

OCTOBER

Riverside Neighbourhood

Wisdom of the Elder Question Series

Looking back over the years, what are you most thankful for?



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 9:30 Fitness Class 2:30 Sunshine Walks 6:00 Word in a Word	2 9:30 Ceramics 10:00 Music Therapy 11:00 Chapel Service 2:30 Family Feud	3 10:30 Nature Club ‘Hummingbirds’ 2:30 Bingo 3:00 Greenhouse Club 3:30 Fitness Class	4 10:00 Music & Hand Massages 11:00 Manicures 2:30 In the Kitchen ‘Nachos’
5 10:30 Online Church Service 2:30 Balcony Chats	6 Active Aging Week October 6-12th 10:30 Fun & Games 2:30 Crafty Creations ‘Fall’	7 10:30 Horticultural Time 2:00 Resident Council Meeting 2:30 Fun & Games ‘Target Toss’ 3:30 Fitness Class 6:00 Crossword Challenge	8 9:30 Fitness Class 2:30 Fun & Games ‘Bowling’ 6:30 Pub Night with Tim Lukas	9 10:00 Music Therapy 10:00 Active Aging Event 11:00 Chapel Service 2:30 IN2L Fun	10 Nu-Step Challenge with PAL 2:00 Walking BINGO on Main Street 3:00 Greenhouse Club 3:30 Fitness Class	11 10:00 Music & Hand Massages 11:00 Manicures 2:30 Pumpkin Party
12 10:30 Main Street Chats 2:30 Parkwood Gospel Church	13 Thanksgiving Day 10:30 Thanksgiving Trivia 2:30 Picture Bingo ‘Thanksgiving’	14 10:00 Chapel Music Service 2:30 Crafty Creations ‘Apple Art’ 3:30 Fitness Class 6:00 Evening Fun	15 9:30 Fitness Class 2:30 Movie & Chips 6:00 Game Night	16 9:30 Ceramics 10:00 Music Therapy 11:00 Chapel Service 2:30 Wheel of Fortune	17 10:00 Armchair Travel 11:00 Music with Brent 2:30 Bingo 3:00 Greenhouse Club 3:30 Fitness Class	18 10:00 Music & Hand Massages 11:00 Manicures 2:30 Sweet Treats Social
19 10:30 Online Church Service 2:30 Main Street Chats	20 10:30 Fun & Games 2:30 Apple Cider Social	21 10:30 Horticultural Time 2:30 Crafty Creations ‘Pumpkins’ 3:30 Fitness Class 6:00 Crossword Challenge	22 9:30 Fitness Class 10:30 Word in a Word 2:30 Java Music Club	23 10:00 Music Therapy 11:00 Chapel Service 2:30 IN2L Fun	24 10:30 Nature Club 2:00 Food Committee 2:30 Bingo 3:00 Greenhouse Club 3:30 Fitness Class	25 10:00 Music & Hand Massages 11:00 Manicures Halloween Fun Fair 2pm - 3:30pm
26 10:30 Balloon Toss 2:00 Banwell Community Church Service	27 10:30 Crossword Challenge 2:30 Picture Bingo ‘Hallowe’en’	28 8:00 Breakfast Bunch 10:30 Horticultural Time 2:00 Roman Catholic Mass 3:30 Fitness Class 6:00 Game Night	29 9:30 Fitness Class 2:30 Movie Matinee 5:00 Diner’s Club 6:00 Evening Fun	30 9:30 Ceramics 10:00 Music Therapy 11:00 Chapel Service 2:00 Celebration of Life	31 Halloween 10:30 Armchair Travel 2:30 Bingo 3:00 Greenhouse Club 3:30 Fitness Class	