# OCTOBER

Emma's

Legend

C—Chapel

TH—Town Hall

MF– Main Floor TS—Town Square

SC—Social Club

FE—Front Entrance

L—Library

EM—Emma's HS—Hobby Shop

JPL — Jack Purcell Lounge

BP— Back Patio — Outing

FC—Fitness Centre

PC—Patio Courtyard

MFC — Main Floor Café

Resident Run Program

Off the Neighbourhood

**Note/Announcement:** 

words go here......

SC—Social Club JPL — Jack Purcell Lounge									
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday			
			1 12:00 Lunch 01:00 Neighborhood Time 02:00 Hymn Sing 03:00 Oktoberfest Social 05:00 Dinner 06:30 Stepping out	2 Sonita Clothing 10-2pm 08:30 Breakfast 09:30 Brains and Banters 11:00 Fitness 12:00 Lunch 02:30 For the Fun of Fit 03:30 Manicures 05:00 Dinner	3 World Smile Day 08:30 Breakfast 09:30 Neighborhood Time 11:00 Fitness 12:00 Lunch 02:30 Lounge Music 03:00 Happy Hour Re-Vamp Social - Café 05:00 Dinner	08:30 Breakfast 09:30 In the Kitchen 11:00 Fitness 12:00 Lunch 02:30 Baked goods Social 03:30 BINGO 05:00 Dinner			
09:30 Cafe Social 10:30 Church Service 11:00 Fitness 12:00 Lunch 03:00 Live Entertainment: Toronto All Start Big Band - DINN	6 Farmer's Vendor 8-1pm 08:30 Breakfast 09:30 You & Me 10:45 Active Aging Presentation - TH 11:00 Sing along Karaoke 12:00 Lunch 02:30 Neighborhood Time 03:30 Bingo 05:00 Dinner	7 National Frappe Day 08:30 Breakfast 09:30 Neighborhood Time 10:00 Chair Yoga w/Sheila 10:30 Health & Wellness program - TH 12:00 Lunch 01:00 Balance Program with Alicia - TH 03:30 Express Yourself 05:00 Dinner	8 10:00 Health & Wellness Program - TH 12:00 Lunch 01:00 Neighborhood Time 02:00 Hymn Sing 03:30 JAVA MUSIC CLUB 05:00 Dinner 06:30 Stepping out	9 08:30 Breakfast 09:30 Brains and Banters 11:00 Fitness 12:00 Lunch 01:45 Throw Back Thursday Movie: Casablanca - TH 03:30 Manicures 05:00 Dinner	World Wellness Health Day  08:30 Breakfast 09:30 Neighborhood Time 11:00 Fitness 12:00 Lunch 02:30 You & Me 03:00 Happy Hour 05:00 Dinner	Traditional Alive Vendor 10-2pm  08:30 Breakfast 09:30 Neighborhood Time 11:00 Fitness 12:00 Lunch 02:30 Afternoon Movie: Rock-A-Bye Baby 03:30 Smoothie & Sing a Long Social 05:00 Dinner			
08:30 Breakfast 09:30 Neighborhood Time 10:30 Church Service 11:00 Fitness 12:00 Lunch 02:30 Brains and Banter 03:30 Senses & Smile 05:00 Dinner	08:30 Breakfast 09:30 Neighborhood Time 11:00 Fitness 12:00 Lunch 02:30 Thanksgiving Jackpot Bingo - DINN 03:30 Thanksgiving Social 05:00 Dinner	08:30 Breakfast 09:30 Neighborhood Time 11:00 Fitness 12:00 Lunch 02:30 Mind Joggers 03:00 Resident Forum - TH 05:00 Dinner	15 12:00 Lunch 01:00 Neighborhood Time 02:00 Hymn Sing 03:30 JAVA MUSIC CLUB 05:00 Dinner 06:30 Stepping out	08:30 Breakfast 09:30 Brains and Banters 11:00 Fitness 12:00 Lunch 02:30 For the Fun of Fit 03:30 Manicures 05:00 Dinner	08:30 Breakfast 09:30 Neighborhood Time 11:00 Fitness 12:00 Lunch 02:30 You & Me 03:00 Happy Hour 05:00 Dinner	Blue Bird Hand Art Vendor 10-4pm  08:30 Breakfast 09:30 In the Kitchen 11:00 Fitness 12:00 Lunch 02:30 Baked goods Social 03:30 BINGO 05:00 Dinner			

