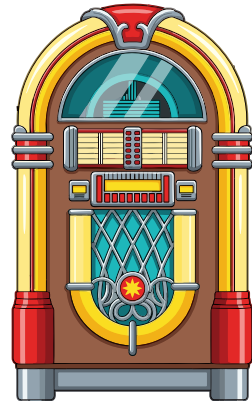


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
NOVEMBER Nelson						1All Saints Day 1:00 Neighbourhood Tlme 2:00 Stepping Out 3:00 Paula French- TH 6:30 Brains and Banter
2Daylight Savings 1:00 Neighbourhood Tlme 2:15 Church-TH 3:00 For The Fun of Fit 4:00 You and Me 6:30 Stepping Out	3Diner’s Club 9:00 Neighbourhood Time 10:30 Brains and Banter 2:00 Express Yourself 3:30 For The Fun of Fit	4 11:00 Spiritual Care 1:00 Neighbourhood Time 3:30 You and Me 6:30 You and Me	5Veterans Week 9:00 Neighbourhood Time 10:15 Brains and Banter 11:15 Fun & Fit 1:30 Music Therapy 2:00 Stepping Out 3:00 Ron Tansley- TH	6 9:00 Neighbourhood Tlme 1:15 Horticulture Therapy 2:30 Nachos Social- CC 3:30 You and Me	7 9:00 Neighbourhood Tlme 10:30 Brains and Banter 1:00 Art Therapy 2:00 Stepping Out 3:00 Musical Moments	8 9:00 Neighbourhood Time 10:30 In The Kitchen 2:00 Stepping Out 3:00 Zach Erikson- MS
9 9:00 Neighbourhood Time 10:00 Movie Matinee- L 2:15 Church- TH 3:00 Stepping Out	10 9:00 Neighbourhood Time 10:30 Mother Goose-TH 2:00 Express Yourself 3:30 For The Fun of Fit	11Remembrance Day 9:00 Neighbourhood Time 10:45 Ceremony 11:00 Spiritual Care 2:00 Soothing Sensation 3:00 Musical Moments	12 9:00 Neighbourhood Tlme 10:00 Christmas Decorating 11:15 Fun & Fit 1:30 Music Therapy 2:00 Christmas Decorating	13World Kindness Day 9:00 Neighbourhood Tlme 10:30 Christmas Decorating 1:15 Horticulture Therapy 2:00 Soothing Sensations 3:00 For The Soul	14World Diabetes Day 9:00 Neighbourhood Tlme 10:30 Brains and Banter 1:00 Art Therapy 2:00 Stepping Out 3:00 In The Kitchen	15Bazaar 9:00 Neighbourhood Time 10:00-3:00 Bazaar 3:30 Musical Moments
16 1:00 Neighbourhood Time 2:15 For The Soul 3:30 For The Fun of Fit 4:00 You and Me 6:30 Stepping Out	17 9:00 Neighbourhood Time 10:30 Brains and Banter 2:00 Express Yourself 3:30 For The Fun of Fit	18 1:00 Neighbourhood Time 2:00 Stepping Out 2:30 Concerts in Care- TH 2:30 Hockey Try Outs- SC 6:30 You and Me	19 9:00 Neighbourhood Time 10:30 Circle of Friends 11:15 Fun & Fit 1:30 Music Therapy 2:30 Monopoly Social- TH 3:30 Stepping Out	20 9:00 Neighbourhood Tlme 10:30 For The Soul 1:15 Horticulture Therapy 2:30 Figure Skating- SC 3:00 Birthday Social- CC	21 9:00 Neighbourhood Tlme 10:30 in The Kitchen 1:00 Art Therapy 2:00 Stepping Out 3:00 Musical Moments	22 9:00 Neighbourhood Time 10:30 Geri Defore- TH 1:30 Stepping Out 2:30 Bingo with Youth Group 4:00 You and Me
23 9:00 Neighbourhood Time 10:00 Movie Matinee- L 11:00 Total Body Fitness 2:15 For The Soul 3:00 Stepping Out	24 9:00 Neighbourhood Time 10:30 Express Yourself 2:30 Nerf Gun Shooting- TH 3:30 Brains and Banter	25 1:00 Neighbourhood Time 2:00 Stepping Out 2:30 Ski Jump- MS 6:30 You and Me	26 9:00 Neighbourhood Time 10:30 Brains and Banter 11:15 Fun & Fit 1:30 Music Therapy 2:30 Happy Hour- CC 3:30 Stepping Out	27 9:00 Neighbourhood Tlme 10:30 Brad Boland- TH 2:00 Curling- TH 3:30 For The Soul	28 9:00 Neighbourhood Tlme 10:30 In The Kitchen 1:00 Art Therapy 2:00 Stepping Out 3:00 Musical Moments	29 1:00 Neighbourhood Tlme 2:00 Stepping Out 3:00 Gerry Larkin- TH 6:30 You and Me
30 1:00 Neighbourhood Time 2:15 For The Soul 3:00 For The Fun of Fit 4:00 You and Me 6:30 Stepping Out			Legend CC- Community Center FC- Fitness Center MS- Main Street L- Library TH- Town Hall Residents Bill Of Rights 23. Every Resident Has The Right To Pursue Social, Cultural, Religious, Spiritual Or Other Interests, To Develop His Or Her Potential And To Given Reasonable Assistance By The Licensee To Pursue These Interests And To Develop Their Potential Note/Announcement: Programs Subject To Change			

