



OCTOBER

Howland

Main Street—MS
Greenhouse-GH
Activity Room-AR
Library - Lib
Chapel-CH
Virtual - V

Country Kitchen- CK
Community Centre—CC
Fitness Centre- FC
Open Area- OA
Touring- TO
Town Hall - TH

**Programs may be subject
to change if required**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 10:00 Feel & Fold - OA 10:45 Sing Along - OA 11:15 You & Me 2:30 October Fest Celeb - MS 3:00 Discussion Game - OA 6:30 Brain Boosters-CC	2 10:00 Hymn Sing-OA 10:30 Art - OA 1:00 Private Communion-TO 2:00 R.C. Comm/Rosary-TH 2:00 Green Thumb - CC 6:30 Music Appreciation-CC	3 10:00 For the Fun of Fit - OA 11:00 Neighborhood Time 2:00 Brains & Banter - OA 3:00 Circle of Friends - OA 4:00 Friendly Visits - TO 6:30 Movie Night-CC	4 10:00 Neighborhood Time 11:00 Soothing Sensation - CK 2:00 Bingo - MS 3:00 Express Yourself - OA 6:30 A Little Bit of This and That - CC
5 10:00 Neighborhood Time 11:00 For the Soul - CK 2:00 Family Feud - OA 3:00 Circle of Friends - OA 3:30 Church Service-L 6:30 Hosanna Singers-MS	6 9:45 Music Therapy - OA 10:15 For the Fun of Fit - OA 11:00 Neighborhood Time 1:30 Chime Choir 2:00 Musical Moment - OA 6:30 Active Games-MS	7 10:00 Neighborhood Time 1:00 Friendly Visit 2:00 Green Thumb - CC 2:00 Afternoon Social - MS 3:00 Express Yourself - OA 6:30 Bingo- MS	8 10:00 Feel & Fold - OA 10:45 Circle of Friends - OA 1:30 Food Forum - CC 2:00 Residents' C Meeting - CC 2:00 Picture Bingo - OA 6:30 Java Music Club-CC	9 10:00 Morning Devotion-OA 10:30 Art - OA 1:00 Private Communion-TO 2:00 R.C. Comm/Rosary-TH 2:00 Green Thumb - CC 6:30 Music Appreciation-CC	10 10:00 For the Fun of Fit - OA 11:00 Neighborhood Time 2:00 Men's Movie Time - CK 2:30 Circle of Friends - OA 3:30 You & Me - TO 6:30 Movie Night-CC	11 10:00 Neighborhood Time 11:00 Soothing Sensation - CK 2:00 Bingo - MS 3:00 Musical Moment - OA 6:30 A Little Bit of This and That - CC
12 10:00 Neighborhood Time 11:00 For the Soul - CK 2:00 Brains & Banter 3:00 You & Me - TO 3:30 Church Service-L 6:30 It's Never Too Late-CC	13 Thanksgiving 10:00 Neighborhood Time 11:00 For the Fun of Fit - OA 2:00 Entertainment - MS 3:30 Express Yourself - OA 4:00 Friendly Visits - TO 6:30 Active Games-MS	14 1:00 Friendly Visit - TO 2:00 Green Thumb - CC 2:00 Musical Moment - OA 3:00 Origami Time - OA 6:30 Bingo- MS	15 10:00 Feel & Fold - OA 1-4:00 Colour Trip - sign up is required. 2:00 Brains & Banter - OA 2:00 Anglican Communion-TH 6:30 Java Music Club-CC	16 10:30 Art - OA 12:00 Diners Club - CK 1:00 Private Communion-TO 2:00 Catholic Mass-TH 2:00 Green Thumb - CC 6:30 Music Appreciation-CC	17 10:00 For the Fun of Fit - OA 11:00 Neighborhood Time 2:00 Discussion Time - OA 3:00 Story Building - OA 4:00 Friendly Visit - TO 6:30 Movie Night-CC	18 10:00 Neighborhood Time 11:00 Soothing Drumming 2:00 Bingo - MS 3:30 Craft Time - CK 6:30 A Little Bit of This and That - CC
19 10:00 Neighborhood Time 11:00 For the Soul - CK 2:00 Horse Race Game - OA 3:30 Church Service-L 4:00 Friendly Visits - OA 6:30 It's Never Too Late-CC	20 9:45 Music Therapy - OA 10:15 For the Fun of Fit - OA 11:00 Neighborhood Time 2:00 Musical Moment - OA 1:30 Chime Choir 6:30 Active Games-MS	21 10:00 Neighborhood Time 1:00 Friendly Visit - TO 2:00 Green Thumb - CC 2:00 Bowling Game - OA 3:00 Express Yourself - OA 6:30 Bingo- MS	22 10:00 Feel & Fold - OA 10:45 Musical Moment - OA 11:15 You & Me - TO 2:30 Diwali Celebration- RH 3:30 Circle of Friends - OA 6:30 Java Music Club-CC	23 10:00 Hymn Sing-OA 10:30 Art - OA 1:00 Private Communion-TO 2:00 R.C. Comm/Rosary-TH 2:00 Green Thumb - CC 6:30 Music Appreciation-CC	24 10:00 For the Fun of Fit - OA 11:00 Neighborhood Time 2:00 In the Kitchen - CK 3:00 Circle of Friends - CK 4:00 Friendly Visits- TO 6:30 Pub Night-MS	25 10:00 Neighborhood Time 11:00 Soothing Drumming 2:00 Indigo Chimes - MS 3:00 Express Yourself - OA 4:00 You & Me - TO 6:30 Bingo - MS
26 10:00 Neighborhood Time 11:00 For the Soul - CK 3:30 Church Service-L 3:00 Conversation Card Game 6:30 It's Never Too Late-CC	27 9:45 Music Therapy - OA 10:15 Neighborhood Time 11:15 Musical Moments - OA 1:30 Chime Choir 2:00 Brains & Banter - OA 6:30 Active Games-MS	28 10:00 Neighborhood Time 2:00 Birthday Bash - MS 3:30 Origami Time - OA 4:00 Friendly Visit - TO 6:30 Bingo- MS	29 10:00 Feel & Fold - OA 10:45 Musical Moment - OA 11:15 You & Me - TO 2:00 Brains & Banter - OA 3:00 Circle of Friends - CK 4:00 Friendly Visits - OA	30 10:30 Art - OA 1:00 Private Communion-TO 2:00 R.C. Comm/Rosary-TH 2:00 Pumpkin Carving - CC 2:00 In the Kitchen - CK 6:30 Music Appreciation- CC	31 Halloween 10:00 Neighborhood Time 11:00 Haunted Carnival - MS 2:00 Halloween Social - CK 3:00 Musical Moment - CK 6:30 Movie Night-CC	

