ! 9:00 You & I 10:30 Java Music Club L 2:00 Costume Parade 2:15 Brains & Banters OA 4:00 Movie OA	

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Living In My Today Program Descriptions

Our emphasis is on developing relationships, while the experience of those living with dementia forms the foundation of The Five Pillars of LIVING in My Today.

The Five Pillars

- Meaningful and Active Engagement;
- Enjoyable Mealtimes;
- Empowered Care Partners;
- Thoughtful Design;
- Supportive Approaches to Care.

New Program Descriptions

We are now using broad program names on our calendars to maintain flexibility and ensure engagement for all residents. This approach keeps programming dynamic, inclusive, and responsive to the community's evolving needs.

New Program Descriptions Neighbourhood Time

- Neighbourhood time sets up shared living spaces with resources to catch resident's attention and invite them to give them a try.

In The Kitchen

- Creates moments of opportunity for reminiscence, learning, and fellowship through its recognition that the kitchen is not only used to prepare and consume food. Replaces; Baking, cooking, etc.

Circle of Friends

- Creates intentional opportunities for residents to cultivate new connections in a supportive environment that promotes shared experiences and camaraderie. Replaces; Tea & Chats, News & Views, etc.

Brains & Banter

- A stimulating and social activity, combining engaging brain games with lively conversation. Replaces; Trivia, Word Games, & Puzzles.

Musical Moments

- Supports residents to engage with music in meaningful ways. Replaces; Music on Demand, Sing-Alongs, etc.

New Program Descriptions Stepping Out

- A guided walk that supports residents to enjoy the outdoors and village community. Replaces; Walk & Talks, Walks on Main Street, etc.

You & I

- Replaces One to One & Friendly Visits

For the Fun of Fit

- Fitness activities that focus on having fun and building relationships, while also challenging hand-eye coordination, balance, and range of motion. Replaces; Active Games, Mini Putt, Bean Bag Toss, etc.

Express Yourself

- Honours creativity and creates a supportive environment for residents to explore and express themselves. Replaces; Crafts or anything creative.

Soothing Sensations

- A program that focuses on sensory enrichment. Replaces; Sensory programming

For the Soul

- Spiritual programs that connect us to others. Replaces; Spiritual programs, Gratitude Circles, & Joke programs.