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
09:30 Cafe Social 10:30 Church Service 11:00 Fitness 12:00 Lunch 02:30 For the fun of fit 03:00 Puzzle Buddies 05:00 Dinner	20 Happy Diwali 08:30 Breakfast 09:30 You & Me 11:00 Sing along Karaoke 12:00 Lunch 02:30 Neighborhood Time 03:00 Diwali Celebration - TS 05:00 Dinner	21 Nelly's Comfort Shoes 10-2pm 08:30 Breakfast 09:30 Neighborhood Time 11:00 Fitness 12:00 Lunch 02:30 Mind Joggers 03:30 Express Yourself 05:00 Dinner	12:00 Lunch 01:00 Neighborhood Time 02:00 Hymn Sing 03:30 JAVA MUSIC CLUB 05:00 Dinner 06:30 Stepping out	08:30 Breakfast 09:30 Brains and Banters 11:00 Fitness 12:00 Lunch 02:30 For the Fun of Fit 03:30 Manicures 05:00 Dinner 06:45 Pub Night w/Emilio - TS	08:30 Breakfast 09:30 Neighborhood Time 10:30 Breast Cancer Awareness Walk - MST 12:00 Lunch 02:30 You & Me 03:00 Happy Hour 05:00 Dinner	08:30 Breakfast 09:30 Neighborhood Time 11:00 Fitness 12:00 Lunch 02:30 Timbits & Hot Chocolate 03:30 BINGO 05:00 Dinner
08:30 Breakfast 09:30 Neighborhood Time 10:30 Church Service 11:00 Fitness 12:00 Lunch 02:00 James Q Point Lecture: Halloween - TH 03:00 Birthday Celebration: Toronto All Start Big Band 05:00 Dinner	08:30 Breakfast 09:30 Neighborhood Time 11:00 Fitness 12:00 Lunch 02:30 Crafter's Corner: Pumpkin Carving 03:30 BINGO 05:00 Dinner	28 Kuldip Clothing 10-2pm 08:30 Breakfast 09:30 Neighborhood Time 11:00 Fitness 12:00 Lunch 02:30 Crafter's Corner: Pumpkin Carving 03:30 Mind Joggers 05:00 Dinner	12:00 Lunch 01:00 Neighborhood Time 02:00 Hymn Sing 03:30 JAVA MUSIC CLUB 05:00 Dinner 06:30 Stepping out	30 Farmer's Vendor 8-1pm 08:30 Breakfast 10:00 Anglican Service - TH 11:00 Fitness 12:00 Lunch 02:30 For the Fun of Fit 03:30 Manicures 05:00 Dinner	31 Happy Halloween 08:30 Breakfast 9:30 Halloween Parade with Geri 11:00 Neighborhood Time 12:00 Lunch 02:30 You & Me 03:30 Happy Hour Halloween Edition - Cafe 05:00 Dinner	

#### **OCTOBER BIRTHDAYS**

Dorothea E 18 October Chandrie Ramie N. 27 October Sally G. 28 October

### **Special Events/Entertainment:**

1<sup>st</sup> Oktoberfest

5<sup>th</sup> Toronto All Star Big Band

13<sup>th</sup> Jackpot Bingo

20<sup>th</sup> Diwali Celebration

23<sup>rd</sup> Pub Night with Emilio

24<sup>th</sup> Breast Cancer Awareness Walk

26<sup>th</sup> Lecture with James Ponte

26<sup>th</sup> Toronto All Star Big Band

31<sup>st</sup> Halloween Parade