OCTOBER

<u>Legend</u> Do - Downey

Ha - Hagey

Jo - Johnston

Ma - Matthews

Wr - Wright C - Chapel

CC - Community Centre

CY - Courtyard FC - Fitness Centre L - Library MS - Main Street RH - Retirement

Hagey			Po - Pollock	FC - Fitness Centre		
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 10:00 Express Yourself 2:00 PEG Talk: Halloween (C) 3:30 Stepping Out 4:00 Word Searches 6:30 Documentary & Popcorn (CC)	9:30 Chapel Service (C) 11:00 Short Stories 2:00 Hagey Fitness 3:30 Circle of Friends 6:30 Active Games (MS)	2:00 Express Yourself 3:30 Circle of Friends 6:30 Crafting Club (CC)	9:30 Daily Chronicles 10:30 Stepping Out 2:00 Entertainment with Lynne & Rick (Ma) 3:30 Soothing Sensations
9:30 Neighbourhood Time 10:30 Express Yourself 2:00 In the Kitchen 3:30 Stepping Out	6 Active Aging Week 6-12 10:00 Brains and Banter 2:00 Movie Matinee (C) 2:00 Green Thumbs 3:30 Express Yourself 6:30 Game Show Trivia (CC)	9:30 Rosary (C) 1:30 Polka Hour 2:00 Bingo (MS) 2:45 Art with Sonal 6:30 In The Kitchen (CC)	10:00 Brains and Banter 11:00 You and Me 2:00 Active Games 3:30 Musical Moments 6:30 Games Night (CC)	9:30 Chapel Service (C) 1:30 Outing 2:00 Oktoberfest Party with the Dynamic Duo (MS) 2:00 Hagey Fitness 4:00 Matching Games 6:30 Active Games (MS)	1:00 Neighbourhood Time 2:00 Active Games 3:30 Stepping Out 6:30 Crafting Club (CC)	11:00 Daily Chronicles 11:00 You and Me 2:00 Family Games (MS) 3:30 Stepping Out
9:30 For The Soul 10:30 Express Yourself 2:00 Active Games 3:30 Card Games	13 Thanksgiving 10:00 Neighbourhood Time 11:00 Thanksgiving Craft 1:00: In the Kitchen: Mini Apple Tarts 6:30 Game Show Trivia (CC)	9:30 Rosary (C) 2:00 Bingo (MS) 2:45 Art with Sonal 6:30 Devotions (C)	15 10:00 Brains and Banter 2:00 Games Show: Family Feud (C) 3:30 Short Stories 6:30 Games Night (CC)	9:30 Chapel Service (C) 11:00 Short Stories 2:00 Hagey Fitness 3:30 Bill of Rights and Calendar Planning 6:30 Active Games (MS)	2:00 Express Yourself 3:30 Board Games 6:30 Crafting Club (CC)	18 10:00 Neighbourhood Time 11:00 Manicures 2:00 Entertainment with Barry (Wr) 3:30 Circle of Friends

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
19 Spiritual Care Week 19-25 9:30 Neighbourhood Time 10:30 For the Soul 2:00 Board Games 3:30 Stepping Out	10:00 Brains and Banter 2:00 Green Thumbs 2:30 In The Kitchen -Chocolate Chip Cookies 6:30 Game Show Trivia (CC)	9:30 Outing 1:30 Polka Hour 2:00 Bingo (MS) 2:45 Art with Sonal 6:30 In The Kitchen (CC)	10:00 Express Yourself 2:00 Active Games 2:00 Food Committee (Do) 3:30 Musical Moments 6:30 Games Night (CC)	9:30 Chapel Service (C) 2:00 Resident's Council (C) 2:00 Hagey Fitness 3:30 Board Games 6:30 Active Games (MS)	1:00 Neighbourhood Time 2:00 Active Games 3:30 Board Games 6:30 Crafting Club (CC)	10:00 Daily Chronicles 11:00 You and Me 2:00 Entertainment with Jontue Elan (Jo) 3:30 Express Yourself
9:30 For The Soul 10:30 Short Stories 2:00 Active Games 3:30 Board Games	10:00 In the Kitchen: Brownies 2:00 Green Thumbs 2:00 Active Games 6:30 Game Show Trivia (CC)	9:30 Rosary (C) 10:30 Stepping Out 2:00 Bingo (MS) 2:45 Art with Sonal 6:30 Devotions (C)	9:30 Brains and Banter 10:30 Oktoberfest Music with Henry & Caitlin (C) 2:00 Active Games 3:30 Musical Moments 6:30 Games Night (CC)	9:30 Chapel Service (C) 11:00 Short Stories 2:00 Hagey Fitness 6:30 Active Games (MS)	31 Halloween 2:00 Halloween Event (MS) 3:30 Board Games 6:30 Crafting Club (CC)	

Outings:

October 9th at 1:30pm - Splitsville October 21st at 9:30am - Anna Maes

Your Recreation Team:

Full-Time - Danny Part-Time - Nur

Calendar Planning and Resident Bill of Rights

We invite you to attend this meeting on your neighbourhood. Learn about your Bill of Rights. Have your input as we plan next month's activities, programs, and outings!

Hosted by your Recreation Team Member.