NOVEMBER

In The Kitchen

- 8- Coffee with special Creamers & Cookies
- 14- Pickles- National Pickle Day
- 21- Tea & Cookie
- 28- French Toast- National French Toast Day

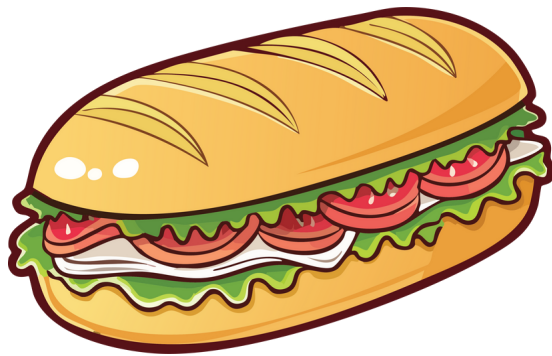


Happy Hour

Wednesday 26th 2:30

Diner's Club- Fire House Subs

Monday 3rd



Movie Matinee

Popcorn will be provided

- 9- The Holiday
- 23- The Grinch



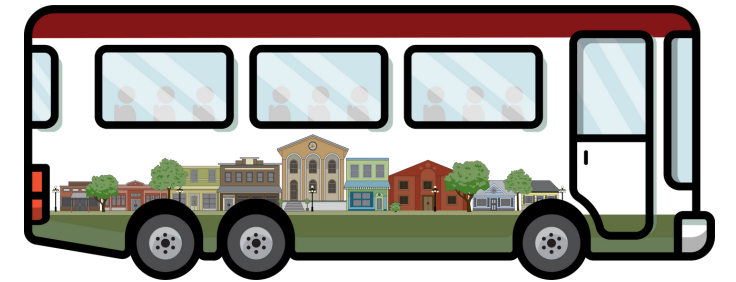
Birthday Social

Thursday 20th 3:00



Outings

- 4- Williams 2:00
- 7- Scenic Drive 2:00
- 21- Burlington Centre and Lunch 10:30
- 25- Scenic Drive 2:00



Schlegel Olympics Try Outs

- 17- Nustep 2:30PM
- 18- Hockey 2:30PM
- 20- Figure Skating 2:30PM
- 24- Nerf GunShooting 2:30PM
- 25- Ski Jump 2:30PM
- 26- Snowboarding 2:30PM
- 27- Curling 2:00PM