OCTOBER

October movie Nights

Friday, October 3rd
Always Be My Maybe

Friday, October 10th
Benji

Friday, October 17th
Clueless

Friday, October 31st
Hairspray



Outing:

Color Trip
(sign up is required)
October 15th, Wednesday
1-4pm



Main Events in LTC

Octoberfest Celebration
Wednesday, October 1st
RH Main Street

Afternoon Social With Martin
Tuesday, October 7th

Residents' Council Meeting
Wednesday, October 8th

Thanksgiving Celebration With Matt & Heather
Monday, October 13th

Diwali Celebration
Wednesday, October 22nd

Pub Night With Deidrey
Friday, October 24th

Indigo Chimes
Saturday, October 25th

Birthday Bash With Vivianna
Tuesday, October 28th

Pumpkin Carving
Thursday, October 30th

Haunted Carnival
Friday, October 31st
LTC & RH Main Street

October Birthdays

Al-Baghdadi, Hamida
Baljit, Sumintra
Bannister, Waple
Barre, Lynda
Berneshawi, Louissett
Bongers, Doreen
De Mintich, Stefania
Delargy, James
Elliott, Margaret
Henderson, Gilbert
Morchi, Vasu
Morris, George
Motiram, Damyantiben
Pusateri, Joe
Ruch, Iva
Santos, Margaret
Scheufler, Erika
Stuart, Diana
Tanasescu, Ana
Varin, Robert

