

OCTOBER

Tecumseh Neighbourhood

Wisdom of the Elder Question Series

Looking back over the years, what are you most thankful for?



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 10:00 Manicures 2:00 For the Fun of Fit 6:00 Evening Fun!	2 9:30 Ceramics 10:00 You and I (1:1 Visits) 2:00 BINGO 3:30 Fitness Class 6:00 Evening Fun!	3 10:00 Brains and Banter 11:00 Chapel Service 2:00 In the Kitchen	4 10:00 Stepping Out 2:00 Circle of Friends
5 10:00 For the Soul 11:00 Musical Moments 2:00 Circle of friends	6 Active Aging Week October 6-12th 10:00 Brains and Banter 2:00 Music Therapy 6:00 Evening Fun!	7 10:30 Zumba (Chapel) 2:00 For the Fun of Fit 2:00 Resident Council Meeting	8 10:00 Manicures 2:00 For the Fun of Fit 6:00 Evening Fun!	9 10:00 Active Aging Event 2:00 Music with Dave Wilson 3:30 Fitness Class 6:00 Evening Fun!	10 10:00 Brains and Banter 11:00 Chapel Service 2:00 Walking BINGO on Main Street	11 10:00 In the Kitchen 2:00 Stepping Out
12 10:00 Circle of Friends 11:00 Musical Moments 2:30 Parkwood Gospel Church	13 Thanksgiving Day 10:00 Express Yourself 2:00 In the Kitchen 6:00 Evening Fun!	14 10:00 Chapel Music Service 2:00 Brains and Banter	15 10:00 Manicures 2:00 Circle of Friends 6:00 Evening Fun!	16 9:30 Ceramics 10:00 You and I (1:1 Visits) 2:00 BINGO 6:00 Evening Fun!	17 10:00 Circle of Friends 11:00 Chapel Service 2:00 Brains and Banter	18 10:00 In the Kitchen 2:00 Stepping Out
19 10:00 For the Soul 11:00 Musical Moments 2:00 Stepping Out	20 10:00 Express Yourself 2:00 Music Therapy 6:00 Evening Fun!	21 10:30 Zumba (Chapel) 2:00 You and I (1:1 Visits) 3:00 Stepping Out	22 10:00 Manicures 2:00 Circle of Friends 6:00 Evening Fun!	23 10:00 Neighbourhood Time 2:00 BINGO 6:00 Evening Fun!	24 10:00 Musical Moments 11:00 Chapel Service 2:00 Brains and Banter 2:00 Food Committee	25 10:00 In the Kitchen Halloween Fun Fair 2pm - 3:30pm
26 10:00 Circle of Friends 11:00 Musical Moments 2:00 Banwell Community Church	27 10:00 Express Yourself 2:00 Music Therapy 6:00 Evening Fun!	28 8:00 Breakfast Bumch 10:30 Zumba (Chapel) 2:00 Roman Catholic Mass	29 10:00 Manicures 2:00 For the Fun of Fit 6:30 Pub Night with Richard Sennema	30 9:30 Ceramics 10:00 You and I (1:1 Visits) 2:00 Celebration of Life 2:00 BINGO 3:30 Fitness Class 6:00 Evening Fun!	31 Halloween 10:00 Circle of Friends 11:00 Chapel Service 2:00 Musical Moments	